

Y%, xl d nd, oÈ i x. uh



cd; § myKql § fi w; fmd;

I fl dgi

NATIONAL TRAINING HAND BOOK

PART - I

tà I kdhl myKj
fmdà I nd, oÈ \$ nd, oÈ
1wÈhr
y÷kj d§fi foÈk myKqmdGud, dj
i y
tl Èk i i ukà %h

cd; § myKql § fi fmd%; fi ka fõ m% dYkhl s

cd; \$ myKql \$ fi w; fmd;

I fl dgi

NATIONAL TRAINING HAND BOOK

PART - I

tā I kdhl myKj
fmdā I nd, oĒ \$ nd, oĒ

1wÈhr

y÷kj d\$fi foÈk myKqmdGud, dj

myKql rej kf. amByrKh i |yd muKs

1 wÈhr w; fmd; i l i a l š fi l ñgĵ - 2010

tì 'B'ti achi xy uhd	cd; š myđKql š fi fl dui dBi a
ksyd, ao fu, auhd	ygmqcd; š myđKql š fi fl dui dBi a
tàta wdBhmd, uhd	myđKql š fi kdhl
i r; af. dvl kowdrÉÑ uhd	i yh mĐdk fl dui dBi a
ti ata wuri xy uhd	myđKql š fi kdhl
tì . i š fi k o i š ĵ d uhd	myđKql š fi kdhl
, i ka l f¾ uhd	myđKql š fi kdhl
i r; aud; rwdrÉÑ uhd	myđKql š fi kdhl
u, a š d . Kr; k ñh	myđKql š fi kdhd d
f¾Kđ d i š ĵ d ñh	myđKql š fi kdhd d
Ô'mš ùrfi á r ñh	myđKql š fi kdhd d
B' wfí r; k ñh	myđKql š fi kdhd d
, l á d l udri xy ñh	myđKql š fi kdhd d
ã' tÉ y÷kfk; a sñh	myđKql š fi kdhd d
j ; á , d úfÉúl ŵ ñh	i yh myđKql š fi kdhd d

i ei si gykai el i Qfi i qi dudõl hka

vekfñ, a tÈBi xy uhd	ygmqcd; š myđKql š fi fl dui dBi a
fcr, â ti . l f¾ uhd	ygmqcd; š myđKql š fi fl dui dBi a
î â ku, afmf¾rd uhd	i yh myđKql š fi kdhl

mgk

mgqwxl

1' I woħr mdGud, d kš sud, dj yd i e, ei u

2' I wĔhr j evi gyk - i fkj di d
ii fkj di d fkj k

3' I wĔhr i ei s\$! ħdl dri i i gyka

4' I wĔhr weuKij -

weuKu 1' ^TDF/P1/01& whyi m; a l e | ufi , mh

weuKu 2' A ^TDF/P1/02& I wĔhr i yNd. sj kkkai | yd b, a'i m; ħ

weuKu 2' B ^TDF/P1/02& I wĔhr i yNd. sj kkd f. afmdfrdkdj

weuKu 3' ^TDF/P1/03& myKj g l e | ufi , mh

weuKu 4' A ^TDF/P1/04& I wĔhr mdGud, dj mej e; u u i | yd b, a'i m; ħ

weuKu 4' B ^01/2011/F02& I wĔhr myKj kkkf. af; dr; fe

weuKu 5' ^TDF/P2/ & I l wĔhr b, a'i m; ħ

weuKu 6' ^WAF/01/2008& n, m; %, ms^Letter of Atority& b, a'i m; ħ

weuKu 7' ^GRAF/06/2008& i uŷ , ħdmĔxN l f i b, a'i m; ħ

weuKu 8' ^TDF/P1/05& wdo¾Y whj eh wdl D; ħ

weuKu 9' ^TDF/P1/06& I wĔhr we. hš j d¾; dj

weuKu 10' ^TDF/P1/07& / <g / l Kvdhug we; ̄; j ŷ i | yd b, a'i m; ħ

weuKu 11' ^TDF/P1/08& tl ok i uuka %h i | yd l eoj ŷs, mh

weuKu 12' ^TDF/P1/09& tl ok i uuka % m% st, f, lkh

k\$ sud, dj yd i e, ei u

1' **i xhq h** (- 1 wotr y=kj d\$fi mykqmdGud, dj fl dgi afol l kahq a h'

- 1 fl dgi - foÈk fkj di l \$fkj di l fkdj k mdGud, dj l s
- 2 fl dgi - tl aÈk i i ukà kh l s

2' **wj YH i yi l i** (-

i. j hi (- mdGud, dj wdri N l rk Èkg j hi wj rey 18 g fkdwvqúh hq =h'

ii. wOHdmkh (-

^w& ckdêm; smol d i , enQnd, oÈ hka\$nd, oÈ l dj kaúu fyda

^wd& w' fmd'i ^i d\$ fm<& úNd. h fydaBg Wi i aúNd. hl ai u; aù i àu.

iii. k¼foY l s u (-

^w& my; i |yka { d; ka fkdj k fofokl f. ka , nd . ; a pB; i y; l fol l a bÈBm; a l < hq =h'

• úydrdêm; syñ kul a"m, a hl "fl daú, l " fydaúq a i foj i a dkhl mÈl ; ful d

• Y% , xl d nd, oÈ i x. ufha l j ka , fha i dudØl fhl a Èi d fl dui dBi d uQ i a dk fl dui dri aj rfhl f. a ; ; j hg fkdwvqn, h , ; ai dudØl fhl d

• rcfhafydams ; afm!oa , d wdh; kh l n, h , ; ak<OdBfhl a"fyda

^wd& oekg nd, oÈ l ghq =l rk\$ nd, oÈ l ghq =l hnd; ul l s ug

n, dfmdfrd; a =j k wdh; k mØdkhdf. ak¼foYh'

^wE& fj k; a Èi a % d hl whyi l refj l = kus whyi l rk úg wod< Èi a % d fha Èi d fl dui dBi ai y i yl dr Èi dfl dui dBi a^mykq wkpe; h , nd. ; hq =h'

1 fl dgi

3' **i j Ndj h** (- fkj di l \$ fkj di l fkdj k foÈk mdGud, dj l s

• **fkj di l mdGud, d**

uq aÈk fm'j 8'00 g wdri N l r mi qÈk m'j 4'00 g ku l < hq =fö'

• **fkj di l fkdj k mdGud, d**

foÈku fm'j 7'30 g wdri N l r m'j 5'45g ku l < hq =h'

4' **wruKq** (-

fuu mdGud, dj wj i dkfha\$ i yNd. j kfkda.....

❖ nd, oÈ j Hdmdrfhak¼ud; Dj rhd" tysb; sydi h" mrud¼: " uQ O¼u yd tysj Hdma h

❖ fmda l nd, oCl \$ nd, oCl \$ udkj l nd, oCl j hfi d <uhkf. a prs , Cl K" wj YH; d yd , eod i .

❖ j Hdmdrfhaj ; aka ; ; a j h yd Y% , xl dfú nd, oCl j Hdmdrh i xúOdkh ù we; swdl drh

❖ td l hl awdri N l Íu" / i àii mj ; j d f. k hdu" j d¼; d ; nd . eku,

❖ i dudcl mol d u i oyd wj YH A - l eml rh" B - i xi d D; h" C - nd, oCl Ys mh"

D - fi !LHh" E - i udch" F - . fØl Kh hk l hndl drl i l fl a %hgf; amykqj ,

❖ mÈd fi j dj kau. kand, oCl wruKqbgql r . ekfi l hnd ud¼. ,

- ❖ j vd M, odhsf, i j evi gykai e, i ñ l r . eku,
- ❖ i yNd. j kkkf. aborsmykqj , msno oekp" wdl , m yd l ð , ; d j %Okh l r . ks

5' i xúOdkh (-

❖ i yNd. j kkkf. kawhÿi m; al eoðu.

- i yl dr os d fl dui drs a ^mykq i y os d fl dui drs f. a o w; á kai ys fhdc; 1 wohr yeokùfi mykq mdGud, dj g i yNd. j kkkka tl ð r . eku i oyd b; d i r, tfuku krjq ameyeosl rsi i ys -whÿi m; al e|ùfi , mhl ā u. kaTj kœokj ; al < hq ð.
- úfYd fhka u ; ukq . e, fmk wxYh f; drd . ekúg whÿñl rej kg fuu "whÿi m; a l e|ùfi , mfhkâ' ki su. fmkúul ai jÿúh hq =h.
- mdGud, d okhkâ i a dkh yd mdGud, d . di ð =msno j o tl S, mfhai oyka úh hq =h' (TDF/P1/01 whÿi m; al e|ùfi , mh - (weuKp 01 n, kk))
- ta i u. "i yNd. j kkkka i |yd b, á'i m; % TDF/P1/02 fmdruh o ^weuKp 02 A n, kk& I wohr mykqj kkd. afmdfrdkøj 01/2011/F01 ^weuKp 02 A n, kk& fmdruh o heúh hq =h.
- whÿi l rej kawod, , mfhai oykaokg fmr i ð b, á'i m; i ñm%K l r wod< i yh os d fl dui dBi a ^mykq fj ; boßm; al < hq ð.
- i yl dr os d fl dui drs a ^mykq fuu b, ð psm; %yd fmdfrdkøj; %mrð ð dl r mdGud, dj mej e; j ð i |yd b, ð psl rkk'
- f; drd . ; awhoñl rej kg i úi ð r "mykqj g l eoùfi , mhl ð' mdGud, dj wdri N l rug ok l symhl g fmr , efnkkg i < i j kk. / f. k wd hq =foð mdGud, d uOHi a dkhg tk . uka u. wdoñ tys i oyka úh hq ð. ^wdo%Y mykqj g l e|ùfi , mh- TDF/P1/03 ^weuKp 03 n, kk)

❖ i yNd. j kkkka (-

- tl a mdGud, dj l tl a wxYhl a i |yd i yNd. j kkkf. a wj u i xLHdj 15 l a j k w; r WmBu i xLHdj 48 l ð tl u i a dkfha tl u l d, i ð dj l a ; < tl u wxYhl a i |yd tl a mdGud, dj l g j vd fkdmej e; úh hq =h'
- b; d j eo. ; a:-
mdGud, dfú tl a wxYhl a i |yd wj u j Yfhka i yNd. j kkkka i xLHdj 15 j j o wj i dk fudfydf; a fkdmeñfKkkka . ek i , l d wj u j Yfhka whÿñl rej ka 20 l a j ; a i ð ki muKl amdGud, dj mej e; úu i |yd whÿi l r" i xúOdkh l rkk'

6' mdGud, dj mej e; ùug b, ð ñ l r ð yd wj i r . ekú (-

- ❖ cd; ð nd, oCl uq i a dkfha mykq l ð fi fomð; fi ka j k ð ð a l rk 1 wÈhr mdGud, dj mej e; úu i |yd b, á'i m; % TDF/P1/04 mgm; a fol l ai ñm%K l r ^weuKp 04-A n, kk& ta i u. mykqj kkd. a f; dr; ð e m; % dj 01/2011/F02 ^weuKp 04-B n, kk& mdGud, dj mej e; ùug i ; s04 l g fmr cd; ð mykq l ð fi ñ fl dui dBi ð ð f; fhduql r wj i r , nd . ; hq =h'

- ❖ wxY | ysmhl a i | yd mdGud, dj i xúOdkh | rkafka ki' tla tla wxYh i | yd **TDF/P1/04**
b, á'ñ m; %fj k fj k u bÈBm; al < hq =h'

7' mdGud, d kdhl :-

- ❖ wod, wxYfha myKq l fí uKav, fha myKq l fí kdhl fhl =fyda
i yh myKq l fí kdhl fhl =úh hq =h'
- ❖ kfhdod mdGud, d kdhl o by; i yi q ñ i mrd ; s h hq =h'
- ❖ fudj kaj , x. =wEl d m; % fyda fi j d Ndr l fí , smswe; sw h úh hq =h'

8' wdpd%h uKav, h i y i ydhl hka (-

- ❖ wdpd%h uKav, fha wj u i xLHdj ; fofkl s Tj kaf. ka fofofkl j ; a wod< wxYfha , S
mol d i Odí kaúh hq =h'
- ❖ mdGud, dj g l dka dj ka i yNd. sj kj d ki' wdpd%h uKav, hg l dka dj ka fofofkl j ; a
we; ; a úh hq =h'
- ❖ wdydr i emhú i | yd “. nvd md, l - wdydr” i y Wml rK yd , sms øj H i emhú i | yd
“. nvd md, l - Wml rK” hk wh m; al r . ; hq =h' fusi | yd . Smol d usOdrkam; d r
. ; yel sh'
- ❖ mdGud, dfú úúO l d%hhka i | yd i yh , nd . ekúg wj u j Yfhka k< we=i i ys
nd, oCl hka fofofkl j ; afhdod . ; hq =h'
- ❖ mdGud, dj mej e; úug wj u j Yfhka i ; hl gj ; a fmr wdpd%h uKav, / i úul a
wkj d%hfhka mej e; úh hq =h' fuys s i ei s kdhl hka m; al rkk' Tj kg i h l d%h
i | yd Wmfoi ayd i yh , nd s j vd; afydÈkai bdkí l rkk'

9' mdGud, d . di a :-

- ❖ mdGud, d . di a = j Bkj r fj ki a úug bv ; fí ' wod< j l j dkj ; < myKq l fí
fomd%; fí ka j wkú; l rk mdGud, d . di a =i yNd. sj kkkf. kawh l r . ; hq =h'
- ❖ i yNd. j kkkg mdGud, d . di a = fyda bka fl dgi l a úyyf, a mdi , a i xj %OK i ó; s
wrupf, ka fyda fi j d yd myi q ñ . di a =wrupf, ka fyda, nd . ; yel sh' nd, oCl i uú
wrupf, kao mdGud, d . di a =f. úh yel sh'
- ❖ mdGud, d i | yd ndyr wdOdr ^uú Huh yd øj Huh& , nd . kfkka ki' ta m<n | j cd; s
myKq l fí fl dui dBi a úd oekj ; al < hq =h'

10' i a dkh yd l d, h :-

- ❖ mdGud, dj i | yd f; dard . kkd i a dkh wod< Èi a % d h ; < ; ekl a úh hq =h'
- ❖ i yNd. sj kkkka i xLHdj m%dkj ; a fkdfo ki' " fj k; a Èi a % d hl mdGud, dj l g Tj ka
fhduql rú fydafj k; a Èi a % d hl whyi l rej kai yNd. sl r . ; yel sh'
- ❖ i Eu Èi dj l u j i rl g 1 wÈhr yýkj dofi myKq mdGud, d fol l aj ; amej e; úu wfmCl d
fl f%
- ❖ mdGud, d k%foaf l d, h wkj l ghq =l < hq =w; r cd; s myKq l fí fomd%; fí ka fõ
wkú; úl h k%foaf fhatl afl dgi l afydameyer fkdysug j . n, d . ekú j eo. ; afõ'

11' fmdý myi q' i :-

- ❖ fkdj di d mdGud, dj l oSfhda H uÜgfir fkdj di d myi q' i i mhd . ; hq =h' úfYd fhka l dka dj ka i |yd wdrCl s fkdj di d. dr o fj ku i kñdrCl l myi q' i o i emhSug i e, l s u; aúh hq =h'
- ❖ wdf, dd h yd j d; dYh uekúka, efnk foðK Yd, d yd fNdckd. dr msfh, l r. ; hq h'
- ❖ / <S / <S! Kvdhí / i úi " l Svd wdE l hndl drl i j , g fhda H i a dk msñ |j i e, l s u; a úh hq =w; r m%udOdr myi q' i . eko úfYd wj OdKh fhduqúh hq =h'

12' , mf, LK , nd . ekú yd b; B f, LK Ndroú :-

mdGud, dj mej e; àug fmr cd; d nd, oE uq i a dkfhka my; i |yka I wEhr l Üg, h , nd. ; hq h' ^weuKp 5 n, k&k&

1. mdGud, dj wkp; j lb, á i m; fhamgm;
2. I wEhr m% M, f, LK mgm; a fol
3. II wEhr b, á i m; h - i i uka KfhS Sug ^weuKp 5 n, k&k&
4. n, m; %, msb, á i m; h - i i uka KfhS Sug ^weuKp 6 n, k&k&
5. i uý , hdmÈxÑ l fí b, á i m; h-i i uka KfhS Sug ^weuKp 7 n, k&k&
6. rdcl dB kj dvqb, á i m; h
7. wdorð wh j eh wdl D; h ^weuKp 8 n, k&k&
8. foðK l , whf. akuswe. hús j dta dj ^weuKp 9 n, k&k&
9. I wEhr w; m; % d fmd; a
10. I wEhr fudáhq fol

mdGud, dj wj i dkfhab; B fmd; am; am% M, f, LK i u. f. kú; aNdrÈh hq =h'

13' b. ekúfi Wml rK yd f, LK :-

- ❖ foðK yd l hndl drl i i |yd wj YH i h' Wml rK" Y% H oDYH wdOdr l " i ei si gyka rEm i gyka yd pdái a wdÈh l <ka i bdkí fl dg mdGud, dfú mfhdcKh i |yd Wmfhda S l r . ; hq =h'
- ❖ i yNd. j kfkl g tl ne. ka1 wEhr w; aWoú m; % d fmd; d P1/01, P1/02 fudáhq cd; d nd, oCl uq i a dkfhka, nd f. k mdGud, dj wj i dkfha Tj kq fnod oh hq h'
- ❖ j ev i e<ei u fmd; a- fmda l nd, oE yd nd, oE f, i up; j we; snj oekúu'

14' k< weyi :-

- ❖ i yNd. j k&k& k< weyfuka i àu wj YH ke; " kuq a wdPd%h uKav, fha i h' i u i dudöl hkai ñm%K k< we=fukai àu wkj d%h fú'

15' m% M, f, LK yd j d%; dj :-

- ❖ mdGud, dj wj i ka ú i ; s fol l a we; = ; cd; d myqKq l fí fomd%; fí ka j i l i a l r we; s khñ; m% M, f, LK fha i yNd. j j kf. a ki bx. % s fyðáfha wl ðe msj , g"

uq l ðe w. g i ákfi a ta tawxY i |yd fj k fj ku mgm; a fol ne. kái l i a l r whj eh f, Lkh yd we. hš' j d%; dj i u. cd; š mgyđKq l Bfñ fl dui dBi afj ; túh hq h' whj eh - weuđKq 08 yswe; swdo¾Y wdl D; h wkq ukh l rkk' (TDF/P1/05)

we. hš' j d%; dj -foÈk mdGud, dfõ t l a t l a i e i s f u f y h j 0 kdhl hkf. a ki' we; 7; a i xCl ma j d%; dj l a i l i d r mdGud, d kdhl w; a k fhdod m% M, f, Lkhg wuđKd túh hq h' weuđKq 09 yswe; swdo¾Y wdl D; h wkq ukh l rkk' (TDF/P1/06)

- ❖ l wÈhr mdGud, dfõ i i uka K h w j i k a ù i ; h l a w e ; 7 ; i y l d r È i d f l d u i d B i a ^mgyđKq úi kái i uka K h m e j e ; j 0 n j t l a t l a w x Y i | y d i y N d . j 0 k f . a k d u f , L K m % M , f , L k f h a i | y k a m s f j , g , h d È i d f l d u i d B i a y d m d G u d , d k d h l i y ; š l r c d ; š m g y đ K q l š f i f l d u i d B i a f j ; t ú h h q h '
- ❖ bkawk; ðej cd; š mgyđKq l š f i f l d u i d B i a ú i k a m % M , f , L k f h a w i u ; a j 0 k a f . a k ñ l m d y e r t l a m g m ; l a w o d , È i d f õ i y l d r È i d f l d u i d B i a ^mgyđKq f j ; t j k q w e ; '

16' fudähq :-

- ❖ 1 wÈhr foÈk mdGud, dfõ fudähq y÷kj d Šfi fođKfha § P1/01^fmda l nd, oCl \$ nd, oCl wxYhg fudähq fj k fj ku we; '& yd P1/02 hk fudähq fol i yNd. j kkdg t l n e . k a f n o d È h h q = h ' i y N d . j k k k a i ñ u k a K h g m e ñ f K k ú g t u f u ä h q y d m e j r e i y e l s m u K i i m % K l r f . k m e ñ K š u g W k k ä j l < h q = h '

17' mdGud, dj kawj , x. =ùu :-

- ❖ by; i |yka kš s Wmfoi a fkdmsmeo mdGud, dj l a m e j e ; j j f y d ; a t u m d G u d , d j w j , x . = l š u g i š f ú'

Y%, xl d nd, oCl i x. uh

I wÈhr yÿkj dofi myKqmdGud, dj

j evi gyk

fmda l nd, oÈ wxYh fkj di l mdGud, dj

^w& fmdÿ j evi gyk

^i hç wxY i |yd&

m<uj k Èkh

	fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl dri u
fm'j	8'00 - 8'30	ú'30	A	, hdmÈxÑ l ř u
fm'j	8'30 - 8'45	ú'15	B	wdri NI / <h m&s ekù" y÷kj dŠu mdGud, d m&fj ;
fm'j	8'45 - 9'15	ú'30	01	mdGud, d wrutKq- I
fm'j	9'15 - 10'00	ú'45	02	nd, oCl j Hdmdrfhab; ydi h
fm'j	10'00 - 10'30	ú'30	03	f, dā nd, oCl i xúOdkh
fm'j	10'30 - 11'15	ú'45	04	Y%, xl d nd, oCl i xúOdkh
fm'j	11'15 - 11'30	ú'15		f; amdKh
fm'j	11'30 - 12'15	ú'45	05	nd, oCl j Hdmdrfhak¼j pKh, wrutKqyd uŀ O¾u
m'j	12'15 - 12'45	ú'30	06	nd, oCl j Hdmdrfhamruđ%:
m'j	12'45 - 1'15	ú'30	07	nd, oCl , dxPkh, i , l K, wdpdrh yd w; g w; Šu
m'j	1'15 - 1'30	ú'15	E	fuf; l al < j ev m&n j i udf, dph yd wxY j , g fnŠu
m'j	1'30 - 2'15	ú'45		Èj d wdydrh

^wd&' fmda l nd, oCl kdhl myKj

^*fmda l nd, oCl wxYfha tā l kdhl hkaùug n, dfmdfrd; a =
j kkkai |yd& ^fkj di l mdGud, dj &

m<uj k Èkh

	fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl dri u
m'j	2'15 - 2'45	ú'30	08	<uhd y÷kd . ekù
m'j	2'45 - 3'15	ú'30	09	j k l : dj
m'j	3'15 - 3'45	ú'30	10	fmda l / <l awdri N l rkfkaf l fi d
m'j	3'45 - 5'00	ú'75	11	1 - j k / < / i ùu
m'j	5'00 - 5'15	ú'15	E	úJ D; i ei h / < / i ùu 1
m'j	5'15 - 6'00	ú'45	12	fmda l nd, oCl l %
m'j	6'00 - 7'30	ú'90		úfōl h
m'j	7'30 - 8'00	ú'30	13	k& we÷u yÿkj d Šu
m'j	8'00 - 8'45	ú'45		rd; %wdydrh
m'j	8'45 - 9'15	ú'30	14	nd, oCl j Hdmdrfhakdhl hka yd Tj Kf. a l đ%hNdrh
m'j	9'15 - 10'00	ú'45		. \$. dhkd yd ri l ; d
m'j	10'00			Èkfhaj ev kudj

foj k Èkh

	fõ, dj	l d, h	i ei s wxl h	i ei h\$! %dl drl u
fm'j	5'30		G	wj È ùu" mú; %ùu" yd wçhu f; a
fm'j	6'00 - 6'15	ú'15	H	B P j Hdhd
fm'j	7'15 - 7'30	ú'15	I	wd. ñl j ; dj ; a
fm'j	7'30 - 8'00	ú'30		WoEi k wdydr
fm'j	8'00 - 8'30	ú'30	J	WoEi k / <h
fm'j	8'30 - 9'15	ú'45	15	wkHhkq Wml dr l í u
fm'j	9'15 - 10'30	ú'75	16	2 - j k / < / i ùu
fm'j	10'30 - 10'45	ú'15	E	új D; i ei h / < / i ùu 2 f; amdKh
fm'j	10'45 - 12'15	ú'90	17	fmda l nd, oCl oCl ; d ▪ fí i al %hg i. , Kqw. fj , ù" ii. .mrñs. egh" rej , a. egh iii. fl ðäh úyopug i ðdkí l rñ • fmdofõ - f. !rj f>ð dj Èj d wdydrh
m'j	12'15 - 1'00	ú'45		3 j k / < / i ùu
m'j	1'00 - 2'15	ú'75	18	új D; i ei h / < / i ùu 3
m'j	2'15 - 2'30	ú'15	E	/ < md, kh
m'j	2'30 - 2'45	ú'15	19	fudähq yykj d šu
m'j	2'45 - 3'00	ú'15	20	bÈB myk j
m'j	3'00 - 3'15	ú'15	21	f; amdKh
m'j	3'15 - 3'30	ú'15		mdGud, d wrutkqll yd we. hñ
m'j	3'30 - 3'45	ú'15	22	i udma foàkKh
m'j	3'45 - 4'00	ú'15	K	
m'j	4'00 - 4'15	ú'15	L	fl ðäh nEu" úi í hdu

Y%, xl d nd, oCl i x. uh
tá l kdhl myKj
I wEhr yýkj dofi myKqmdGud, dj

j evi gyk
fkj di f fkdj k mdGud, dj

^w&' fmdý j evi gyk

^ i hç wxY i | yd &

m<uj k Èkh

fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl dri u
fm'j ' 7'30 - 8'00	ú' 30	A	, hdmÈxÑ l f u
fm'j ' 8'00 - 8'15	ú' 15	B	wdri NI / <h
		C	m&s ek&" yýkj d\$u
		D	mdGud, d m&fj ;
fm'j ' 8'15 - 8'45	ú' 30	01	mdGud, d wruKq- I
fm'j ' 8'45 - 9'30	ú' 45	02	nd, oCl j Hdmdrfhab; sydi h
fm'j ' 9'30 - 10'00	ú' 30	03	f, dá nd, oCl i xúOdkh
fm'j ' 10'00 - 10'45	ú' 45	04	Y%, xl d nd, oCl i xúOdkh
fm'j ' 10'45 - 11'00	ú' 15		f; amdKh
fm'j ' 11'00 - 11'45	ú' 45	05	nd, oCl j Hdmdrfhak&j pkh" wruKqyd uð O%u
fm'j ' 11'45 - 12'15	ú' 30	06	nd, oCl j Hdmdrfhamrud%:
m'j ' 12'15 - 12'45	ú' 30	07	nd, oCl , dxPkh, i , l K, wdprh yd w; g w; \$u
m'j ' 12'45 - 1'00	ú' 15	E	fuf; l al < j ev m&n i udf, ðpkh yd wxYj , g no&
m'j ' 1'00 - 1'45	ú' 45		Èj d wdydrh

* fmda l nd, oÈ wxYfhatá l kdhl hkaúug
n, dfmdfrd; a j k&kai | yd
^fkj di f fkdj k mdGud, dj &

^wd&' fmda l nd, oCl kdhl myKj

m<uj k Èkh

fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl dri u
m'j 1'45 - 2'15	ú'30	08	<uhd yýkd . ek&
m'j 2'15 - 2'45	ú'30	09	j k l : dj
m'j 2'45 - 3'15	ú'30	10	fmda l / <l awdri N l r&kfkafl fi ð
m'j 3'15 - 4'30	ú'75	11	1 - j k / < / i àu
m'j 4'30 - 4'45	ú'15	E	új D; i ei h / < / i àu 1
m'j 4'45 - 5'30	ú'45	12	fmda l nd, oCl l %

foj k Èkh

	fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl drl u
fm'j	8'00 - 8'15	ú'15	J	WoEi k / <h
fm'j	8'15 - 8'45	ú'30	13	nd, oCl ks weyu yykj d \$u
fm'j	8'15 - 8'45	ú'30	14	nd, oCl j Hdmdrfhakdhl hkayd Tj k f. a l d%hNdrh
fm'j	9'15 - 10'00	ú'45	15	wkHhkq Wml dr l f u
fm'j	10'00 - 11'15	ú'75	16	11 - j k / < / i ùu
fm'j	11'15 - 11'30	ú'15	E	új D; i ei h / < / i ùu 2 ^f; amdKh w; r; f&
fm'j	11'30 - 1'00	ú'90	17	fmda l nd, oCl oCl ; d
				• fi i al %hg
				i. , Kqw. fj , ù"
				ii. mBñ . egh" rej , a. egh
				iii. fl däh úyopug i ðdkí l r ù
				• fmdofõ - f. !rj f>dl dj
m'j	1'00 - 1'45	ú'45		Èj d wdydrh
m'j	1'45 - 3'00	ú'75	18	111 - j k / < / i ùu
m'j	3'00 - 3'15	ú'15	E	új D; i ei h
m'j	3'15 - 3'30	ú'15	19	/ < md, kh
m'j	3'30 - 3'45	ú'15	20	fudähq yykj d \$u
m'j	3'45 - 4'00	ú'15		f; amdKh
m'j	4'00 - 4'15	ú'15	21	bÈB myKj
m'j	4'15 - 4'30	ú'15	22	mdGud, d wrutKq- 11
m'j	4'30 - 4'45	ú'15	K	wj i dk foYkh
m'j	4'45 - 5'00	ú'15	L	fl däh nEu" úi f hdu

* nd, oE wxYfhata l kdhl hkaùug
n, dfmdfrd; a j kkkai |yd
^fkj di d mdGud, dj &

^we&' nd, oCl kdhl myKj

m<uj k Èkh

	fõ, dj	l d, h	i ei s wxi h	i ei h\$! %dl drl u
m'j	2'15 - 2'45	ú'30	08	<uhd yykd . ekù
m'j	2'45 - 3'15	ú'30	09	nd, oE l Kawdhul awdrí N l fí kí smskfj <
m'j	3'15 - 4'45	ú'90	10	1 j k l Kawdhí / i ùu yd új D; i ei h ^f; amdKh w; r; f&
m'j	4'45 - 5'45	ú'60	11	nd, oE ol d ; d
				• fi i al %hg
				i. úOdk
				ii. fl däh úyyùug i ðdkí l f u
				iii. i rnyál u" ukd mej e; u yd fi !LH mrey
				iv. k, d i x{ d
m'j	5'45 - 6'30	ú'45	12	nd, oE l %
m'j	6'30 - 7'30	ú'60		úfö l h
m'j	7'30 - 8'00	ú'30	13	nd, oCl ks weyu yykj d \$u
m'j	8'00 - 8'45	ú'45		rd; %wdydrh
m'j	8'45 - 9'15	ú'30	14	nd, oCl j Hdmdrfhakdhl hkayd Tj k f. a l d%hNdrh
m'j	9'15 - 10'00	ú'45	F	. \$ yd ri l : d
m'j	10'00			okfhaj ev kudj

foj k Èkh

	fõ, dj	l d, h	i ei s wxl h	i ei h\$! %adl drl u
fm'j	5'30		G	wj È ùu" mú; %ùu" yd wç.hu f; a
fm'j	6'00 - 6'15	ú'15	H	B P j Hdhd
fm'j	7'15 - 7'30	ú'15	I	wd. ñl j ; dj ; a
fm'j	7'30 - 8'00	ú'30		WoEi k wdydr
fm'j	8'00 - 8'30	ú'30	J	WoEi k / <h
fm'j	8'30 - 9'15	ú'45	15	wkHhkç Wml dr l ð u
fm'j	9'15 - 10'45	ú'90	16	ll - j k l Kwdhî / i ùu yd új D; i ei h ^f; amdKh w; r; ç&
fm'j	10'45 - 12'15	ú'90	17	nd, oCl oCl ; d • fi i al %hg i. , Kçw. fj , ù" rej , a. egh ii. fl di mÙgd . egh" Óú; drl ð l . egh" iii. j ghl ameg, j l j , " fofl a. egh" l U fl dg l ð fi . egh iv. fmðy - yi a i x{ d
m'j	12'15 -1'00	ú'45		Èj d wdydrh
m'j	1'00 -2'30	ú'90	18	lll-j k l Kwdhî / i ùu yd új D; i ei h
m'j	2'30 -2'45	ú'15	19	l Kwdhî md, kh
m'j	2'45 -3'00	ú'15	20	fudähq yykj d \$u
m'j	3'00 -3'15	ú'15	21	bÈB myKj
m'j	3'15 -3'30	ú'15		f; amdKh
m'j	3'30 -3'45	ú'15	22	mdGud, d wrutçqll yd we. hù
m'j	3'45 -4'00	ú'15	K	i udma foçKkh
m'j	4'00 -4'15	ú'15	L	fl ðäh nEu" úi ð hdu

* nd, oÈ wxYfhatl l kdhl hkaùug

n, dfmdfrd; a ç kçkai | yd

^fkj di ð fkdj k mdGud, dj &

^wE& nd, oCl kdhl myKj

m<uj k Èkh

	fõ, dj	l d, h	i ei s wxl h	i ei h\$! %adl drl u
m'j	1'45 - 2'15	ú'30	08	<uhd f; rei . ekù
m'j	2'15 - 2'45	ú'30	09	nd, oÈ l Kwdhul awdrî N l ð fi ki smsçfj <
m'j	2'45 - 4'15	ú'90	10	l - j k l Kwdhî / i ùu yd új D; i ei h ^f; amdKh w; r; ç&
m'j	4'15 - 5'15	ú'60	11	nd, oÈ ol ð ; d • fi i al %hg 1. úOdk 2. fl ðäh úyyùug i ðdkî l ð u 3. i çenyçl u" ukd mej e; u yd fi !LH mçey 4. k, d i x{ d
m'j	5'15 - 6'00	ú'45	12	nd, oÈ l %

foj k Èkh

	fõ, dj		l d, h	i ei s wxi h	i ei h\$! %dl drl u
fm'j	8'00 - 8'15		ú'15	J	WoEi k / <h
fm'j	8'15 - 8'45		ú'30	13	nd, oCl ks we÷u yÿkj d \$u
fm'j	8'45 - 9'15		ú'30	14	nd, oCl j Hdmdrfhakdhl hkayd Tj k&. a l d%hNdrh
fm'j	9'15 - 10'00		ú'45	15	wkHhkg Wml dr l \$ u
fm'j	10'00 - 11'30		ú'90	16	foj k l Kavdhi' / i ùu yd új D; i ei h ^f; amdKh w; r; #&
fm'j	11'30 - 1'00		ú'90	17	nd, oCl oCl ; d • fi i al %hg i. , Kqw. fj , %" rej , a. egh ii. fl di mÙgd . egh" Óú; drl d l . egh" iii. j ghl ameg, j Új , " fofl a. egh" l U fl dg l \$ fi' iv. . egh
m'j	1'00 - 1'45		ú'45		• fmdÿ - yi a i x{ d Ëj d wdydrh
m'j	1'45 - 3'15		ú'90	18	III - j k l Kavdhi' / i ùu yd új D; i ei h
m'j	3'15 - 3'30		ú'15	19	l Kavdhi' md, kh
m'j	3'30 - 3'45		ú'15	20	fudähq yÿkj d \$u
m'j	3'45 - 4'00		ú'15		f; amdKh
m'j	4'00 - 4'15		ú'15	21	bÈB myk&j
m'j	4'15 - 4'30		ú'15	22	mdGud, d wruKqll yd we. h&
m'j	4'30 - 4'45		ú'15	K	i udma foYkh
m'j	4'45 - 5'00		ú'15	L	fl däh nEu" úi \$ hdu

1j k wEhr
yeCkũfi myKqmdGud, dj
i ei sl hdl drl i i gyka

A meñKũ , hdmExN l ſ u

- ✓ mdGud, dfõ fmr i ðdkĩ l ghq =kul r i yNd. ſ kkkf. ameñKũg wj u j Yfhka úkdä 30 l gj ; afmr wdpd¼h uKav, h i i m%K k< wefukai eri Si áh hq h'
- ✓ m% M, f, LKfha f; dr; fej , g wkq + j i l i a l , f, LK fol l a , hdmExN l ſ fi l d¼hh i | yd wxY fol g fj k fj ku wj YHj k , smsf, Lk i ðdkĩ l < hq h'
- ✓ , hdmExN l ſ fi f, LK i i m%K l r . kñka i yNd. ſ kkkaf; dr; fe wod< ; fej , g we; ; al r . ; hq h'
- ✓ mdGud, d . di a = f. ùu m<n| f; dr; fe i | ydo" meñKũ w; á ka l ſ u i | ydo" , hdmExN l ſ fi f, LKfha; fe fol l afj kd < hq h'

B wdrĩ NI / <h

- ✓ i ýi q i a dkhl i l i a l < fl dā. i bEBmg wdpd¼h uKav, fha fufyhũfuka wdrĩ NI / <h i ðdkĩ l r" fl dāh úyýúu" cd; ſ . h . ehũ" wd. u i sýl ſ u i ýl r" wk; fej mdGud, d kdhl f. a fl á i N me; ſl ka mi j i h, a ku foãK Yd, dfõ wi ka. ekũg fhduq , hq h'
- ✓ foãK Yd, dfõ wi ka ; a mi j " pdB; Kq + j fmd, f; , a myk o, j kfka ki Bg i yNd. S úh hq = i ýi q mpa , hkg wdrdOkd l r pdB; Kq + j mdGud, dj új D; l ſ u i ýl , yel h'
- ✓ fuu l ghq a wj i dkfhS" Èi d fl dui dBi a mdGud, d kdhl fkdj kfka ki Èi d fl dui dBi a fyda kfhdõ; fhl a úi ka mdGud, d kdhl g k< j Yfhka mdGud, dj Ndroũ i oq , hq h' fuyos fofokd wdpdr fl dg w; g w; os i n me; ſl ka mdGud, dj i ý l r hq h'

C m<s ekũ yd y÷kj dſu

- ✓ mdGud, d kdhl m<s ekfi l : dj mj ; j ñka-
 wdrdē; wuq a kã wdpd¼h uKav, h i y i yNd. ſ kkkam<s ekfuka mi q wdpd¼h uKav, h y÷kj dſ i yNd. S j kkkq i j yeCkũul g wj i a dj i , i d Èh hq h' ^wdpd¼h uKav, h y÷kj d ſfi ſ t l a t l a ; eke; a df. a ku" ; k; f" nd, oE l ghq =j , m%k; j h m% dY úh hq =w; r" i yNd. ſ kkkai j yeCkũu bEBm; a l ſ fi ſ ku" Èi a % d h" mdi , " óg fmr nd, oE l ghq =j , kr; j i áfhõ hk úi a r muKl am% dY l ſ ug Tj ka fufyh úh hq h'
- ✓ wk; fej wdrdē; wuq a l = i à ki mdGud, dj weu; ſug yd i N me; ſug wj i dj , nd Èh yel h'

D mdGud, d m<fj ;

- mdGud, d kdhl mdGud, d m<fj ; úi a r l rñkã"
- ✓ fuh m%K l d, k fkj di ſ \$ fkj di ſ fkdj k mdGud, dj l aj k nj "
- ✓ wj i r fkdue; j mdGud, dfj kaneyerùug wj i a dj fkdue; snj "
- ✓ mdGud, d i ei sj , g wod, i gykaúeu; j ; u i gyka fmd; aj , g we; ; al r . ; hq =nj '
- ✓ myKq l rſ j , oſ wxY fol u tã dnoøj l hnd; ul j k i ei s i y wxY fol fj k fj ku l hnd; ul j k i ei swe; snj '
- ✓ yh \$ l dKav l h l hnd; ul j k nj
- ✓ fi j d yh \$ l dKavh khñ; l d¼hhkauekúkabgql < hq =nj '
- ✓ l | j r e uÚgñkai mhd we; smyi q i j , kai Eyul g m; aúh hq =nj '
- ✓ mdGud, d l d, h ; ; wkawh . eko i e, l s u; afj ñkai fydr; j fhka l ghq =l < hq =nj '
- ✓ mdGud, d l d, h ; ; ſ ukd úkhl a mj ; j df. k hñkã l d, h WmBu f, i mfhdc khg . kñka mdGud, dj i d¼: l l r . ekũg i yNd. ſ kkkai yfhda h oel úh hq =nj '

- ✓ i ei s\$ l hndl drl i j , g ndOd fkj k f, i cx. u orl : k ksyvj ; nd . ; hq =nj
- ✓ l |j f¾ k\$ h nd, oE k\$ h nj '
meyeE, s l r Èh hq h'

E fuf; l al < j ev mæ:n |j i udf, ðpkh i y wxY j , g fnoù

- ✓ i ei s wxl 1-7 ol j d fuf; l a ku l < fmdÿ j evi gykg wod, j i yNd. § kkkk g u; è we; s . egz krdl rKh l r . ekùg i y ; j ýrg; a meyeE<s l r . ; hq = l reKqmeyeE<s l r . ekùg wj i a dj i , i d Èh hq h'
- ✓ fi j k úg i yNd. § kkkka; uka myKqúh hq =wxYh l ul æhs krj q j ; sKh l rf. k ; i h hq h'
- ✓ i udf, ðpkfhka wk; fej i yNd. § kkkkj fmda l nd, oE wxYhg yd nd, oE wxYhg fj kal r . ekùg l ghq =l < hq h'

F . § yd ri l : d

- ✓ fuf; l a mdGud, dfö§ . hk , o . § yd ckmlh l symhla . dhkd l fugo" ri l : dj l g i j kaSugo" ch f>d d l symhl amyKqúugo wj i a dj i , i d Èh hq h'

G wj Èuu" mú; Wu yd wçhu f; a

- ✓ i yNd. § kkkk g fm'j 5'30g wçhu f; ai mhkk'
- ✓ wk; fej i yNd. § kkkkamú; wfi l ghq =j , kr; uu wfmd d d fl f¾'

H î 'mSj Hdhd

- ✓ î 'mSj Hdhd myKq l f i m<mpey wdpd¾h uKav, fhakdhl fhl =, j d î 'mSj Hdhd yh i r, j y÷kj d § wNHdi j , fhdoj kkk'

I wd. ñl j ; dj ; a

- ✓ i yNd. § kkkka ta ta wd. u wkj WoEi k wd. ñl j ; dj ; aj , kr; úh hq h' fi i |yd wdpd¾h uKav, ho i yNd. S úh hq h' ta ta wd. i i |yd wd. ñl j ; dj ; a l f ug fhda H i a dk yd wj YH l <uKd l <kai ðdkí l r ; f u j eo. ; h'

J WoEi k / <h

- ✓ wdpd¾h uKav, fha fl fkl a ^fi j d nd, oE kdhl \$ Duty Scout Leader& i yNd. j kkkka fl dá . i wi , g l e |j d yh \$ l dKavh wkj wYj , dvu yevhg / <h i ðdkí sl rkk'
- ✓ Tj kamyi fj ka ; nd fi j d nd, oE kdhl ^Duty Scout Leader& mdGud, d kdhl fj ; f. di awdpdr l r / <h i ðdkí nj j d¾: d l r h s
- ✓ mdGud, d kdhl fl dá . i g ol Kqmi kD fi j d nd, oE kdhl j i mi kD i ák w; r wdpd¾h uKav, h Tj k g m g mi ka fl dá. i fl kD fl dg fmrg i áh s
- ✓ mdGud, d kdhl / <h i fefj ka ; nd "fi j d kdhl fl dah" hkfj ka úOdk l r h s fuy§ fuy§ fi j d l dKav kdhl fl dá. i fj ; i qenyaj . uka l r fl dah ti uu \$ úyüü l r ; u mdGud, d kdhl "i u y h wdpdr l r ka" hkfj ka úOdk l r h s tai u. u i h z fokdu fl dahg wdpdr l r h s
- ✓ fuy§ fi j d l dKav kdhl fl dá , Kj . eg . i d mhj rl ami q mi g f. k wdpdr l r i fefj kai áh s
- ✓ fuy§ fi j d l dKav kdhl fl dá , Kj . eg . i d mhj rl ami q mi g f. k wdpdr l r i fefj kai áh s
- ✓ fuy§ mdGud, d kdhl we; z i h , f , dau i i m¾K cd; f . h . dhkd l r ; s cd; f . h . dhkd l r wj i kaj Qj ydu fi j d l dKav kdhl ; u i a dkh fj ; wdmi q. uka l r h s
- ✓ bka mi q mdGud, d kdhl f. a werhu wkj fi j d nd, oE kdhl oj fi a i s é , a bEßm; al r h s

- ✓ mdGud, d kdhl oj fi a i s ú, a ì <n|j fufkys l f ug wj i a dj , ndS i hz fokdg i N WoEi Kl am; ñkafuÈkg khñ; kföök m% dY l rhš
- ✓ bkami qmdGud, d kdhl / <h úi ñej d yBhš
- ✓ wk; ñej fi j d nd, oÈ kdhl \$ wdpd%h uKav, fha fj k; a wfhl =weÖ WKq ij j k wdl drfha l %dj l a fufyhj hš l %dj wj i dKfha ch. %yl hka fj kfj ka i yNd. j kkkj t l a / i afl dg ch f>dä dj l al rhš
- ✓ bka wk; ñej mdGud, d kdhl f. a oekij šu wkj i yNd. j kkkka wod, i a dkhg / i fj hš

i e'hq-

- ✓ fuys úi a r fl refka wxY l symhl kdhl kdhl dj ka mgyKj , nk mdGud, dj l WoEi k / <fhal %d m% fj , hš
- ✓ nd, oÈ wxYh \$ udKj l nd, oÈ wxYh muKl a fyda ta wxY fol gu wh; a kdhl hkamgyKj , nk mdGud, dj l WoEi k / <ho fi m% fj , g u mj ; j kk'
- ✓ fmda l nd, oÈ wxYfha kdhl khš dj ka muKl a mgyKj , nk m, dGud, dj l Š" fmda l nd, oÈ wxYhg wdfökt W; ä j l j h i l i d ta wxYh l %d; ul j k m% fj , g WoEi k / <h mj ; j kk'

K i udma foYkh

- ✓ mdGud, d kdhl úi ka wdpd%h uKav, hg" i i m; ampa , hkq" wkq %yl hkq" i y i yNd. j kkkq i a ÷ sl rhš bkami qi yNd. j kkkawu; ñka "Tn oekawÈhr my kdhl hka mgyKq l f i j ev m% fj , g wj ; %Kù we; ' tys fmrgu Tn mhj r k. kqwe; ehsuu úYj di l rñ' Tfí wdh; k mÖdkhd fuka fuys wdpd%h uKav, ho" Tfnka n, dfmdfrd; a = j kfka ; j ; a orej ka mšil g nd, oÈ j Hdmdrfha M, fk, d . ekug wj i a dj Wodl r šuhš tauyÖ=fij h fj kfj kauf. a wdpd%h uKav, fha ai N me; ñ Tn fj ; mškuñ" j ekswoyi l am% dY l rhš

L fl däh nEu yd úi r hdu

- ✓ wj i dk foYkfhka mi q i yNd. j kkkka i y wdpd%h uKav, h fl dä . i bÈBfha / i ùug i , i d fi j d l dKav kdhl u. ka fl däh my; fy, d" "wms fj uq t l uj l f. orefj dā . \$ h . dhkd l r" w; g w; Š i N me; šug i h, a kgu wj i a dj , ndS wk; ñej úi r heuu i šj l < hq h'

**^w& fmdÿ j evi gyk
i hç wxY i | yd**

^i ei swxl 01 i g 07 ol j d&

1 wÈhr - i ei s\$! %dl dri ñ i gyka

i ei swxl (- 01

mdGud, d wruKq
Aims And Objectives Of The Course

I d, h (- úkdä 30 hš

wNsu; d%: (- fuu i ei h wj i dkfha\$ i yNd. sj kkkka
1 wÈhr mdGud, dfö wka % . ; h msn | i dudKH wj fndDhl \$ka l ghq =
l rhš

I %h (-

- ufkdúu%Yk I %h - i yNd. sj kkkf. kal reKq, nd. ; hq h'
- foYk I %h - i ei s kdhl úš ka wka % . ; fha l reKq i yNd. s
j kkkq meyeË, sl < hq h'

Wml rK (- * , mapdÜ" I ع , E, a " wka % . ; h msn | pdÜ i gyk

wka % . ; h (- i ei skdhl my; i | yka l reKqyd I %dl dri ñ i yNd. Sj kkkq
meyeË, sl r šu wfmá d d fl f%'
 ★ nd, oË j Hdmdrfhak%ud; D" b; sydi h" yd uq O%u
 ★ f, dā nd, oË i xúOdkh , Y%, xl d nd, oË i xúOdkh
 ★ wod, wxYfha<u%f. apB; , l d K" wj YH; d" , eÈl i
 ★ wkHhkq Wml dr l š u ; <kand, oË j HdmdrfhawruKqbgq r . ekš
 ★ / <l a wdri N l š u" / i ūi mej e; ūu" wj YH fmd; m; d , smf. dKq
mj ; j df. k hdu'
 ★ i dudŌl mol d fi wj YH; d yd ol d ; d msn | myKqj '
 ★ i d%: l i š a kkd i q M, odhsj evi gyka i e, i q l š u'
 ★ / <l a mj ; j df. k hEfñ š úyy, m; š foudmhkā oš dj i u. ukd
i ñnkēl rKhl amj ; j df. k hdu'
 ★ bÈB myKqj msn | wj fndDh'

History Of Scouting

wNsu; d%: (- fuu i ei h wj i dKfhaš i yNd. Šj kKka nd, oĚ j Hdmdrfhaka%ud; Dj rhdf f, dā nd, oĚ b; sydi h" Y%, xl d nd, oĚ b; sydi h" m<uq | j i dudKH wj fndDhl ka l ghq =l rhš

I ũh (- foāYk I ũh" uKav, bĚBm; al š u

Wml rK (- *, mapdŪ" PdhdrEm" nyudOH" m% fl mk hka %^ multi media projector), pdŪ wdĚh

wka %.; h (-

❖ k%ud; Dj rhdf. ai i m%K ku i y Wm;

. š fj , ayšfrdnŪ i āj kā kai ān; afi ākamj , ai dñ ; ud f, dj mrd nd, oĚ hka fu; udj BP hk wdor kñkayykj hš Wm; - 1857 fmrj dš 22 j k Ěk tx. , ka fha Ūm; - 1941 ckj dš 08 j k Ěk fl khdfō š

❖ fouōmfhda

mhd - . re tĚ'Ō fi ākamj , afoj . e; s; ud uj - fykβfhgd f. %ai ān; auy; āh i 'mš; udf. aj hi wj rēy ; fkaš mhd űh . fh'h' mj f, ai dudŌl hka kj fofkl š

❖ <ud yd ; reK ũh

1870 š pd%g% yj i a ũyy, g we; < ; a ũh' bf. kŭg t; ri ol d Yd Hfhl = fkdŭh' tfi akuq al hndYš s<ufhl = ol d mdkj l %l fhl = N; %š mfhl = yd kē fj l = ũh' ; reK fhl = j Yfhkawj rēy 19 š mdi , aĚŭh kufl dg hŲ yuodj g ne=fkah'

❖ yuod k<Odβfhl =f, i

- * 1876 j hi wj rēy 19 š mdi , aĚŭh kufl dg hŲ yuodj g neš Wm ; ; kKj rfhl = j Yfhka bkĚhdj g hĚu'
- * 1888 wm% dkqi Ō hŲDh - wm% dkqi Ō kdhl äksi Ō hg; al r . eku'
- * 1900 š ue* l ka k. rh fi rd . eku' mrd Ěk 217 l a ; < ' fndh%" wdl ũKh uevmj ; j d . eku'
- * 'ue* l kayšŭrh' j Yfhkawdmi qtx. , ka hg hdu' "Aids to Scouting" ki j qfmd; m< l rŭ'

★ BP ; ud i y nd, oĚ j Hdmdrh

- 1907- <uKa i u. tx. , ka fha n%ka s %mf; a š m<uq w; yod ne, fñ l | j r mej e; ũu'
- 1908- "Scouting for Boys" ^nd, oĚ ũoHdj & fmd; foi ; hl g j rl a fj Ěi yhl a f, i fl dgi aj Yfhkam<l rŭ'
- 1909- m<uqnd, oĚ / <h -l % g, ame, i a yōšmej e; ũu' nd, oĚ š d j Hdmdrh werōu'
- 1910- uyyj nd, oĚ wxYh wdri N ũu'
- 1910- yuod fi j fhkaŭYŭ . eku'
- 1912- BP ; ud 'Tf, ō' fi kŭ l f, hd% fi dui afukŭh yd ũj dy ũu.
- 1916- fmda l nd, oĚ wxYh - j Dl fmda l nd, oĚ wxYh kñkawdrñN ũu'
- 1918- fĚHI G nd, oĚ wxYh ki l š u'
- 1919- . š fj , aWoHdkh- nd, oĚ j Hdmdrhg mβ; Hd. hl af, i , eŭ u' tysm<uq , Smol ā i m%KqmdGud, dj mej e; ũu'
- 1920- m<uqf, dā nd, oĚ ci fndβh -T, i mhd- yš mej e; ũu' fuyš BP f, dā fha mŲdk nd, oĚ hd f, i ki l rŭ'
- 1925- wdndē; nd, oĚ wxYh wdriN ũu'
- 1929- v j k fcd%Ě rc; ud ũi ka BP g ". š fj , a ys fi āka mj , a i dñ" hk j xYdēm; skduh mβkeōu.
- 1941- fl khdfō kfhb Nyeri yš ckj dš 08 j k Ěk BP ; ud i j % . i a ũu'

☞ Y%, xl dfō nd, oĚ b; ydi h

- 1912 ud; f, a l %a foj ũyyf, a š t*ā Ō i āj kā a uy; d ũi ka Y%, xl dfō m<uq nd, oĚ l Kawdhu wdri N l š u'
- 1915 m<uqnd, oĚ i x. Kkfhs nd, oCl hkayd kdhl hka248 l aŭu'

- 1916 m<uuj k j dl fmda l nd, oE / < . d, a BÉuka úoHd, fhg wdri N úu'
- 1917 yeof, dl amáfhaš m<uqnd, oCl / <h mej e; úu'
- 1918 uyy; nd, oCl wxYh wdri N l rú'
- 1919 m<uuj k uykj r ^0%urdc& l Kavdhu 1917, 1918, 1919 j %l j , š fkd l vj d j %l ; Kl a -rcf. a fl dāh- Èkd . ekú
- 1921 î 'mš; ud yd wd%hdj Y%, xl dj g meñKú'
- 1924 m<uq, Smol d i' mgyKqmdGud, dj fudor -fkda al Ei ma- yš mej e; úu'
- 1931 l ع; r "o fi ri' nd, oCl ckMoh" wdri N l f u
- 1934 î 'mš; ud foj k j rg Y%, xl dj g meñKú
- 1945 Y%, xl d cd; š nd, oCl uq i a dkh fl d<U 03" nd, oE udj f; a wdri N l f u' i xpdr l fl dui dBi a fi j h y+Kj d šu'
- 1948 m% u udkj l nd, oCl i uqj uykj rš mej e; úu
- 1952 m<uqcd; š ci fndšh - yeuf, dl a; #O ; rO máfhaš mej e; úu
- 1953 Y%, xl dj g cd; Hka r nd, oE i i fi , kfhai dudōl ; j h yñúu'
- 1957 ud%; =27 j k Èk , xl d nd, oE l j ka , h ^ Ceylon Scout Council & wxl 13 orK md%, fuka =mk; i i u; ùfukaKš s ; úu' fcr, a ul g% mkkkj uy; d f, d nd, oE i xúOdkfhšwdi hd Ydka š r l , dmhg m; úu
- 1962 fl d<U ; #O ; r. máfhaš i j %K chka sci fndšh mej e; úu' ^ foj k cd; š ci fndšh &
- 1972 uykj r fnda i nr máfhaš - j c%chka s i eu' fi / <h mej e; úu' cd; š udkj l i uqj - . d, f, š mej e; úu' Y%, xl d nd, oE j HdmdrfhabÈB i e, ei u ^ Forward Plan & y+Kj dšU
- 1975 m<uuj k cd; š l fndšh - . d, f, š mej e; úu'
- 1980 Y%, xl d nd, oE uq i a dkh Y%; aN; a i m, i ta. dāk% udj ; g f. k tu'
- 1982 î 'mš; udf. a125 j k cku Èkh kñ; f; kauporhl akt ÷ al f u'
- 1983 3 j k cd; š ci fndšh - wkrdOmr fhš mej e; úu'
- 1984 2 j k cd; š l fndšh - fl d<Uš mej e; úu'
- 1986 3 j k cd; š l fndšh - . d, f, š mej e; úu'
- 1990 1 j k i d%l aci fndšh - fl d<Uš mej e; úu'
- 1991 m% u -cd; š bkavdnd- - óB. uš mej e; úu'
- 1992 4 j k cd; š ci fndšh - l #eKE. , š mej e; úu'
- 1993 4 j k cd; š l fndšh - l ع; rš mej e; úu'
- 1996 5 j k cd; š l fndšh - j ; a , \$cdwe, š mej e; úu'
- 1998 5 j k cd; š ci fndšh - uykj rš mej e; úu'
- 2000 6 j k cd; š l fndšh - ó. urfōš mej e; úu'
- 2002 100 j k nd, oE , Smol d i' mdGud, dj - mšDD yš mej e; úu' 6 j k cd; š ci fndšh - . d, a n, máfhs mej e; úu'
- 2005 7 j k cd; š l fndšh - uykj rš mej e; úu'
- 2006 7 j k cd; š ci fndšh - kj r t<fhš mej e; úu'
- 2007 8 j k cd; š l fndšh - ný, f, aš mej e; úu'

mØdk fl dui dBi j re

- 01' t*áO i aj ka auy; d 1912 - 1921
- 02' i š nDDl at, hÜ uy; d 1921 - 1925
- 03' j %kka f. kh% uy; d 1925 - 1932
- 04' fÈ'tÉ'o fi ri' uy; d 1932 - 1942
- 05' fl d fi dui korí uy; d 1942 - 1948
- 06' fi km; si šmšchj %Ok uy; d 1948 - 1954
- 07' B'ví 'l kkkar uy; d 1954 - 1967
- 08' *Üi frdhs tÉ . Kfi d r uy; d 1967 - 1972

09' i štñ'mšj ks ; x. uy; d	1972 - 1977
10' fyumd, r; ki ðh uy; d	1977 - 1982
11' á fi fkúr; k uy; d	1982 - 1987
12' frl á achi xy uy; d	1987 - 1990
13' fÊ' , hk, ai ş j d uy; d	1990 - 1993
14' ti 'ti fudyškauy; d	1994 - 1997
15' fl átÉ l eñ, i amkdkaj uy; d	1997 - 2002
16' tÉ'ti aürfl dka uy; d	2002 - 2007
17' i š ngj ka , uy; d	2007

cd; d mykql š fi fl dui dBi j re

01' i šmSchj ¾Ok uy; d ^l j re kdhl &	1954-1972
02' î ' fl a ì , fudBhd uy; d	1972-1975
03' wd¾ tn%i uy; d	1975-1977
04' mŠti áwd¾ rdcuKsuy; d	1977-1982
05' fÊ' , hk, ai ş j d uy; d	1982-1987
06' vekfh, atÉBi xy uy; d	1987-1996 i y 1998
07' ví ' ù ksyd, ao fu, auy; d	1996-1997\$ 2003-2006
08' fcr, â ti . l f¾ uy; d	1998-2003
09' Ydka ti . uýrdfõ uy; d	2006 - 2009
10' ti 'B'ti achi xy uy; d'	2009 -

^ fuysi |ykai hç úi a r yd ok j l j dkqi yNd. š kkkç oš wfmd á d fkdfl f¾ &

The World Organisation Of the Scout Movement (WOSM)

wNŮ; d%: (-fuu i ei h wj i dkfhai yNd. sj kĳka

- ❖ nd, oĚ j Hdmdrfhaf, dđ i xúOdkfhael u" fufyj r yd uŦ O%u
- ❖ f, dđ nd, oĚ i i fi , kh yd f, dđ nd, oĚ l űgĳ
- ❖ f, dđ nd, oĚ uKŮ, h yd l , dm j YfhkaúuOH. ; ù we; sj Hĳh mŝn| wj fndŦh úoyd ol j hŝ

I Ůh (- foŮk I Ůh" uKŮ, " bĚBm; al ů u

Wml rK (- nyqudOH" *Ů smpdŮ" i Ů häi a

wkŮ % . ; h (-

01' nd, oĚ j Hdmdrfhaf, dđ i xúOdkfhael u yd fufyj r

nd, oĚ j Hdmdrfhael u

VISION OF SCOUTNING

- ★ foj k i hĳ i g mŝ k. k nd, oĚ j Hdmdrh" mĳ , a i udc ; , hka ; ů ka nd, l " nd, ů dj kawe; ů ; reK mBi aj eä j eäfhka i i nkŦ l r. kĳdj Ŧo
- ★ i hĳ i xi ů Ŧ; kĳ wh; ai a ů kayd mĳel hkawe; ů ; reK mBi a j , g j eä j eäfhkawdl %Ykh j kĳdj Ŧo
- 3 j vd; ahym; af, dđ hl ak%udKh l ů u i |yd kŝ e; ka odhl j kĳdj Ŧo
- 3 . ; ů yd k%udKYŝ Snúkahq =
- 3 . Kd; ul w. hhkamoki l r. ; awOHdmkd l ů dj , hl af, i fmks i ähs

A VISION

As Scouting enters
Its second century,
It sees itself as #

- ★ a credible, value – based, educational movement
- ★ dynamic and innovative
- ★ involving more and more young people, girls and boys, from broader segments of society
- ★ attractive to adults, women and men, in all cultures
- ★ making a real contribution to creating a better world

nd, oĚ j Hdmdrfhafufyj r

MISSION OF SCOUTING

- ❖ i j hx mBi udma mpa , hka j Yfhka i udchg M, odhŝ l d%h Ndrhl a bgĳ l rűka j vd; a hym; af, dj l a i yd ů u i |yd i yh ùug nd, oĚ kŝ h yd fmdfrdkĳj u; moki j Ŧmŝs ; aw. hhka u. ka <ud yd fhĳ ů wOHdmkĳh odhl ùu nd, oĚ j Hdmdrfhafufyj r j kĳkh.

A MISSION

- ❖ To contribute to the education of young people, through a value system based on the Scout Promise and law, to help build a better world where people are self – fulfilled as individuals and play a constructive role in society.

02. nd, oĚ j Hdmdrfhaf, d i xúOdkfhauĀ O%u

- ❖ wd. ñl hq ‡ u
- ❖ ; u rgg wj k; Ndj h
- ❖ f, d i fyðor; j h "ñ; % j h yd úYj di h
- ❖ wkHhkġ fi j h l ſ u
- ❖ nd, oĚ fmdfrdkġj yd kš h mšmeŠu
- ❖ i fj ÉPd i dudĀl ; j h
- ❖ i h' u foðmd, k n, mEi j , kaf; dr ùu
- ❖ i uŷ l ŷh ^ mí l d K" mol d i l ŷh yd t<uykal ŷdl drl i wvx. =m% ; sj evi gyk&

03' 01 nd, oĚ j Hdmdrfha f, d i xúOdkh (World Organization of the Scout Movement (WOSM)

<ud, ; reK yd jeäyá, l dkā d i y mßñ ñ, hk 28 l g jeä nd, oĚ i dudĀl ; j hl a i ys rgj , a 217 l a fuhg wh; h ^ 2008 § & fi w; Bka rgj , a 186 l a cd; ſ nd, oĚ i x. i ^ N.S.O.'s) 160 l af, i kš i i nkĀ; dj mj ; j k w; r b; B rdchka31 cd; ſ i x. i fkdue; j kš i i nkā d mj ; j hs

02 f, d nd, oĚ i i fi , kh World Scout Conference (WSE)

mšs ; acd; ſ nd, oĚ i x. i ^ N.S.O.'s) i h, a u fuysi dudĀl ; j h orhs t l ai dudĀl rgl g PkĀ 06l ſ wj rēy 03 g j rl a / i afō' j i rl g t l and, oĚ fhl =i | yd i dudĀl . di a j re"43 l ſ ^2008&

f, d nd, oĚ i i fi , kh / i aj Qi a dk

- 1979 tx. , ka h
- 1981 fi ks , a
- 1983 wefußl d t l i ; ackmoh
- 1985 c%ukh
- 1988 i fg% hdj
- 1989 m%Yh
- 1993 ; dhš ka h
- 1996 fkdāfō
- 1999 ol kqwm% dj
- 2002 . % h
- 2005 áhkš hd
- 2008 ol kqfl dßhdj
- 2011 n%š h

03' f, d nd, oĚ l ñgġ (World Scout Committee (WSC)

- ❖ f, d nd, oĚ j Hdmdrfha úOdhl hka ŷhs
- ❖ rgj , a 12l kaf; dard . ; ampa , hka 12 fofkl f. ai dudĀl ; j h we; '
- ❖ t l awfhl =wj rēy 03 l l d, i ŷdj l ai | yd fi j h l rhs
- ❖ t l ai i ukā Khl § i dudĀl hka 6 fofkl abj ; afō' w' f; ka 06 fofkl am; afō'
- ❖ wkql ñgqm; al r . kš

koi ka(-

- up, awkql ñgġ
- mykqwkql ñgġ
- m% d i xj %Ok wkql ñgġ
- uyck i i nkĀ; d wkql ñgġ
- j evi gykawkql ñgġ yd fj k; awj YH; d u; wkql ñgġ

03' f, d nd, oE uKav, h World Scout Bureau (WSB)

1921 - 1958 ol j d tx. , ka fha, kavkfhaS

1956 - 1968 l ekvdfö Tgdj d ySS

1968 i g fi ol j d i úÜi ¼, ka fhaðkj d ySS

b; d Wi i a f, i mgyKj , enú úfYá { fhda / i l a f, d nd, oE uKav, fha mK l d, K j fi j h l r; S

uyd f, d i ameki fi da Luc Panissod

f, d nd, oE uKav, hg wh; al , dm 06 l S ^2010 j k úg&

I <dmh

mðk l dhd, h

01' wka ¼ wefuBl d l , dmh

Ñ, Si ka hdf. dakj r

02' hfrdmd l , dmh

i úÜi ¼, ka fhaðkj d yd fn, ðhfi n% , á a

03' wm% dkql , dmh

fl khdfö khfrda " fi fk. d, aysi d d i y ol Kq

wm% dfö fl magj ka

04' wrdì l , dmh

Böma fõ l hfrda

05' wdi hd Ydka d r l , dmh

mS mKfhaueks d

06' hfi i hd l , dmh

hq fl Kfha hd, gd - . ¼i q" rei hdfö fui d õ

wdi hd Ydka d r l , dmh Asia Pacific Region (APR)

Y%, xl dj fuu l , dmhg wh; afõ'

i dudöl rgj , a27 l S fuu l , dmfhand, oE i xLHdj ñ, hk 23 l S fuh wo ÈhKj l rd hk l , dmhl S i udcl ; j h wfmd d d l rk rgj , a10 l S ^2010 j k úg&

wdi hd Ydka d r l , dmh nd, oE l ugj Asia Pacific Regional Scout Committee (APRSC)

- i Ndm; s- Hon. Jejomar C. Binay (2009 – 2012)
- mfoàñ úOdhl wOHI d ^Regional Director& - wí y, a d r l ã uy; d
- i i m; ai xj ¼Ok yd mßmd, k wOHI d - ti am% kk uy; d

Organisation Of Sri Lanka Scout Movement

wNú; d%: (-

fuu i ei h wj i dkfha\$ i yNd. sj kkkka

- ❖ Y%, xl d rch úi k&and, oE j Hdmdrh m&f. k we; swdl drh
- ❖ Y%, xl d nd, oE i x. ufhaK&udKh yd tyskhuji ka
- ❖ Èi d YdLd i x. i j , k&udKh yd tysm&dkka
- ❖ nd, oE i u&hl k&udKh yd tysl %dl dB kdhl hka m&n | wj fndDh öoyd ol j h's

I %h (- fo&k \$ uK&, bEBm; al f u

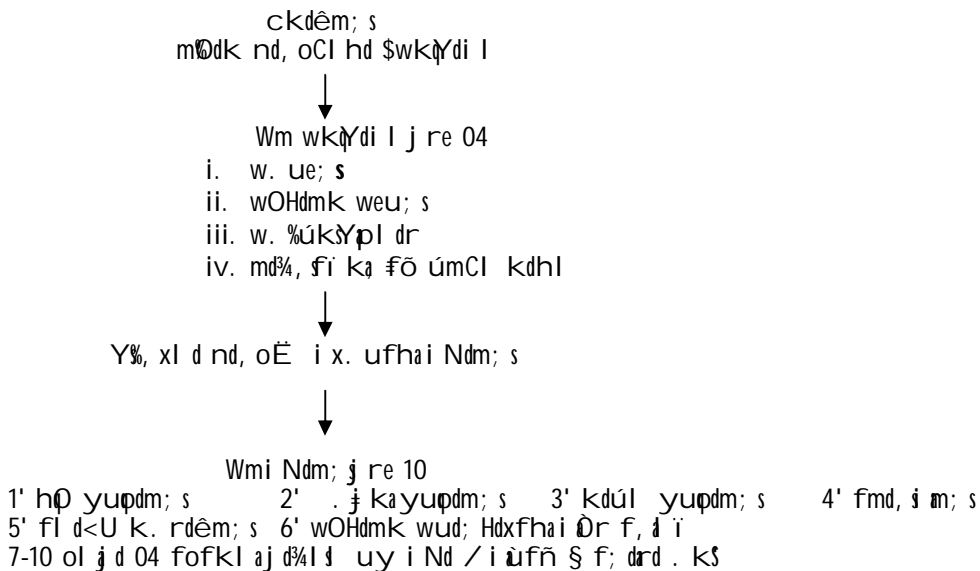
Wmi rK (- pdÜi ð OHP, ny&udOH m% fl mk hka % *a mapdÜ

wk& % . ; h (-

01' Y%, xl d nd, oE i xúOdkh

- ❖ Y%, xl d nd, oCl i xúOdkh rch úi k&mf. k we; sw; r , xl d nd, oE I j k& , h 1957 ud% ; =27 j k Èk wxl 13 orK md% , fi ka =mk; k&i i u; ù we; '
- ❖ fuu mkf; a nd, oCl I j k& , hg we; s n , ; , hg f; a we; ei fl dgi a 2000 wf. dá a =23j k Èk i x. uh úi k&i xFYd&Kh m&ki fh&ckd l r we; .
koi ka:- ³kfh&H Èi d fl dui dBi j rfhl =m; al f u"
³nd, oE I j k& , hg Èi d i x. ufhka m; a l rk fofokd f. ka tla wfhl = j hi
wj r&ey 26 g wvq; reKfhl =úu'
³m<d; afl dui dBi j re m; al f u'

02' Y%, xl d nd, oCl I j k& , h



03' Y%, xl d nd, oE i x. ufhaúOdhl I ñgi

- ❖ úOdhl i Ndfõ i Ndm; s
- ❖ f, ð i
- ❖ NdK&d. dBI

k& n, fhka

- ❖ mDdk fl dui dBi a^mDdk úOdhl &
- ❖ kfhdch mDdk fl dui dBi a
- ❖ cd; ð myKql ð fi fl dui dBi a

PKDfhka

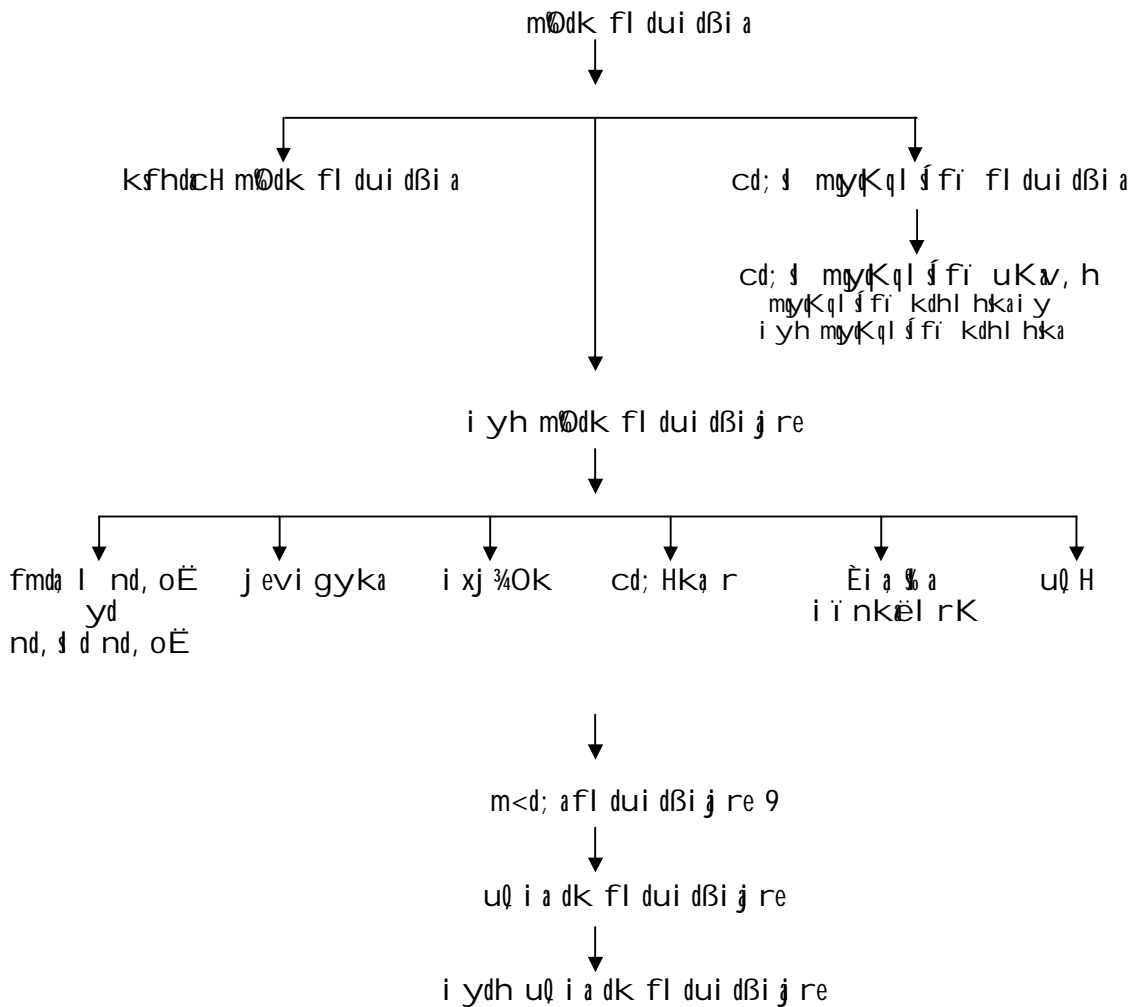
- ❖ I drl i Nð hka14

kdul rkfhka

- ❖ I drl i Nð hka02
- i yh mDdk fl dui dBi j rhl =yd
- uQ i a dk fl dui dBi j rhl =

04' cd; ð nd, oE uQ i a dkh

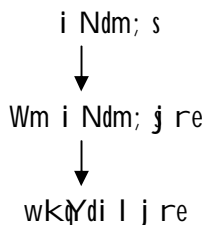
my; oel fj k i h'u ; k; ðe i |yd m; a l ði l rkq, nkfka wod, k¼foðYhka u; mDdk nd, oE hd úi ks



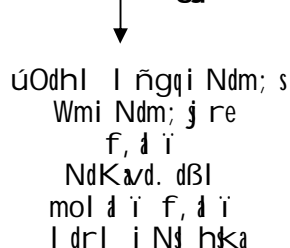
uq i a dk l d%h uKav, h

l d%hd, h" f j < oi , " m y q u O H i a dk wd S l ghq = i oyd j egma , nk l d%huKav, hl ka i ukú; h'

05' Èi d YdLd i x. i'



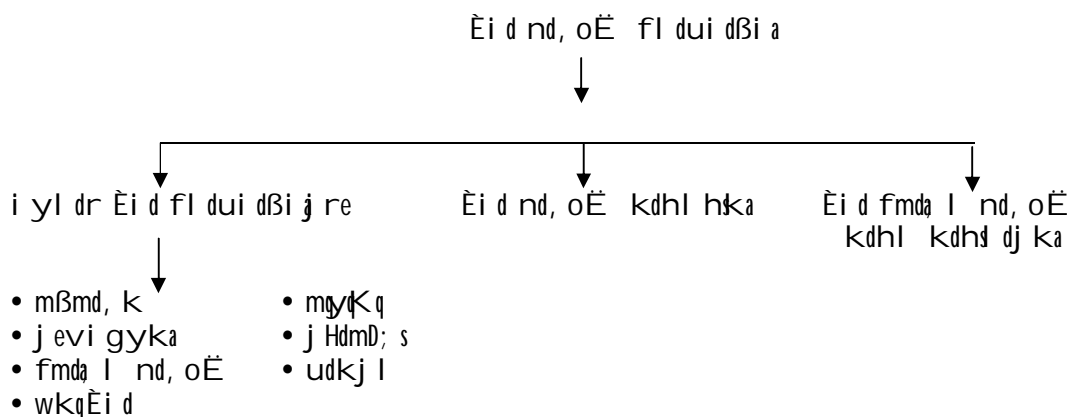
❖ úOdhl l ñgi



kæ n, fhka- Èi d fl dui dBi a
 k f h d c H Èi d fl dui dBi a ^ Èi d fl dui dri f. awNu; h mBÈ &
 i yl dr Èi d fl dui dBi j re
 Èi d nd, oÈ kdhl hka
 nd, oÈ kdhl hka f. kal drl i Ndj g Èi d j Hj i a dfj kawku;
 i xLHdj l a
 m < d; a fl dui dBi a Pk n, h fkdue; .

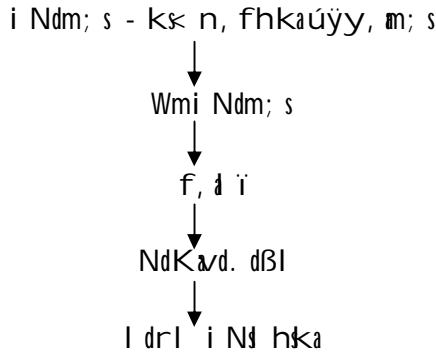
wod, Èi d n, " m f o a Y ; < f j fi k m d k fl dui dBi d k f h d c H m d k fl dui dBi a " i yh m d k fl dui dBi j re" uq i a dk fl dui dBi j re - ck n, h fkdue; '

3 Èi d nd, oÈ uq i a dkh



i e' hq - Èi d fl dui dBi a f. a wNu; h mBÈ by; wj YH úl hhka i | yd i yl dr Èi d fl dui dBi j re m; d r . ; yel sh'

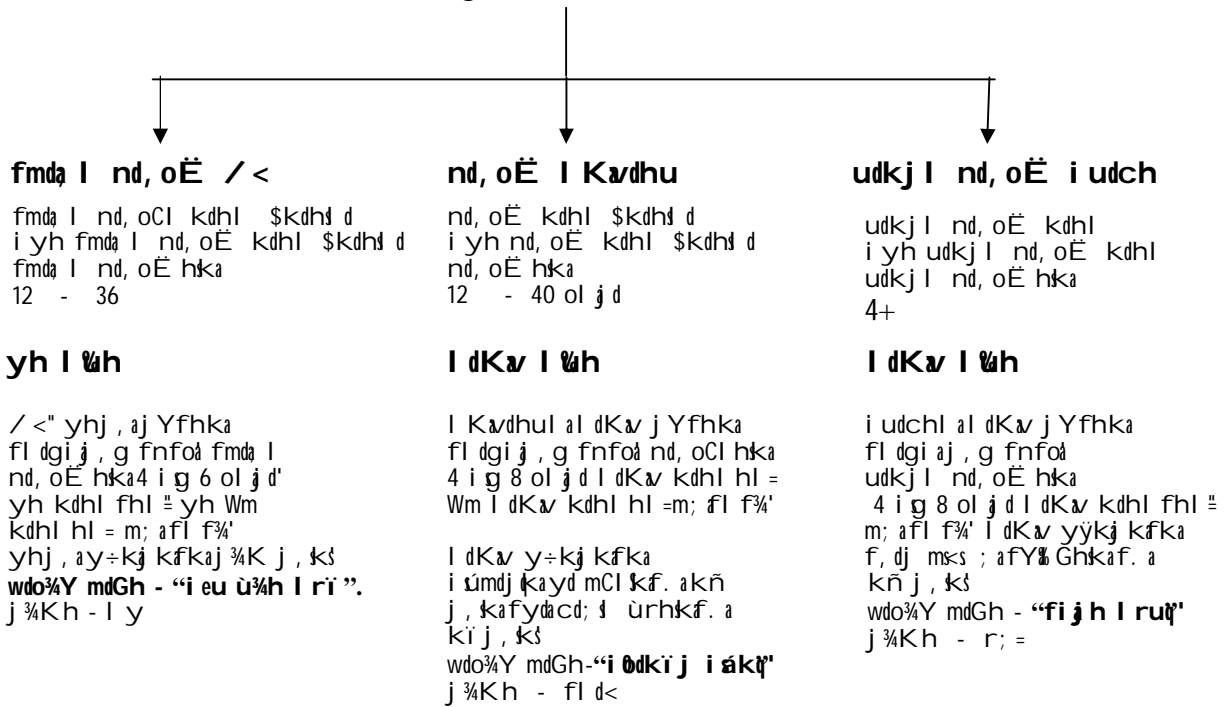
3 i uŷ wdOdr I ņgi



k< n, fhka - fmda I nd, oĒ kdhl kdhd dj ka nd, oĒ kdhl hka udkj I nd, oĒ kdhl hka
 fudj k<g by; ; k; ņe oeŷh fkdyl h' ta i |yd fouomhkf. ka . ņe uKa, fhka wdĒ h'
 nd, oĒ hkf. ka i N m; kkkf. kaf; dnd m; d r . ; yel sh.

3 nd, oĒ i uŷh

i uŷ nd, oĒ kdhl



DEFINITION AIMS, FUNDAMENTALS AND METHOD OF SCOUT MOVEMENT

wNu; d%: (- fuu i ei h wj i dkfhaS i yNd. sj kka.....
nd, oE j Hdmdrfhak%j pkh" wruKq uQ O%u yd I W meyeE, sl rhS

I W h (- foYk I W h" i dl EPd I W h

Wml rK (- pdÜi a" *a mapdÜi d OHP"u, a ñvhd

wka % . ; h (-

k%j pkh DEFINITION - -nd, oE j Hdmdrh hKq <ud yd ; reK mrmr i h wd. ug; a rgg; a ; udg; a wkHhKq; a ; udf. kabgqúhhq =hq # i wj fndD I r fokkd j Q a tu hq # i bgd f ug wj YH oekp yd ol a ; d myKq, nd fokkd j Q a wj i a dkq + j bEßm; j i yi qmBÈ I Wd I f ug wj YH kdhl ; j . Kdx. yd wd; a úYj di h f. dvk. kkd j Q a ; ukq; awkHhKq; aj evodhs hym; amrj ei hkaï ysl rk wOHdmkI I Wdj , hl S.

wruKq AIMS

- ❖ YdÍBl " udkI f "i udOh yd wOHd; ñl j %Okh
- ❖ wd; amd, kh yre I f u yd wd; a úYj di h f. dvkexÜu
- ❖ kÍl d Khg yd . fōYkhg fhduqI f u
- ❖ mfhdcKj ; aol a ; d yre mreY I f u
- ❖ cd; f "i xi d D; f yev. ei a yd cd; f Wreuhkamsn| oekp yd wNudkh we; sl f u
- ❖ I dKav j Yfhkal ghq =I f u" kdhl ; j myKj " yd t<uykaOú; hl g yre I rüu
- ❖ úkh . rel mrd%: I dñ mrj ei hkaï ysl f u

uQ O%u FUNDAMENTALS

- 1' wd. ñl hq # u
- 2' ; u rgg wj k; Ndj h
- 3' f, dl i fyðor; j h" ñ; % j h yd úYj di h
- 4' wkHhKq fi j h
- 5' nd, oE fmdfrdk%j yd kS h
- 6' i f j EPd i dudÖl ; j h
- 7' i h" foYmd, k n, mEi j , kaf; dr nj
- 8' hym; amrj ei fhI =üu i |yd i uQ I W h" mÍl d K" mol a i I W h yd t<uyka I Wdl drl i wvx. =m% ; sj evi gyka

nd, oE I W (The Scout Method)

- 1 fmdfrdk%j yd kS h (Promise and Law)
- 2 I Wdfj kawj fndðh (Learning by Doing)
- 3 i xFLs d; aI i el ei a (Symbolic Framework)
- 4 I Kawdhus I W h (Team System)
- 5 mpa , i xj rDKh (Personal Progression)
- 6 mri rh (Nature)
- 7 j evygsi yh (Adult Support)

i udf, dph

nd, oE j Hdmdrfha k%j pkh, wruKq uQ O%u yd I W wk d. ; fha hym; a mrj ei fhI = f, i <uhd yev. ei ug Wml dB j k nj ; a Bg WÑ; f, i nd, oE kdhl hd j evi gykabEßm; al f ug ki fi msn| ukd j egyu ; f u w; Hj YH nj wj OdrK h I rhS

PRINCIPLES OF SCOUT MOVEMENT

fmdfrdkäj yd kš h

wNu; d: :

fuu i ei h wj i d k fhaš i yNd. j k kka''''''''''

- ❖ nd, oCl j Hdmdrfhai h i dudöl hka fmdfrdkäj yd kš s j , kaneE i ák nj "
- ❖ fmda l nd, oCl hka g muKl aj vd; ai r, fmdfrdkäj l ayd kš s; kl awe; snj
- ❖ j Hdmdrfhafi i qi h i dudöl hkai | yd tl u fmdfrdkäj l a yd kš soyhl awe; snj
- ❖ i h i dudöl hka fmdfrdkäj yd kš swkj l h d l < hq =nj fmkj d fohs

I h : foàrk l h

Wml rK : fmdfrdkäj yd kš s, hk , o pdá i gyk *a ma pdá wdÈh

wka % . ; h :

3 fmda l nd, oCl fmdfrdkäj

udf. awd. u yd rg fl fryshq ÷ ñ bgq l š ug o"
 fmda l nd, oCl kš hg l š re ùug o"
 Èkm; d hym; aj evl al š ug o"
 udf. ai ñm K W; á dyh fhšug fmdfrdkäj fj ñ'

3 fmda l nd, oCl kš h

01' fmda l nd, oCl hd wdf l a dg l š re fj hš
 02' fmda l nd, oCl hd m h d ckj ; awfhl afj hš
 03' fmda l nd, oCl hd j vd; afyd kal š ug h; k orhš

- > fmda l nd, oCl fmdfrdkäj . kkd wj i a dj , i h u fmda l nd, oCl hkayd fmda l nd, oCl kdhl kdhl dj kand, oCl wdprfhkai áh hq =h' wfkl ÷ and, oÈ kdhl hka nd, oÈ hkayd / i j i ák wfkl ai h fokdu i šefj kai áh hq =h'
- > fmda l nd, oCl fmdfrdkäyfö fl dgi a; kl awe; ' bkam<uj k fl dgi wkj fmda l nd, oCl hd ; u wd. ug yd rgg hq ÷ ñ bgq l š u wfm d l fl f' foj k fl dgi ka wfm d l fl frkafka fmda l nd, oCl kš s; kg wkj l ghq =l š uhs ; k k fl dgi wkj Tj ka l < yel s hym; aj ev . ek wj fndhl a, nd fokk' wj u j Yfhka Èkm; d tl ahym; aj evl afyda l š ug Wkkaj l rj k k'
- > fmda l nd, oCl kš s; kl awe; ' m<uj k kš fhkan, dfmdfrd; a =j kfkawdf l a d we; i h j eäyáhk l š re ùuhš foj k kš fhka woyi a l rkfka Tj ka ; uk; a wkHhk; a j evodhs mpa , hl =úh hq =nj hš ; k k kš fhkawoyi aj k fka; ukal rk foaj vd; afyd kal š ug W; á dy l < hq =nj hš
- > fuu fmdfrdkäyfö fl dgi ayd kš s; k fmda l nd, oCl hkf. aj hi g i B, k mÈ WodyrK ol j ñka wj fnd l r fokk'

3 nd, oCl fmdfrdkäj

udf. awd. u yd rg fl fryshq =l ñ bgq l š ug o"

i Eu l , yu wk kg Wml dr l š ug o"

nd, oCl kš hg l š re ùug o"

udf. awj xl úYj di h Wv udf. ai ñm K W; á dyh fhšug fmdfrdkäj fj ñ'

3 nd, oCl k\$ h

- 01' nd, oCl hd úYj di l ghq =wfhl \$
- 02' nd, oCl hd mCl md; Swfhl \$
- 03' nd, oCl hd yff; l h l dreKl h'
- 04' nd, oCl hd i Eu nd, oCl fhl f. u i fydrfhl \$
- 05' nd, oCl hd ffO¼hh i ñmkkh'
- 06' nd, oCl hd i ; a j l reKdj we; f; l \$
- 07' nd, oCl hd i yfhda fhkal hnd l rkfk l \$
- 08' nd, oCl hd fi dñki ai y. ; mpa , fhl \$
- 09' nd, oCl hd i l i rej i wfhl \$
- 10' nd, oCl hd i \$ " l h" j pkfhkamBi ý wfhl \$

- fmda l nd, oE j hi a i d d j b l u j Q j Hdmdrfha i h e u i dudöl hkg fuu fmdfrdkáj yd k\$ s 10 wod< fú'
- nd, oCl fmdfrdkáj . kkd wj i a dj kays\$ / i j i ák i h e nd, oCl hkayd kdhl kdhl dj ka nd, oCl i , l K ol j d i fefj kai áh hq =h' fmda l nd, oE hkawe; e / i j i ák wkai h e fokd i fefj kai áh hq =h'
- nd, oCl fmdfrdkáj yd k\$ s nd, oCl hka wj fndD l rf. k ta wkj l ghq = l f ug fm<Uúu yd ta m<n| úui s u; aúu nd, oCl kdhl hkf. kawfmCl d fl f¼'
- j hi kauyq f d h; u fmdfrdkáj yd k\$ j , . eUr j gydSu w; Hj YH nj meyeE, sl , hq h'
- by; i |yka fmdfrdkáj yd k\$ sj , l i ý fj ki a l f ul d tl ; = l f ul d wvq Bul a fkd l < hq =h'

nd, oCl , dxPKh" i , l K" wdpdrh" yd w; g w; Šu"

wNw; d% : fuu i ei h wj i dkfhaŠ
i yNd. j Kkka nd, oCl j Hdmdrfha fm%vFj h úoHdudk j k mBÈ Bgu wdfúkd j 0
, dxPKhl ð i , l Kl ð wdpdr l ð ul a yd m% s ekul a ^w; g w; Šu& we; s nj m%YKh
l rhs

I %h : foðK l %h" l %d wdo%YK l %h" m%fhda ð l %d l drl i" i dl ÑPd

Wml rK : rEm i gykð wdl D; swdÈh

wkq % . ; h :
❖ wod, rEmi gyka fmkj d úi a r l rñkafoðK l %h Wmfhda Sl rf. k i ei hg múfi kK'

nd, oCl , dxPKh



i dudðl mol ð u



cd; ð nd, oCl mol ð u



nd, oCl i , l K



nd, oCl wdpdrh



j u; kaw; g w; šu



wd& fmda l nd, oË kdhl myKj

^i ei swxl 8 i g 22&

❖ <uhdf. ai odpdr yev. ei aug o l reKq. Kkdj l an, mdhs

- i udc mka th ^wd%Ól ; ; j h&
- mj f, ai j Ndj h
- fouōmh wdl , m
- mj f, ai ß; aúß; a
- i udc w; del § ^i udc mBi rh&
- i xi á D; d i dOl
- wOHdmk bvm% a d

fi wkj fmda l kdhl hd i th j evi gykao i l i d . ; hq =h'

- l %d l í ug ol j k l eue; a - ; re j ev i 'oyd i i nkOl r . kk'
- keàug ol j k l eue; a - W; á j wj i a dj , á j k kegij
- l : dka rj , g ol j k l eue; a - rx. khg wj i a dj - j k l : dj
- l ÷ y, fhkahq a ki d - kj erÈ j m&s ðe i mhkk
- wkq rKhg ol j k l eue; a ki d - kdhl hd kj erÈ j yei í u
- k¾udKj , g ol j k l eue; a ki d - w; j ev bÈßm; al í u
- l emfmk&ug ol j k l eue; a ki d - i th fokdgu wj i a dj šu

j k l : dj

l d, h :- úkdä 30

- wNw; d%:** :- fuu i ei h wj i dkfha§ i yNd. sj kka
- fmda l nd, oE j Hdmdrfhawdrí Nh yd ráhdä l ma kf. aj k l : dj (The Jungle Book) moki l r . kñka fmda l nd, oCl wxYfhaf. dvke. ù yýkd. kS
 - i ; kawei ßkabi u; j k úúOdl dr pß; , l d K ; ÷ ka<uhkq . ; yel swdo%Y yd w; ay, hq = . ; s, l d K yýkd . kS
 - l : dka r u. kaorej kf. ari úkØkh we; d r . ekúg oek. kS

l %h :- l : dka r l %h

Wml rK :- j kl : dfö tk pß; j , rEm ^ wdfi a d" j Dl mhnd i y uj " uj q a s' nd'' n. f'd" gndl s l h%l dka& j kl : dfö wxl 1 fmd;

- wkq % . ; h :-**
- ❖ j kl : dj fmda l wxYh i oyd fhdod. ; awdl drh bEßm; al rñkai ei hg mái ù'
 - ❖ fu!. a s / <g we; ÷ úu ol j d j kl : dj r i j ; af, i bEßm; al d u
 - j Dl mhnd ovhfi' hdug i Ødkí' úu'
 - gndl s . , a. ydj g meñK ù
 - Yh%Ldkam&no wdrxÑfhkaj Dl mhnd fl dmhg m; úu'
 - Yh%Ldkf. ayv wei ù
 - j Dl mhnd yv wei ðKqfoi g hdu'
 - <uhd ^uj q a & fmr<Sf. k tu'
 - j Dl mhnd uj q a sl ákaveyef. k . ydj g f. k tu'
 - gndl sl h%Ldkq <uhd m&no mKj ph f. khdu'
 - l h%Ldka. ydj g meñK ù
 - fomCl h w; r WKq' q' foni
 - j Dl uj ^rdCl d& l h%Ldkamkkd . eku
 - l h%Ldkaf l dmfhka. ydfj kabj ; ú hdu
 - gndl suj q a sm&n | wdrxÑh m; ÷ej d yeßu
 - i Nd. , / i úu
 - w'' ; Wmkamegú i Ndj g bEßm; al ßu
 - fu!. a si Ndj g bEßm; al , úg j Dl fhdam% d fl m l ßu
 - u; fNØ we; sj qúg l hdl , hq =wdl drh wdfi a d meyeE, sl ßu
 - nd'' yd n. f'd wem úu
 - uj q a s / <g we; ÷ ; al r . eku
 - nd'' kS h b. ekúug; ð n. f'd ovhu b. ekúug; andr . eku
 - ❖ l : dj bEßm; al ßfñ § <uhd ; ÷ i ; kaf l fryswe; si j Ndú l we, u" i ; j mhnd öú; h" úkh . rel Ndj h yd i xúOdkd; ul Ndj h u; =l , hq h'
 - ❖ i ei h wj i kal ßu . § hl kal : dj wj i kal ßu

Wod - j Dl fhda j Dl fhda fmda l mofu wms/

uj q a swmf. ay§ ñ; ÷d
Yh%Ldkawmf. amru y; ÷d/

wmf. al ror i s| i | , d
chì u fj ; huqmd k. , d''

j Dl fhda.....

fmda I / <l awdrñN I rkfkafi fi o?

I d, h :- úkdä 30

wNu; d%: :- fuu i ei h wj i dkfha§ i yNd. sj kãka

- > fmda I nd, oCl / <l aki sf, i wdrñN I Bfñ yel hdj , nd . kš
- > tai |yd wj YH fmr i pdku" mpa , i ñm; ayd fj k; ai ñm; ay=kd . kš

I %h :- Nñl d rx. kh - úkdä 10
i dl ÑPd I %h - úkdä 20

Wml rK :- Nñl d rx. khg wj YH foa

wkã ¾. ; h :-

Nñl d rx. khI abËBm; al Bu

m<uqmhj r yeoEre kdhl hd\$kdht dj yd úyy, m; \$wdh; k mDdkhd ^md, I NdrI re& w; r we; sj k foni my; I reKqwe; ; ; aj kfi aborm; al < hq hš

- ; ud , nd. ; amyKj m<rn|j oekj ; al Bu
- / , I awdrñN I Bug wj i rh
- <uƙayd foudmhkaoekj ; al Bfñ I %h
- / i úu mj ; j k Èkh
- / i úu wdrñN I rk fú, dj yd wj i kal rk fú, dj
- f; dard . kkd j hi al dKxh ^wj q7 fyda8&
- Wou , nd . kkd wh
- úyyf, kš i uƙfhkan, dfmdfrd; a =j k Wou

- ❖ f; dard . ; a<uƙg wdo%Y weuƙu 10 - TDF/P1/07 wkj i l i al , b, ä'i m; %l ai u. fouömhkaoekj ; al rk , mhl aheúh hq hš ^weuƙu 10 n, kã'&
- ❖ khñ; Èkfh§ <uƙai xLHdj wvqj j fyd; al , n, fkdü Tj ƙau. kãkj <uƙawe; <; a l r . ekšug mhj r . ; yel s nj okj kã'
- ❖ Wmru i xLHdj 36 l š wj u i xLHdj 12 l š i yh kdht dj l ai šh hq =nj ; a<uƙai xLHdj j eäj j fyd; afmdfrd; a =f, LKhl a; nd . ekfñ wj YH; dj ho fmkj kã'
- ❖ m<uqÈkfhÈ kš we=ñ yd up, am<rn|j I : d fkdI rkk'
- ❖ / <l awdrñN I , nj " úyy, m; \$wdh; k mDdkhd u. kaÈi d fl dui dBi š i yh Èi d fl dui dBi a^myKj yd i yh Èi d fl dui dBi a^fmda I nd, oCl & hk whg , Å; j okj d hj kã'

m<uqj k / < / i ùu

I d, h :- úkdä 75 hš

wNš; d%: :- fuu i ei h wj i dkfhaš i yNd. j k&kka

★ fmda l nd, oCl / <l awdrñNI / i ùu m<n|j m&fhda š w; del š , nd . kš

I ũh :- wdo%Ykh

Wml rK :- fnda hl š j k l : dfú tk i ; kf. amka f fydañ; % fndañ u'' . \$, hk , o pdái š bo, a

I d, h	I šdl drl u	fufyhj k&kd	Wml rK	fj k; a
úkdä 6	m<s ekfi j pk l šhl a mej i ũ bÉBfhš i š a weo. k&kd j evi gyka we; s nj ; a / f, a i ák l d, h ; <š fl , fof, kai kyfj kayd m% fhka l ghq =l rk nj ; ai yka l š u'	wdf l a d		
úkdä 8	yhj , g fnšfi fya =fl áfhkaol j k&k' Wod- i uš l šdl drl i'' l šd w; j ev wdš l ghq = j , š yhj , g fnod ; š u m&fhckj ; h' yhj , a y÷kj kq , nk&ka j %K j , kš t l a yhl g <uka 6l a i ákfi a yhj , g fnokk' hi fyhl ka yhl wvq jeä ũul a i šj j fyd; a yhl g 5l a fyda 7l a fhdod . ; yel ' tfy; aki l rkfhayhl aj Yfhkš t l a t l a yhl g kdhl hl =i y Wm kdhl hl = m; al < hq h'	wdf l a d		
úkdä 8	i yl drhd fi dhd . ekš we; š l j h i y mg l j h j Yfhka l j fol l a i Eš uyk g uyk , d i g ; u i yl drhd y÷kd . ekš' l j fol úreoD w; g Éj f. di a i x{ dfšš i yl drhd fi dhd f. k j d&uu	Wm wdf l a d		
úkdä 7	Yh%Ldka yv wei kq ; ek ol j d j k l : dj l šd fokk'	wdf l a d	i ; kf. a mka f	
úkdä 6	. š h mš l ai fydr\$\$ wm oel , d \$\$ nd, oÉ ũug \$\$ i erfi kj d	Wm wdf l a d	. š h , hk , o pdŪ i gyka	
úkdä 7	hym; aj evl al š u' Wod - j , ame, Eá bÉl u'' i a dkh mš i š l š u	wdf l a d	wod, Wml rK	
úkdä 10	yfhal šdj Wod - fndañ uš mdi al š u ^fj k; ašj Hhl aj j o fhdod . ; yel h&	Wm wdf l a d	fndañ uš	
úkdä 6	. š h m&ñ nKfvda\$\$ kÉu; foda\$\$ i kj . ykj \$\$ ke. ákfl da	wdf l a d	. š h , hk , o pdŪ i gyka	
úkdä 10	/ < l e ũu myk l š u' . á l j h yd W; á j l j h myk q l š u' i šefj ka i ùu i y myi fj ka i ùu myk q l š u'	wdf l a d		
úkdä 6	wj i dkh fi j d yfhal d%hhkay÷kj dš u'' odhl up, a m<n j oekj l al š u'' kfōok - B<Ō / i ũi Ékh oek&uu ũi rhdu	wdf l a d		

I d, h - úkdä 15

Wml rK - I hndj g kexj 0j evi gyfkamgm; I a

wkq ¾. ; h -

- * I hnd; ul I rk , o m<uq/ < / i ùu m&no; i yNd. j kkkai u. i udf, dpkhl fhfokk' ty\$ Uj kq fkdj egyKql reKq; j ýrg; awj fnd0 I r fokk'
- * tyswvx. =j 0úl h I reKqfmda I nd, oË hkai u. I hnd; ul I f fi \$ / < / i ùi fol ; kl g fl dgi al r . ; yel nj meyeË<sl rkk'
- * m%u / < / i j ù úkdvs45 muK I d, hl g i ùd I rkk' th úfkðð; ul I %d" . \$ we; = ; aj evi gykl af, i i l i al r . kk'
- * / < rei ùi I hnd; ul I f ug wj YH j evi gyk" øj H yd Wml rK" i yhl hkawe; j møj i ðdkul kai ákk'
- * fmda I nd, oË kdhl úi ku i hç I ghq =I hnd; ul fkdfl dg i yh kdhl hkq Uj kf. ayel hd wkj j evi gyfkawe; sj . I f " I hndl drl i mj rd fokk' tai oyd fmr myKj I awj YHKi , nd fokk'

fmda I nd, oCl I l

I d, h :- úkdä 45 hš

wNu; d% :- fuu i ei h wj i dkfha i yNd. j kka
❖ fmda I nd, oCl j ev i gyka l hnd; ul I Bfñš Ndú; d l , hq =^l l & oek. ekš'
❖ j ev i gykaúúO; j fhkahq j mñndOu; j l r . ekšug l l Ndú; d l Bug fm<fö'

I l h :- uKav, bÈBm; al f u" ^ mñfhda d &

Wml rK :- mol d i msn | pdái d kš we=u" mol d i " fnda h

wka % . ; h :- uq d l reKQ^ú 6&
by; wNu; d%: j , ol j d we; s mBÈ <uhka myKq l Bfñš hñ l reKq i ñnkDfhka
Tj kf. a we, u fkd l vj d mj ; j d . ekš i | yd l l Ndú; d l rk nj fmkj d fokk'
uKav, fhai udö l hkay÷kj d fokk'

❖ my; l l uKav, fhai dudö l hka, j d bÈBm; al rkk'

01' I l d ^ú 7& - i r, l l dj l kawdrñN l rkk'

Wod(- Èh" f. dv" . j k" i Eu j ev i gykl gu l l d we; ÷ aúh hq hš kš š ; si r, úh hq =w; r
tj d fyd\kameyeE<sl , hq hš úkhdkl + j l l d l , hq hš ch tl u wNmñh fkdúh hq hš

02' . § yd f>d d ^ú 5&

- i r, . § hl ka wdrñN l rkk' Wod(- mññ f. ñfnda "" bl uKka bf. kšug yel úh hq hš úfkdd; ul úh hq hš i r, úh hq hš pdá tl l , hñk , o . § hkabÈBm; al Bu j vd WN; h'
- i r, f>d dj l kawdrñN l rkk' Wod(- fyd | hsfyd | hsfndfydu fyd | hš
- l l dj l ayd ; r. hl awj i dkfhš f>d dj l abÈBm; al < hq hš

03' kš weyu ^ú 5&

- wkkH; dj fmkj k mñdku wx. hl š i udch ; < l emš fmkšug kš we=u fndfyda mñfhckj ; h' ta ki du <fuda fndfyda fi a mñ l r; š l hndYš s fmda I nd, oÈ kdhl fuu wj i a dj Wmfhda S l r . kñka; u / f, a fmda I nd, oÈ hkf. a kš we=u bl uKka i l i a l r . ekšug u. mdod . kš kj erÈ kš we=u Ndú; fhkaorej df. afm%v; j h j vd; a; j %fö'

04' wkHhkq Wml dr l f u ^ú 4&

- i Eu / < / i ùul gu we; ÷ ; al Bug hym; aj evl afhod . ; hq h' mdi f, š mka sl durfhš wj g mBi rfhš kš ru wkHhkq Wml dr l , hq hš

05' yh l l h ^ú 3&

- fmda I nd, oCl / , l yh l l h ; ÷ kafmda I nd, oCl l l hndl dr l ñ b; d fydcka l hnd; ul l < hq hš tl uq ÷ u j %Okh l , yel ' kdhl ; j hg myKj , efi ' Wod(- hym; aj evh

06' oCl ; d myKj ^ú 4&

- orej d i ; j we; s oCl ; d j %Okh l r . ekug wj i a dj , efnk wdl drfha l hndl dr l i j ev i gykaj , g we; ÷ ; al , hq h' Wod(- . § . dhkh" Ñ; %weCu" i r, kegij " w; j ev wdÈh'

07' mol d ñ ^ú 6&

- i 'mš ; ud y÷kj d yka wou; h l l hhl š m% ; šYš S l l hhl š mol d ñ pdá fmkj kka" mol d ñ j % . y÷kj d fokk' ^i dudö l " ; re" mñK; d&

06' j k l : dj ^ú 7&

fmda I wxYfhamoku j l j k l : dj i Eu / , / i ùul š u bÈBm; al , hq hš l : dj l l rx. kh" Ñ; %wCu" . § " l l d u. kabÈBm; al , yel '

i ei h wj i kal š u ^ú 3&

by; i h u l l / , / i ùi j , § Ndú; d l , hq =nj wj OdrKh l rkk'

kş we= u yÿkj d Œu

I d, h :- úkdä 30

wNu; d%: :- fuu i ei h wj i dkfhai yNd. sj kkkä

- ❖ nd, oCl j Hdmdrfhai Eu i dudöl hl gu ^ . sys i dudöl hkayer& kş we=ul awe; snj ; a
- ❖ tu kş we= u kj erEj ye| me<Eh hq =nj ; ä
- ❖ tysf. !rj h wdrCl dj k mBÈ l h d l < hq =nj ; awj fndD l r . khš

I Œh :- foÿk l Œh" i dl ÑPd l Œh" wdo%Yk u. ka

Wml rK :- *a mapdá" l ˆ , E, Œ pdá i gykä kj erÈ nd, oCl kdhl kdhd d" fmdä l kş weÿñkai eri k i Ôu wdo%Yk

wkå % . ; h :-

- ❖ **I r f, kä j** : fuh kş weÿfi mDdk; u wx. hl Œ mdi f, Œ wdh; kfhai j %Kj , g . e, fmk fi a Èi a % ä fha wkåe; hg hg; j " ; Œl dKdl dr yevhg frEj , ka ui d. ; hq =h' th üeu; j yd l Œj ; j me<Œfñ Œ f. , mgmi fl dgi ñg fud, j Œwf; aÈ. l aj Œuymg we. Œ f, aw. i g kj d we; si q e. Œ a ol j d m%dkh úh hq =h'
- ❖ **fj d. , h** : kş we=fn i udK; dj h / fl k mBÈ" l Kvdhfñ i hˆu fmdä l nd, oCl hkati u wdl drfhafj d. , aNdú; d l Œ u j vd; ai Œi qh'
- ❖ **I ñi h** : wˆ j %Kh (Grey)" w; fl dg" fl d<rh rys rj ñ l r i ys l ñi h bÈBfhka 10cm muK új D; l r we; ' fnd; a ñ 2 l ka hq a h' l ñi h l , ñ ñ i dl ä fú my, fl , jr ol j d Èl úh hq ñš mhka rys i dl ä =fol l ka i ukú; h' fmdä l nd, oÈ nd, Œ dj kai |yd fuu l ñi h bÈBmi i i m%Kfhkaúj D; j k w; r l ñi h hg l rkq, efí ' ^m% ; smol ä ñ ud%. fhmgqwxl 3 n, k k' &
- ❖ **I , i u** : kş aj %Kh (Navy Blue) fl dg l , i u' fmdä l nd, oÈ nd, Œ dj kai |yd rEmh n, k k'
- ❖ **yh wKåh** : 3 1\$2 cm l rj qi umdo ; Œl dKhl Œ Wryi aj dáfha i g 1 1\$2 cm my, kai úl , hq ñš ^; vl aby, g i ák fi &
- ❖ **yh kdhl má** : j ñ wf; a fl , jr i g 1\$2 cm by, ka 1 cm m<, l ymdg rnka tl l Œ yfha kdhl má 2 l Œ má w; r m<, 1\$2 cm l Œ Wmkdhl má tl l Œ
- ❖ **i uy kdu ; Œej**
 - i uy kdu ; Œej - Wryi auŒgg g . Efj k fi ai l i al , hq ñš
- ❖ **i m; a =yd fñi a**
 - l ˆ i m; a =yd l ˆ mdg fñi a
- ❖ **fmdä l nd, oCl yi aj ei u ^f; dmmh&** - i i u; yi aj ei fí wdl D; h úh hq ñ' ^uQ i a dkfhka ñ, Œ . ; yel & tysueo ; Œfha2 cml abÈB uŒgg g Wåkad; Œ mol ä u i ú l < hq ñ'

nd, oCl j Hdmdrfhakdhl hkai y Tj káf. al d%h Ndrh

I d, h :- úkdá 30

wNú; d%: :- fuu i ei h wj i dkfhai yNd. j káka

- ❖ nd, oCl j Hdmdrfhakdhl hkai fI dgi a; kI kai uká; nj
- ❖ Tj káfj ; fj k fj ku l d%h Ndrhkamej Í we; snj wj fndD l r . kš

I %h :- foðK l %h" uKav, i dl ÑPd l %h

Wml rK :- l ع , E, a " *a smapdá" pdá i gyka

wká % . ; h :- nd, oCl kdhl hkai fI dgi a; kI kai uká; h

- ❖ i fj ÑPd kdhl hkai
- ❖ . syskdhl hkai
- ❖ j D; a h kdhl hkai

i fj ÑPd kdhl hkáf. al d%h Ndrh (^kš weyí wÈk)

- i h l eue; f; ka fi j hg wem l em j Qj . l l l kai h l d%h Ndrhka bgq l rk kš we=ñ wCk mš l l š fñ wh tál uágfuká i uóy uágfuká Èi a % ayd cd; š uágfukafij fhyskr; fj ; š tafj kfj kaTj káf wél dI m; %l amškefuk w; r" th j d%l š j kúl rKh úh hq =h'

; u ; k; f wkj fudj káfj ; úúO l d%h Ndrhkamej Í we; s w; r i h, a káf. a uqH mruð%: h j káfka<ud yd ; reK mrmrg Rcj u fi j h l š uš

fudj káf w; Bka fmda l nd, oCl hkai yd i ómj u l ghq = l rkáfka fmda l nd, oCl tál kdhl kdhl dj kh' Tj káf. al d%h Ndrh j káfka

- yh l %h l %d; ul l rúu
- fkdI vj d / < / i úi' mej e; úu
- fmda l nd, oÈ hkai |yd khñ; m% ; smol d i' ud%. h l %d; ul l š u'
- md . uka " W; á j " / < s wdš Èi d fō yd cd; š uúgfi nd, oÈ l %dI d r l i' i |yd fmda l nd, oÈ hkai yNd. Š l rúu'
- ol d ; d wkj fmda l nd, oÈ hkaf m%K; d mol d i' , ndŠu'
- i uóy nd, oCl kdhl hd yd wkš ÷ akdhl hkai u. l úgqi i nkD; dj hl kal ghq = l š u'
- Èi d nd, oCl / i úi' j , g i yNd. Š u yd Èi d nd, oCl uq i a dkh i u. l úgq i i nkD; dj hl kal ghq = l š u'

. syskdhl hkáf. al d%h Ndrh (^kš weyí fkdwÈk)

fuu mš l nd, oCl j Hdmdrh mš n |j oeá we, ul aoel j j o l d%h nyq ; dj h u; Rcj u i ñnkD úug wmyi q fyhka wél dI m; % fkd, nd nd, oCl j Hdmdrh fj kfj kayel s i Eu úgu l d, h" Y%h" Okh j eh l r; š fudj kái uóy" Èi a % d uágfukayd cd; š uágfukai dudöl ; j h , nd úúO l d%h Ndrhka bgq l r; š "i ñm; aodhl hkai" f, i fudj káf. kand, oCl j HdmdrfhaWkk; hg uy. = l d%h Ndrhl abgq l rj d . ; yel sfō'

j D; a h nd, oCl kdhl hkáf. al d%h Ndrh

nd, oCl j Hdmdrfha ukd oekul awe; s Tj káfka m%K l d, k j fi j h l rkq, n; š j egma , nk kdhl hkaj k fudj káf; ukáfj ; mej frk l d%h Ndrh bgq l š ug neE i á; š

- Tj káfkdhl hkamqKqI š fñ l ghq = j , kr; fō'
- Èi d yd cd; š nd, oCl uq i a dkh w; r i ñnkE l rKh mj ; j df. k hš
- f, dā nd, oCl i x. uh ; ÷ fuj eksj D; a h nd, oCl kdhl hkamš l awe; '

wkkg Wml dr l ſu i |yd yre l ſu

l d, h # úkdä 45

wNsu; d%: # fuu i ei h wj i dkfhAſ i yNd. j káka.....

- ❖ i Eu oj fi u hym; a j evl a l ſu" fmda l nd, oE hl = i ; =wkj d%h . Kdx. hl a nj ; a ; u kj i kamgkf. k mdi , " / <" wi , j di kai udch yd ; u rg f; l a tu fi j dj úysſ hkkl anj f; rei . ekſug; a
- ❖ fuu fi j dj wd; u úYj di fhka hq j j vd; ai d%: l f, i l rkkkg ki ta ms:n | m%dkj ; aoekul ayd ukd myKj l awj YH nj ; a
- ❖ fuu oeku yd myKj , nd ſu i |yd i Eu i ; m; d / i ùul ſu úkdä 5-10 w; r l d, hl afj kal < hq =nj ; a tai |yd fmda l nd, oE kdhl hkkg wu; rj i i m; a odhl mpa , hka f, i úúO wxYhka ys kmK; d we; s . fej rekf. a wdſ nd, oE hkf. ayd ys j ; kf. afi j h , nd . ; yel snj ; aj gyd . kſ

l %h # ufkdäúu¾Yk l %h	úkdä 10
foðK l %h	úkdä 20
m%fhda ſ l %h dl dri i	úkdä 10
i ei h wj i kal ſu	úkdä 5

Wml rK # i ei si gyfkaol j d we; sl %h dl dri i , ehi a j yd wod, Wml rk yel s ri m%¾Ykh l ſu i |yi h'

Wod #- fl di a " bo, " Woe, a " f%l d h" ú, nefrdj " wvj " myh " l h; " nrei j " j eg l ; €" w; al h;

wka % . ; h #

01' i ei hg múi ſu - ufkdäúu¾Yk l %h u. ka wkHhkkg Wml dr l < yel swj i a d i y l % i yNd. j kákkf. ka, nd . ekſu

02" foðK l %h

- fmda l nd, oE fmdfrdkjyfö wvx. =Ekm; d hym; a j evl a l ſu hkak u; l a l r ſ fydl m%j ei fh l =úu i |yd fi . ek i e, l <u; aúu w; Hj YH nj fmkj d ſu
- fl ; ri i % Wml drhl aj j o th b; d j eo. ; anj fmkj d ſu
- fuh m%ufhka; u kj fi a a; u uj g Woō l ſu ; <kamgka. ekſug Wmfoi aſu' mdi , a Wml rK wdEh wrmſuei fuka Ndú; l ſu yd ; ukf. aj ev ; uka úi kau l r . ekſu'
- ; ud hk tk i Eu úgu ; ud <. l %d ma di g% l en, sl %hl d i <snE. hl d i oDdf, m l %mhl ameri gfudá afm; ſfol l aj eksyEi swj i a dj l oſ; udg fyda fj k; afl fkl g myg úh yel ſfoawvx. =mel eÜg l a, . ; nd . ekſu m%hdckj ; anj fmkj d ſu'
- fuu oeku yd myKj , nd oſu i |yd i Eu i ; m; d / i ùul ſu úkdä 5 -10 l d, hl a fj kal < hq =nj ; a tfukau fj ku Ekh l a fhod . ekfi fhda H; dj ho meyeE<sl r ſu'
- fufi a l ſu ; <ka kEu fi j dj l a wd; u úYj di fhka hq a j l rkkkg fmda l nd, oE hdg yel hdj , efnk w; r i eu / i ùul a mdi du w'; ka hul a bf. kqg , ei fi ; Dma h we; j k nj o fmkj d ſu
- ; u orej d nd, oE j Hdmdrh ki d j vd; a m%hdckj ; a whl =nj g m; aj k nj ol k foudmhkao Tj kaj v j vd; aEſu; al ſu ki d fmda l nd, oE / <g we; swdl %Ykh jeäúu ; <ka ; j ýrg; a orej ka nd, oE j Hdmdrhg we; <; a úfi m%K; dj h jeä j k nj meyeE<sl r ſu

- wkkkg Wml dr l šu i y tai | yd yre l šu we; a j Yfhku nd, oĚ wruKq
i dl d; al r . ekšug rel 7 l anj ; yj re l r šu

03' mšfhda š l šndl drl i

- 1' ákal grhl aNdú; fhkaákatl l al eāu
- 2' i m; a j l afmd<i al šu
- 3' fvi atl l g ; ška wdf, m l šu
- 4' md; a hl a i l i al šu fyda tj ekkl a wdo¾Ykh l šu i yNd. j kkkkg tu w; a
oel šu , nd . ekšug wj i a dj i , i d šu

04' i ei h wj i kal šu

wkkkg Wml dr l šu i y tai | yd yre l šu fmda l nd, oĚ hdg nd, oĚ j Hdmdrhg yd
i udchg fl ; ri ýrg mšhdckj ; a o hkk i yNd. j kkkka fl df; l a ýrg wj fnd
l rf. k we; dehsmsl á ņkaTj kš. kam%k l ņhl awi d mšš 7e , nd . ekš

foj k / , / i ùu

I d, h :- úkdä 75

wNsu; d% :- fuu i ei h wj i dkfhai yNd. j káka

- ❖ fmda l nd, oCl l ghq =bEßhg f. k hdug / , / i ùñ i xúOdkd; ul j mj ; j d . ; hq =nj oek . kš
- ❖ / , / i ùul wvx. j k wx. m<n|j ; j ýrg; awj fndD l r . kš
- ❖ / , / i ùñ ; = ka fmda l hkam% ; h l rd hd hq =nj oek . kš

I %h :- wdo%Ykh

Wml rK :- fmdfrdkáj , hk , o pdá" l egh" meñKfi f, lKh" . \$ h , hk , o pdá" j k l : dfú mka f

wka % . ; h :-

I d, h	I %dl dri u	fufyhj kkd	Wml rK	fj k; a
úkdä 5	uQ d l reKq /< l e ùu ^ . á l j h i Eßu yd W; á j l j h i Eßu& mÍ l á Kh ^fi j d yfhakdhl i ák ; ek i g l j fha f. di a mßi s-l u mÍ l á d l r wdf l a dg j d% ; d l < hq h's wdf l a d th m% dY l < hq h' & ki' , l Kq l f u yd i dudöl up, al eghl g tl ; =l r tams<n j wdf l a dg j d% ; d l < hq h' wdf l a d th m% dY l < hq h'	wdf l a d Wm wdf l a d		
úkdä 5	/ f<al %dj i x{ d t<s	wdf l a d		
úkdä 20	f. !rj f>dä dj myqKql rñu kj eroj l rk ; fe myqKql rkk' / < j Yfhkayd yhj , a j YfhkamqKql rkk'	wdf l a d		
úkdä 5	. \$ h Wod- . S. hu0. hu0// i hçu l ror ke; û hhsú. i k . S. hu0. hu0	Wm wdf l a d		
úkdä 10	fmda l nd, oE fmdfrdkáj hym; a j evl a m<öUqj k l : dj l a l hd fmdfrdkáj bEßm; a l f u yd meyeE, s l f u	wdf l a d	fmdfrdkáj , hk , o pdÜ i gyka	
úkdä 10	hym; a j evl a l f u' Wod - u, amd; a hl g j ; f oeóu" Nñfhawe; s l Kq frdvqt l ; ekl g tl ; =l f u' Wml rK Ndú; d l rk wdl drh l hdßu'	Wm wdf l a d	wj YH Wml rK	
úkdä 10	wdpdrh yd w; g w; ßu b. ekúu' kj erEj l rk; fe myqKql r l j fhal %d u. ka; yj re l f u	wdf l a d		
úkdä 5	Yh%Ldka. ydj g meñKú ol j d fl dgi rO ±l ùu'	Wm wdf l a d		
úkdä 5	f. or hdfi mÍ l á Kh ^wdf l a d úi ka l j fhaueo i g l rk mÍ l á Kh& kföok ^fm!oa , d f, d. a fmd; y÷kj d fokk& f. !rj f>dä dj úi r hdu ^ol Kq ye l wdpdr l r úi r hdu&	wdf l a d		

újd; i ei h -

fojk /< /i ùu

l d, h # úkdä 15

Wml rK # l ðdj g kexj Qj evi gyfkamgm; l a

wka ¾. ; h # l ðdj; ul l rk , o fojk /< /i ùu msn|j i yNd. s j kka i u.
i udf, ðpkhl fhfokk' tys§ Tj kq fkdj egykql reKq; j ýrg; awj fndð l r fokk'

tyswvx. =j Qúl h l reKq fmda l nd, oË hkai u. l ðdj; ul l ðfi § /< /i ùi fol ; kl g
fl dgi al r. ; yel snj meyeË, sl rkk'

fojk /< /i ùu úkdä 60 l g muK i ðd l rkk th úfkðð; ul l ðd" . § we; τ; a
j evi gykl af, i i l i al r . kk'

/< /i ùu l ðdj; ul l ðug wj YH j evi gyk øj H yd Wml rK i ydhl hka we; j mðj
i ðkul kai ákk'

fmda l nd, oË kdhl j i ku i h' l ghq = l ðdj; ul fkdfl dg i yh kdhl hkq Tj kf. a
yel ðd wkj j evi gyfka we; sj . l § l ðdl dri i mj rd fokk' tai |yd fmr myKj l a
wj YH ki , nd fokk'

fmda l nd, oE ol d ; d

l d, h # úkdä 90

wNü; d%: # fuu i ei h wj i dKfhaS i yNd. j kKka

tEfkod Óú; hg mFhdKj ; a. eg msn|j yrej l awe; snj / < / i úug wj YH f. !rj f>dä dj yd fl däh ti úug i ðdk'i l íu msn|j wj fndD l r . kS

l Wh # fí i al Wh

Wml rK # fí i awxl " . eg msn| rEm i gykð . eg , Kq k<dj " fl däh" fl dä <Kj " fl dä l Kj

wkq ¾. ; h #

- fí i al Wh wkj l Wh; ul j k wdl drh msn|j i yNd. j kKkaoekj ; al íu ^úkdä 5 &
- fí i ay; rl my; i |ykaoE myKql < hq hñ tai |yd úkdä 15 ne. kafhdod . kK'
 - fí i a01 - mBñ . egh
 - fí i a02 - rej , a. egh
 - fí i a03 - , Kqw. fj , ð
 - fí i a04 - fl däh úyýúug i ðdk'i l íu
- f. !rj f>dä dj kj erEj l rk ; fe fmdýfö / <gu myKql íu - úkdä 15
- i yNd. j kKka / i fl dg fuu Ys mñ ol d ; d msn| i udf, ðpkhl al rkk' úkdä 10

f; j k / < / i ùu

l d, h # úkdä 75

wruK#

1' wx. i i m%K / < / i ùul al %nd; ul j k wdl drh oek . kS

2' / < / i ùul wvx. =úh hq =i h'' l reKqoek . kS

3' / < / i ùul a ; <ka fmdä l nd, oE hkf. a m% ; h fuka , eEhdj ka we; s l , yel s nj oek . kS

l %h # wdo%Ykh

Wml rK - l egh" meñKfi f, Lkh" fl däh" . \$ pdÜ" kS h , hk , o pdÜ" l ÷d bo, ð mgd i ; j rEm" l v bB i gykð fõ" kqfl d, " . i

l d, h	l %ndl drl i'	fufyhj kkd	Wml rK	fj k; a
úkdä 15	uq d j ev /< l e ùu m' l l K h -Wod" khfmd; =ne, ð " ki' , l Kql f u " i dudöl up, atl ; = l f u f. !rj f>dä dj	wdf l a d Wm wdf l a d Wm wdf l a d	meñKfi f, LKh	
^fl däh i yd j eä l d, hl a . ; hq %h	fl däh ^ki sms<fj , fydCkamgKql , hq %s& cd; ð . h wd. u i sysl f u oj fi ai s é, a	wdf l a d Wm wdf l a d	fl däh	
úkdä 6 úkdä 10	/ < l %dj - fl dl d - fl dyd j k l : dj - Yh%Ldka. ydfj kabj ; j hk wj i a dj ol j d	wdf l a d Wm wdf l a d		

wka
; ¾
.

h #

l d, h	l %ndl drl i'	fufyhj kkd	Wml rK	fj k; a
úkdä 4	. \$ h - wdf l a d \$\$ l \$ re ù \$\$ nd''f. kS h \$\$sms<meod\$\$	wdf l a d	. \$ h , hqpdÜ tl	
úkdä 10	fmdä l nd, oE kS s3 l hd šu 1' fmdä l nd, oE hd wdf l a dg l \$ re fj hš 2' fmdä l nd, oE hd m%hdckj ; a wfhl afj hš' 3' fmdä l nd, oE hd j vd; afydCka l f u g h; k orhš	wdf l a d		
úkdä 5	ol d ; d myKj - bo, w, a k wdl drh yd bof, kaw; =. dk	Wm wdf l a d	l ÷d bo, a	

	wdl drh			
úkdä 5	yfhAl %dj - yhj , aj Yfhkafmą s i EŞu - i x{ dj l aýkaúg bĒĒfhka i ák fmda l nd, oĒ fhdamggj gd Ēj f. di afmąfhabĒĒfhkai ák ; eke; a dg ; Ūgql r fmąfhaw. ka b . ekŪ	wdfł a d	mgq	
úkdä 10	k%udKd; ul l %d - j k l : dfō tk i f; l ₣. a^Wod- j Dl hd& yevh (out line) wĒk , o fl d< fmda l nd, oĒ hkg i mhd tj d fō; Kq fl d<j , kaw, j d i i m%K l ū	Wm wdfł a d	i ; df. ayevh wĈk , o * fl d<" fō " KqYdl m; % * . i	
úkdä 10	wj i dkh - f. or hdfi mÍ l á Kh ^fuh whkal rkq, nk mBl á Khl a& kfōok - ó, . / i ūug tk úg mdg fpdā afmŪáhl a/f. k tkk' f. !rj f>dā dj fl dāh my; fy, ūg myqKql ū úi r hdu	wdfł a d		
^fl dāh my; fy, ūg j eā l d, hl a . hq #s&				

f; j k / < / i ðu

ú j ð; i ei h

l d, h # - j k dá 15

Wml rK # l ðdj g kexj ðj evi gyfkamgm; l a

wkq ¾. ; h

- ❖ f; j k / < / i ðfi w; m; % dj fnod È tys wx. m<n|j fyðka oekj; a l ð u
i y i yNd. j k k k f. am% k j , g m<s € e i emh ð l < hq k s
- ❖ fl däh úyýùfi § fokq, nk úOdk “fi j d yfha kdhl fl däh i ðdkí l rká”
“/ < fl däh foi g yefrká” “wðpdr l rká” hk úOdk j eä kej; ðl kaf; drj tl
È. gu . , d hd hq k s
- ❖ fuh i yNd. s j k k ka Wfoi d l rkq , nk f; j k / < / i ðu h' <uhka i u.
l ðd; ul l ð fi § fuyswvx. =l reKqj dr fol l § fyda; k l § fhdod . ; yel '
- ❖ fmda l nd, oÈ wðpdrh " f. !rj f>ð dj Och úyýùu i y Och my; fy, ð " fmda l nd, oÈ / , / i ðul wdri Nh yd wj i dkh w; m; % dj , wvx. =l reKq m<n|j ukd wj fndðhl a, nd oh hq k s ^fuyswuðKd we; '&

fmda l nd, oE wprh " f. !rj f>da dj
 Och úyÿuu i y Och my; fy, ß

^w& fmda l nd, oE wprh

fmda l nd, oE hka wprh l rk úg l äi r f, i w; by, my, oeñh hq ðs wprh l rk
 ; eke; a d i ðefj ka i g wprh , nk ; eke; a df. a uyyKq foi fl , ka u ne, h hq ðs YÍrfha
 me; f; kaol Kq w; T i j k w; ru" nd, oE i , l K ^wxi 1 rEmh & fhod Wr yfi ai g j e, ñg
 ol j d fl dgi fmd<j g i udka rj onr. ş a ol Kqwei aneu w. . Efj k mBÉ w; a bÉBhg yry d
 wprh l < hq ðs ^wxi 2 rEmh & YÍrhg bÉBfhka l äi r j w; my, fy, h hq ð



(අංක 1 රූපය)



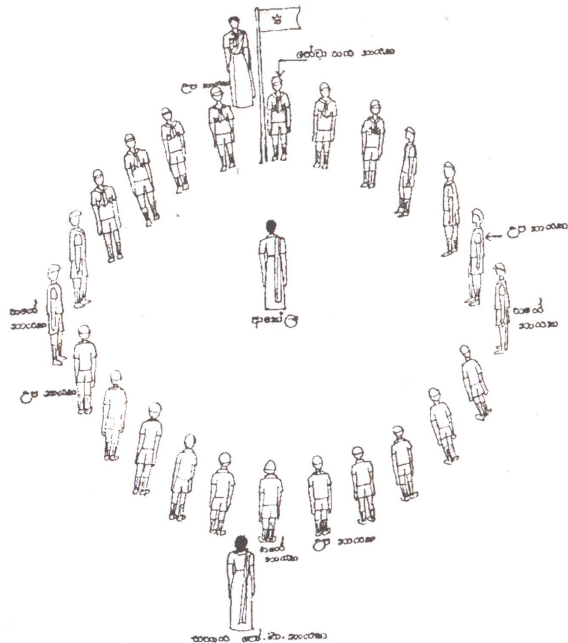
(අංක 2 රූපය)

^w& f. !rj f>da dj

1' wdfi a d" / < / < / < hkfj ka / < l e | j h s

2' i h" u fmda l nd, oE fhda tl j ru / < hhs m x s ðe foñka wdfi a d fj ; g Èj
 ú; a wdfi a d ueE l r y h j Yfhka Wrg Wr . Efj k fi a . á l j h i do; ş i Eu
 yhl u kdhl hd yfhaol Kka^uq k& o Wm kdhl hd j fuka^w. g o & i á h hq ð

3' wdfi a d W; á j l j h hehs l S j g fmda l fhda w; aw, a df. k mi ñi g . ukal r wdfi a d ueos
 j k fi ao fl dvs. i tu l j fhaj g r j ug we; ; aj k fi lo l j hl ai do; ş W; á j l j h i Eoñi
 ş fi j d yh"fl dá . i j i mi kai g . Khs tl ai y h fmda l nd, oE kdhl fhl a fl dá . i g
 mgñi ka wdfi a dg uyyK , d i á h s ; j ; a i y h fmda l nd, ol ol kdhl fhda i á; a ki Tj ßyq
 wdfi a dg mgñi ka l j fhkamg; fl dá . i g uyyKq, d i á; ş ^wxi 3 rEmh&



kasun wijayasekara
 අංක 3 රූපය

4' wdfi a d fi j d yfhakdhl hd foi n, ñkaol Kqwf; aj e, ñg ol j d fl dgi " YÍ rhg ol Kq me; f; kafmd<j g i udka r j k fi o" j e, ñfgkamy, fl dgi 90° j k fi aWV w; g kj d w; a fi j d yfhakdhl hd foi g i ák fi o i áñkaf. !rj f>dd dj i |yd i Ødkñkai ák f, i i x{ d l rhš ^wxl 4 rEmh &



(4 0000)

wk; fej f. !rj f>dd dj weröfi i x{ dj f, i w; my, fy, hš

5' w; j e, a w, a d f. k i ák fmda l nd, oÉ fhda wd----- fl a-----, d i Eu ù¾h l ri ' l hñka f. !rj f>dd dj fo; s fuys § ù¾h l hñk úg w; a nre, a l r "l ri" l hñk d; a i u. my, ka w; mähla . i d Wv mkñka w; a by, g Tij d YÍ rh fomi ka l j d l drj w; a my; fy, d i fej kai g . kš §

6' túg fi j d yfha kdhl hd wdpdr l rñka l rō -----l rō ----- l rō ----- l rō hhs i o j ri ayv k. d l hhs

7' / < ^wdpdr l rñka & wms l ri ----- l ri ----- l ri ----- l ri hhs mks § fe fo; § uq aj ; dj g l ri hhs mej fi k úgu l j h ueo i ák fmda l nd, oÉ kdhl hd muK l a wdpdr l š u wdri N l r"wj i dk l ri hkfkka kdhl hdo fmda l nd, oÉ fhda o t l j ru wdpdrh wj i ka l r; § f. !rj f>dd dj i Eu / < / i ùul awdri Nfha § yd wj i dkfha § mj ; j kqwe; '

^B& Och úyÿùu

^fmda l nd, oÉ / < / i ùi j , § &

01' / < / i ùu wdri N l š ug fmr fl däh úyÿùug wj YH mBÈ i l i afl dg fl dā . i uÿfk ys r | j d ; eì h hq ð'

02' f. !rj f>dd dj mej e; aj lmi qwdfi a d my; i |ykaúOdk fohš

1. "fi j d yfhakdhl fl däh i Ødk i l rka" fuys § fi j d yfhakdhl hd fl dā . i bÈBhg i rnyaj meñfKa Tyq nre, j t, f, k , Kfō yel s muK Wäka w, a df. k fl däh úyÿj hš&

2. "/ < fl däh foi g yefrkä"

^fuu úOdkfha § fl dā . i g foi g yefrk w; r fl dā . i g fl , kau uÿK , d i ák fmda l nd, oÉ fhda tf, i u i á; §&

3. "wdpdr l rka"

^i h u fmda l nd, oÉ fhda wdpdr l rñkai gs §&

m<uj k úOdkfha § fl däh úyÿ j lmi l fl dā . i g mmi kai ák i yh fmda l nd, oÉ kdhl § kdhl d fl dā , Kj fl dā l Kfō . eg . i hš fi j d yfhakdhl t l a m h j r l a mi a g f. k wdpdr l r w; my; fy, kj d; a i u. fuf; l a wdpdr l rñka i á i h u fmda l nd, oÉ fhda w; amy; fy, ; §

4. cd; ǀ . fhkami q

“fi j d yfhakdhl wdm q. ukal rka” “/ < l j h foi g yefrk” hk úOdk fohs

^fuysS fi j d yfhakdhl ; u i a dkhg hk w; r fl dá . i foi g yeí i á fmda l nd, oE fhda l j h foi g yefr; s&

^W& Och my; fy, ũ

^i Eu / < / i ùul awj i dkfhaS&

Och úyŷj ũg i Ødkij i á wdl drhgu / < fl dá . i wi , l j hl ai eS myi qj kai á; s ^fl dá . i g mgqni kai ák i ydh fmda l nd, oCl kdhl fl dah my; fy, ũg myi qj k mBÉ fl dá , Kj nre, al r ; nhs& fl dah my; fyÆ mi qfl dah fkdj eaug o j . n, d . khš

5. wdfi a d #- “fi j d yfhakdhl fl dah nEug i Ødkij l rka”, “/ < fl dah foi g yefrk” hk úOdk fohs

^fuysS fomi kai ák fmda l nd, oE fhda fl dá . i foi g yefrk w; r fl dá . i g uytK , d i ák fmda l nd, oE fhda tf, i u i á; s fi j d yfhakdhl yrenyáj fl dá . i bÉBhg f. di a fl dah my; fy, hš&

wdfi a d #- fi j d yfhakdhl wmi q. ukal rka” / < l j h foi g yefrkahk úOdk fohs fuyso fi j d yfhakdhl ; u i a dkhg hk w; r fi i qfmda l nd, oE fhda l j h foi g yefr; s

fmda l nd, oE / < / i ùul wdri Nh yd wj i dkh

fmda l nd, oE / < / i ùul j evi gykai i mdokh ' / < / i ùul wdri Nh ^uq ǀ j ev& my; i |ykawkqms&fj , kaúh hq h'

uQ ǀ j ev #

- 1' míl ǀ Kh ^o; ǀkhfmd; #fm!oa , ǀ mBi ŷl u wdEh &
- 2' k'í , l Kql ǀ u i y i dudØl up, atl ; =l ǀ u
- 3' f. !rj f>dá dj
- 4' fl dah
- 5' cd; ǀ . h
- 6' wd. u i ŷsl ǀ u
- 7' oj fi ai s é, a

/ < l ŷdj ^i h, a kau i yNd. súh hq h'&

/ < / i ùul j evi gykg we; ǀ ; aúh hq =l reKq

- 1' ; re j ev yd mol ǀ i j ev b. ek&u
- 2' ; re j ev yd mol ǀ i j ev míl ǀ d l ǀ u ^l ŷd u. k&
- 3' l ; dk& r yd l ŷd
- 4' r. mEi yd . s
- 5' k&udKd; aul l ŷndl drl i ^w; ǀ i ŷ; %j ek&
- 6' mKÍl ǀ K j ev
- 7' yfhaupj , yhj , aj YfhkamytKqúu
- 8' hym; aj evl a- ol ǀ ; d mytKj l a

/ < / i ùul awj i kal ǀ u

- 1' f. or hdfi míl ǀ Kh ^<uK&amBi ŷj ms&fj , kai ào hkk . ek& fuh wdfi a d l j h ueo i gf. ku wei kal rk míl ǀ Kh l s

- 2' křōok
- 3' f. !rj f>đđ dj
- 4' fl dāh nEu
- 5' úi r hdu

- / < / i ùul amej e; ùfi š i e, l s; aúh hq =l reKq
- 1' j ev i gyk fyđk kawOHkh l < hq ě'
- 2' tai |yd wj YH Wml rK i ě, a u l, awe; j i ědkí l r . ; hq ě'
- 3' / < j evi gykal šđl d' úfkđđ; ul t j d úh hq ě'
- 4' / < / i ùi j , m% ; šš si j rEmhl a; š h hq ě'^b; dj eo. ; a&
- 5' / < / i j šl aó'75 l g muKi šd úh hq ě'

- / < / i ùul awj i dkfhaš we. hš
- 1' / < / i ùu úfkđđckl ùo@
- 2' fmda l nd, oÉ hškaw; afohl abf. k . kq, eř o@
- 3' / < / i ùfi wvđđvđ i fudkj do@
- 4' Tnf. ai ydh kdhl hd škdhl dj Tng i yh ùo@

i ei swxl # 19

/ < md, kh

I d, h # úkdä 15

wNsu; d%: # fuu i ei h wj i dkfhai yNd. j kkkai d%: I / <I amj ; j df. k hdu
i |yd I %j ; j fmd; am; amj ; j df. k hdfi j eo. ; d u wj fndO I r . kS

I %h # foäYk I %h

Wml rK # P1/02 fudähq h" wod, fmd; am; a"* , mpdÜ " I " , E, a

wkq % . ; h #

i d%: I / <I amj ; j df. k hdu i |yd my; i |ykafmd; m; awj YH nj j gyd fokk'
i yNd. j kkkkg fi i |yd fudähq hl a, efnk nj ; a" tamsn| B <. foäYkfhaS j eä úi a r
oek . ; yel snj ; aokj k' my; i |ykafmd; am; amsn|j oekj fokk'

- f, d. afmd;
- i dudöl up, af, LKh
- . S fmd;
- we; ùfi f, LKh
- i ; m; d j evi gyka
- I : dkq r fmd;
- m% ; si gykafmd;
- meñKfi fmd;
- I %d fmd;
- m% ; sm; % d

fi yer my; i |ykawj YH; d i mrd . ekú / f<ai d%: I md, khI g w; Hj YH nj meyeE, s
I rkk'

- oeküi mj rej
- i uÿ wdOdr I ñgj
- fmdq I nd, oE I áh fydaI nâ tI

fudähq yÿkj d Œu

I d, h :- úkdä 15

wNŒ; dŒ: :- fuu i ei h wj i dkfhŒsi yNd. j kkkä yri a wOHdmk Wml rKhI aj k fudähq
fmdä I nd, oE kdhl hkai h myKfŒŒ M, odhŒf, i mByrKh I rhŒ

I Œh (- foäYk I Œh

Wml rK :- P1/01 fudähq h" P1/02 fudähq h

wkq ¾. ; h :-

☞ P1/01 fudähq h ; 7 ka / f<aj evi gykl ai e, i ij I Œu ms<n | j o" P1/02 fudähq h ; 7 ka
fmd; m; ayd , msf. dkqms<n | j o i yNd. j kkkä wj fndŒhl a, efnk nj i ei skdhl
j gyd Èh hq hŒ

☞ fuu fudähq h mBYŒ kh fl dg wod, mej reu Œ we; sWmfoi awkj yel smuK i i mŒK
I rf. k tl aÈk i i uka Œhg / f. k tu w; Hj YH nj wj OdrKh I rkk'

bĒB myKj

I d, h :- úkdä 15

wNú; d% :- myKj , enQkdhl hdf. abĒB myKj m<n | wkq ukh l < hq =l %hdud%. m<n | l ghq j , g wj Odkh fhduql rhs

I %h (- foðK l %h

Wml rK :- wod, pdÜ O.H.P. " *a snapdÜ" nyqudOH

wkã % . ; h :-

- ☞ bĒB udi fol l ayd ; Kl awe; ; S tl aĒk i i uka %Khl g i yNd. Súh hq =nj
 - ☞ i i uka %hg i yNd. sùu wkj d%h nj
 - ☞ tyS mej rei bĒBm; al <hq =nj
 - ☞ ; u Ēi d i x. ufha / i ùi j , g i yNd. Sùu yd wod, kS Odí kai u. l ghq =l Bu
 - ☞ fĒl G kdhl hkaf. a / < / i ùi k l d Kfhkaw; del S , nd . ekS
 - ☞ wkwh i u. . egz i dl ĒPd l r úi yi , nd . ekS
 - ☞ fmda l nd, oĒ hkq Ys mñ myKj , ndSfi S Tn m%j i Ødkul kayd ukd myKj l ka hq j bĒBm; al rkk
 - ☞ nd, oĒ j Hdmdrh m<n | j fmd; m; amBYs kh l rkk'
- ❖ I wöhr myKfj kami qII wöhr myKj g hEug fmr ; u i uÿfhawj u j Yfhka; ud j i kau myKql < kj l hka12 fofkl aj ; ai dudcl ; j hg we; ; al r ; nh hq h'

wj i dk j kdvsmfyðSi dudcl mol d fuswj YH; d 10 kusl r tai |yd "fmda l nd, oĒ j ev i e, ei u" fmd; l awe; snj oekj S' i dudcl mol d u mrkeuSg fmr fusi hM wj YH; d i ousmK l r tj d khus mros Tj kf. am% ; sm; % dfj si gykal r . ; hq =nj j gyd fokk'

mdGud, d wruKq- 11

I d, h :- úkdä 15

wNu; d% :- fuu i ei h wj i dkfhðsi yNd. j kkkk
fuu mdGud, dfö wruKq1 hgf; abEßm; al < wfmä d d i mrdf. k we; ðehsm%Ykh
l rhs

I %h (- foðK l %h

Wml rK :- *a mapdÜ" wruKq1 pdÜ i gyk

wkã % . ; h :- wruKq1 hgf; aael j 0woyi ai ys pdÜ i gyk kej ; m%Ykh l rñkatu wruKq
bgj fhaehstl fkl f. k i yNd. j kkkai u. i dl ÑPd l rhs Tj kf. am% pdr
úui hš

i udma foðkh

mdGud, d kdhl úi kawpd%h uKav, hg, i i m; ampa , hkg, wkq %yl hkg,
i yN. j kkkk i a % sl rhs bkmi qi yNd. j kkkawu; ñkaTn oekawEhr 5
kdhl hkamyKq1 s i j ev m%j , g wj ; %k ù we; ' tysfmg u Tn mhj r k. kq
we; ehsuu úYj di l rñ
Tfí wdh; k mðkhd fuku fuys wdpd%h uKav<h o. Tfnka n, dfmdfrd; a = j kfkka
; j ; a orej ka mBi l g nd, oE j Hdmdrfha M, fk, d . ekug wj i a dj Wodl r Šuhs ta
uy. = fi j h fj kfj ka uf. a A wdpdr uKav<fha a i Ñ me; ð Tn fj ; mßkuñ' j eks
woyi l am% dY l rhs

fl dah nEu yd úi r hdu

wj i dk foðKfhkami qi yNd. j kkkai y wdpd%h uKav<h fl dä . i bEßfha / i ùug
i , i d fi j d l dKav kdhl u. kaf l dah my; fy, d " wmsfj uqt l uj l f. orefj da. \$ h
. dhkd l r" w; g w; \$ i Ñ me; ùg i h, a kgu wj i a dj , nd \$ wk; fej úi r heùu
i ýl , hq =h.

**^we& nd, oË
kdhl myKj**

^i ei swxl 8 i g 22&

- ; u Ōú; m̄n̄o m̄h̄; Š o¼Yk f. dvk. d. ekŭ wrUk l d, j l j dkj l š
- kdhd wvq̄yq̄d̄ ī . ek i el we; j k l d, hl š m̄B̄ñ <ūka mm̄f̄ō frdu wvj Ō úg ykudkhl awe; š r . khš
- wdl ŭKYŠ ħ" . dhl l Kvdhi j , g neŠug" foŷmd, khg i i nkŌ úug m̄h̄ l rhš
- fouōmh md, kfhkakoyi aúug udk n, hš . ŕe fouōmh Wmfoi ame; j o wkl š i j , g hg; afkdfō'
- i u j hi al Kvdhi yd tl úug m̄h̄ l rhš
- l < hq =foa. ek j eä wj Odkh fhduql rhš ^weŠu" me<Šu" wdydr . ekfi m̄sfj , &
- ; u ; ŠK . ek j eä Wkk̄j̄j l aol j hš
- fo. ähd̄fj kahq =j l , af. j hš
 - I. j eäyáhl =f, i yei frkj do ?
 - II. <uhl =f, i yei frkj do ?

❖ wNreŌka^wdYd& - Urges

- fmd; m; al ħúu - ryi amÍ Cl l fmd; ħ wNryi ħ ; ŭi ckl l : d" Ń; %l : d m̄h̄ l rhš
 - rEmj dykš Ń; ħá" keröug" . j kaúy, ħg i j kaŠug m̄h̄ l rhš
 - m̄h̄; u k̄k̄k̄hka; od; ōl rKh l rhš
 - l Šd" l dhd i xj ¼Ok wNHdi m̄h̄ l rhš
 - wd. Ńl , eĔhdj - l ÷ y, fhkahq =j ; ¼l l rhš
 - wkđ. ; / l ħd . ek i yk uj hš mdi , yerhk i ŭdfō oŠud¼f. dmfoŷKh j eo. ; ah'
 - rxpq. ei fi wdYdj '
 - kdhl ; j hg m̄h̄úu'
 - k¼udKYŠ sj evg we; syel ħdj '
 - i ; H m̄s ekŭg m̄h̄ l ū'
- ❖ by; , Cl K fmda l nd, oCl j hfi a Š i y udkj l nd, oCl j hfi a Š fj ki a fō' fi fj ki ħ i nd, oCl kdhl hd fydĔkawj fndŌ l r . ; hq =h'
- ❖ <uhdf. ayev. ei ug i udc i dŌl o n, mdhš fi i 'oyd n, mdk m̄Ōdk wxY ; kl aael ūh yel sh'
- IV. kj i
 - V. mdi ,
 - VI. ndyr i udch

fuhkaj eäu n, mEu j kfkakj i hš

❖ <uhdf. ai odpdr i xj ¾Okhg o wOHdmkh we; ¾ I reKq. Kkdj I an, mdhš

- i udc mka h - wd%ÓI ; ; j h
- mj f, ai j Ndj h
- fouõmh wdl , m
- mj f, ai ß; aúß; a
- i udc w; del š ^i udc mBi rh&
- i xi d D; d i dOI
- wOHdmk bvm% a d

i udma h (-

tki d <uhd yev. ei ùfi š Tyqj fydÈkayykd f. k kj fhj kaúfhaš"

jeäyá uúgfukawê; I fi re fkd l < hq =h'

<ud uúgfukawj ; I fi re fkd l < hq =h''

“nd, oË I Kävdhul awdrí N I í fi kí s ms&fj <”

Correct Procedure of Starting a Scout Troup

wNsu; d¼: - I Kävdhul a wdri N I í fi kí s ms&fj , fuu i ei h wj i dkfh& i yNd. j k&kawkq ukh I rh&

I h - fo&K" uKav, i dl ÉPd

Wml rK - *a mapdÜ" I ع , E, a

wka ¾. ; h -

- ❖ nd, oË kdhl " úÿy, m; \$ wdh; k m&dkhd yuü ; ud , o my&Kj ms&n|j i dl ÉPd I r nd, oË I Kävdhul a wdri N I í fi wj YH; dj h meyeË, sl r tai |yd wj YH wj i rh i y wk&e; h , nd . ; hq h'
- ❖ khñ; j hi al dKavfha<uh&al e|üu i |yd i üi ql w&foohl awkq ukh I í u' ^koi ka- WoEi k / i ùfi \$" ±kúí mj rej g wod, ±kúu ±óu wdËh'&
- ❖ I Kävdu ; < j i r l ymhl a / |Si àug yel j k wh&Kaj hi wj reÿ 11-13 w; r m&ñ <uh⁡ d&d. ek& j vd; aWÑ; h'
- ❖ fi i |yd / i ùu mj ; j k Èkh" fô, dj yd i a dkh we; = ; j úÿy, m; s \$ wdh; k m&dkhd f. a wk&e; hg hg; j fouômhka oekj ; a I í fi , mhl a i l i a I í u' tu , mh i u. weu&ku 10 - TDF/P1/07 § we; s wdo¾Y b, a ü m; h&g wkj i l i a l < b, a ü m; h&l o fouômhka fj ; fhduql í u' ^weu&ku 10 n, k&k&
- ❖ tawkj my&Kqj i |yd , Á; wj i rhl a, nd . ek&' tai |yd fouômhka / i d rj d Tj ka&ekj ; al í u j vd; aWÑ; h'
- ❖ by; i |yka u&d I ghq = i i m&K I r . ek&fuka mi q úÿy, m; s \$ wdh; k m&dkhd yuü bËB I ghq = mj ; j d . ek&ug my; i |yka wj YH; d I w&fh&ai m&rd . ek&ug I ghq = I í u'
- ❖ . fe uKav, fhai yh , nd . ek&'
- ❖ Wml rK f, i - , ms & j H" fl dâ . i " fl dâ , Kj " nd, oË fl dâh" oek&í mj rej l ð nd, oË úoHdj fmd; " k, dj l ð m% udOdr I Üg, hl a wdËh i mhd . ek&ug I ghq = I í u'
- ❖ nd, oË I áhl a ^l durhl & fyda by; Wml rK i r l d s j ; nd . ek&ug wj u j Yfh&a l nâ t l l a fyda i mhd . ek&' ^nd, oË fl dâh , nd . k&d f; I amdi , afl dâh Ndú; d l r k&'&

- ❖ úÿÿ, m; s \$ wdh; k mØdkhd f. Ø wkqe; h we; j f; dard. ; a <uKj I Kvdhi / i ùi 1 g l e|ùu'
- ❖ bkmi qi ; m; d khñ; mBÈ tl aÈKl I Kvdhi / i ùi mej e; ùu'
- ❖ nd, oÈ I Kvdhi werUØ j ydu ta nj úÿÿ, m; s \$ wdh; k mØdkhd u. ka ; u Èi d fl dui dBi ð i yl dr Èi d fl dui dBi a ^mÿK& yd ^mBmd, k& fj ; okj d heùu'
- ❖ wdri NI I Kvdhi / i ùi j , \$ meñfKk I Kvdhi wvqj eä ùi m%khl al r fkd. ekù'
- ❖ wdri Nfh\$ k\$ we= u" up, am&n|j oeäj wj OdrKh fkd l í u'

i e'hq - j vd; a fydCka nd, oÈ I Kvdhul a mj ; j df. k hdu i |yd **PI/01** i y **PI/02** hk fudähq fol mBY\$ kh l rkk'

**I Kavdhî / i àu 1
TROOP MEETING 1**

wNsu; d¼; - fuu i ei ð wj i dKfhðSi yNd. § kãkka
kj eroj wdri NI I Kavdhî / i àu mej e; àu ms<n| mðfhda § ±kq I ðnd; ul
I rñs

I ðh - I ðnd wdo¾Ykh

Wml rK - fl däh" fl dä. i " fl dä , Kj " pdÜi ð k, dj " I §vd j , g wj YH Wml rK" . eg , Kq
I symhl ð

I d, h	I ðnd dri u	fufyhj kkd	Wml rK	fj k; a
úkdä 7	<p>wdri NI I ghq =</p> <ul style="list-style-type: none"> • <u¼kawv I jhl g / i ð rkk • ms<s ekð - ud wðor orej ks uu wo fndfyda i ; g¼ kj d Tn i ðz fokdu nd, oË j Hdmdrhg tl àug meñK i àu . ek' Tn thg I eu; s j k nj ; a fuhka m¾hl a , nk nj g; aug úYj di h's • wd. u i syð ð u - wm oeka tl s fkl df. a wd. u i syð ð fuka / i àu mgka. kuq • cd; ð . ð - B<Ög u; I ; nd . kk Tn nd, oË j Hdmdrhg tl ; j k fka wfma uõi u j 0 Y% , xl dj g , eË hym; a m¼j ei fhI a ùfi n, dfmdfrd; a fj ka nj ' fi ki d ±ka wms i ðz fokd tl ; j cd; ð . ð . huq • úyy, m; s ùdf. am<s ekfi I : dj 	<p>nd, oË kdhl</p> <p>úyy, m; s</p>		
úkdä 10	<p>weÖ Wkq q j k I §dj</p> <ul style="list-style-type: none"> • hyz fj da^PI/CS/H4 wxl 02 I §dj & 	<p>i yh nd, oË kdhl</p>	<p>k, dj</p>	
úkdä 10	<p>I dKav j , g fnoðu -</p> <ul style="list-style-type: none"> • ; j ; a jeo. ; a I reKl a j k fka wm nd, oË I ghq = j , fhfokfka I dKav j Yfhkay k¼ kq, nk I vd I Kavdhî f, i h' fi ki d uu ±ka Tn I dKav j , g fj ka I ðughs hkfká" • Tj kã I dKav j , g fj ka fl dg I dKav fha kdhl hd f; dard . ekðug Tj kãgu bv i , i j kã' kdhl hd úi ka Wm I dKav kdhl hd f; dard. kq, nh's • I dKav kdu f; dard . ekfi § nd, oË úoHdfö I j ðe I ; dka r wxl 4 hg f; aol j d we; s I dKav i yi qmBË f; dard . kã' <u¼k¼ I dKav 	<p>nd, oË kdhl</p> <p>I dKav kdhl</p>	<p>nd, oË úoHdj</p> <p>nd, oË úoHdj</p>	

	<p>i, l Kq Yí oh yd j ¼K h f; dard fokk'</p> <ul style="list-style-type: none"> • i Eu l dKavhl gu l Kavdhí / i àu' Nñfha khñ; i a dkhl à l dKav uq j Yfhkafj ká r fokk' 	nd, oË kdhl		
úkdä 5	<p>wYj , dvu wkj i el i ß -</p> <ul style="list-style-type: none"> • nd, oË l ghq = i yd / i j k úg wm fm< . efi kfka wYj , dvu wkj hñ • Bg wod, yi a i x{ dj y÷kj d fokk' • i ðefj kai àu \$ myi fj kai àu mrey l rj kk' 	nd, oË kdhl	k, dj	
úkdä 5	<p>. \$ h -</p> <ul style="list-style-type: none"> • fmdä fmdä we, fod, "" 	i yh nd, oË kdhl	. \$ h , hk , o *a mapdÜ	
úkdä 10	<p>nd, oË m% ; smol ä ol á ; d myKj -</p> <ul style="list-style-type: none"> • k, d i x{ d - È. =k, d yvl a wei Kqú. i i hz j ev kj ; d kfi d, ukj i g i j kaÈh hq ð' B<Ög ud fl á k, d y~ l symhl aykaúg l dKav Yí o k. df. k ýj ú; awYj , dvfi yevhg fm< . ei h hq ð' ud kj ; kqhk úOdkh fok ; ðe Tn tl ; ek Wv mkñkai á h hq =h' • fuh l sym úgl amyKql rkk' • nd, oË wdpdrh- nd, oË wdpdrh wdo%Ykh fl dg myKq l rj kk' 	i yh nd, oË kdhl nd, oË kdhl	k, dj	
úkdä 03	<p>. \$ -</p> <ul style="list-style-type: none"> • . s. huð. huð 	i yh nd, oË kdhl	. \$ h , hk , o *a mapdÜ	
úkdä 10	<p>mðd fi j h \$ mðd fi j dj g yre l ß u</p> <ul style="list-style-type: none"> • Èkm; d hym; a j evl a l ß u m<n j myod fokk' • ±ka wms mdi , fj kfj kai g fi j hl a l ruq l dKav j Yfhka l dKav ; r. hl awdl drhg úkdä 10l muK mú; % l ß fi j evl a i xúOdkh l rkk' 	i yh nd, oË kdhl	bo, a l symhl a	
úkdä 05	<p>wj i dk / <h -</p> <ul style="list-style-type: none"> • wYj , dvu wkj / i al rkk' • nd, oË kdhl f. al : dj - Èkfha l rk , o j ev m<n j l : d l rkk' • kföok - B<Ö l Kavdhí / i àu" fm!oa , ð f, d. ai gyka fmd; " fi j d l dKav/h m<n j odhl up, a / f. k tau Èkm; d 	nd, oË kdhl	k, dj	

	<p>hym; aj evl al šu'</p> <ul style="list-style-type: none"> fufkysl šu úi rhdu - úi rhdu kj erĚj l rk; ʔe myʔKq l rj d úi rej kʔk' 			
úkdä 15	<p>/i ũu wj i kaj 0mi q- l dKav kdhl hka ij , m fō, dj l g r j d f. k</p> <ul style="list-style-type: none"> fl däh úyyüug i 0dk'i l rk wdl drh" fl däh úyyüu yd thg wdpdr l rk wdl drh l 0d fokk' l dKav kdhl hka f. aj . l š . ek l 0d fokk' fi j d l dKav h i y fi j d l dKav kdhl hdf. a j . l š o myod fokk' rej , a. egh l 0d fokk' l dKav kdhl hka ±kj ; a j 0 l reKq B<Ö l Kavdhi /i ũug fmr l dKav uq j , š ; u i dud0l hka ±kj ; a l < hq = nj g Wmfoi a fokk' 	<p>nd, oĚ kdhl</p> <p>i y h nd, oĚ kdhl</p>	<p>fl däh" fl däh , Kj " fl däh . i " . , abkk'</p> <p>. eg , Kq l symhl a</p>	

Új D; i ei h - OPEN FORUM

m<uqj k I Kædhi / i ùu - TROOP MEETING

I d, h - úkdä 15

Wml rK - I ðdj g kexj 0j evi gyfkamgm; I a

wkq ¾. ; h -

- I ðdj; ul I rk , o I Kædhi / i ùu 1 mænj j i yNd. j kka i u. i udf, ðpkhl fhfokk' tys Tj kg fkdj egyKq I reKq i dl ÉPd I rkk' ; j ýrg; a wj fnd0 I r fokk'
- tys wvx. = j 0 úl h I reKq nd, oÉ hka i u. I ðdj; ul I ðu I Kædhi / i ùu fol ; kl g fl dgi al r. ; yel snj meyeÉ, sl rkk'
- m%u I Kædhi / i ùu mehl muK I d, hl g i ùd I rkk' tys úfkdockl I ðd" . \$ wdÉh we; ; ; aj evi gykl af, i i l i al r . kk'
- I Kædhi / i ùu I ðdj; ul I ðug wj YH j evi gyk" øj H" Wml rK" i yhl hka we; j m%j i 0dkul kai ákk'
- nd, oÉ kdhl úi ku i h; I ghq = I ðdj; ul fkdfl dg i yh kdhl hkg Tj kf. ayel ðd wkj j evi gyfka we; sj . I ð \$ I ðdl drl i mj rd fokk' wj YH ki tai |yd Tj kg fmr myKj I a, nd fokk'

nd, oË ol á ; d
Scouting Skills

wNsu; d¾; - fuu i ei h wj i dkfhš i yNd. j kkká''''''
❖ nd, oË j Hdmdrh ; < ukd meje; u yre l š ug fhdod . kkd úOdk" k, d
i x{ d" i rnyál u" fl däh úyÿüu" i r, i kändri á l kš š hk nd, oË
ol á ; d m¾¾Ykh l rhš

I ůh - fí i al ůh

Wml rK - fl däh" fl dä . i " fl dä , Kj " k, dj " fí i awxl " pdÜi a

wkq ¾. ; h-

fí i a1
úOdk

- ❖ nd, oË j evi e, ei fí i dudöl mol á fi' wj YH; dj kf. aã fi !LH 16 hgf; a
we; súOdkhkaj k
- i šefj kai y myi fj kai àu'
- j ug" ol Kg yeí u'
- wdmi qyeí u'
- l , ane, ů'
- kej ; ů'
- úi r hdu'
- myKql rkk'

fí i a2
k, d i x{ d

- ❖ È. yd fl á k, d i x{ d y=kd . khš
- ❖ fuu i x{ d o y=kj d fokk'
- kšYí o j kk'
- / i j kk'
- l dKav kdhl hka/ i j kk'
- fi j d l dKav kdhl meñfKkk'
- úi r hkk'
- wk; #l á
- ❖ i yNd. j kkkq myKqug wj i a dj i , i kk'
- fi i |yd 1 wËhr w; aWoõ m; % d fmdf; aP1/S/H8 mBYš kh l rkk'

fi a3

i r̄enyǝl u yd ukd mej e; u

❖ nd, oĒ j ev i e, ei f̄i i dudōl mol d̄ fi D-13 fi !LH hgf; awe; si r,
i k̄ndrl d̄ l k̄s soek i àu'

WodyrK

➢ WoEi k wj Èùu" m̄Bi s̄j i àu" hym; awdydr m̄r̄ej̄" l ǝj ; aj ei d̄ s̄s
m̄ByrKh'

➢ m̄h̄ukdm nj

➢ l , g fō, dj g j ev l f̄ u

➢ wd̄pdrYs̄ Snj

➢ kj erÈ bBhō

➢ wj i a dk̄l + j i a ÷ h̄s̄ i udfj k̄k" l reKdl r j eksfh̄ȳi Ndú; h'

➢ i r̄ WoEi kl d̄ i N̄ i ek̄Ej l aj eks i N̄ me; ǝ Ndú; h'

➢ kj erÈj " l ǝj ; j̄ yd m̄Bi s̄j " we÷i me, ÷i Ndú; h ȳrel rj k̄k'

❖ 1 wĒhr w; aWoō m; ǝ d fmdf; aP1/CS/H3 m̄BYs̄ kh l rkk'

fi a3

fl dāh úyǝùug i ðdk̄i l f̄ u

❖ fl dāh" fl dā , Kj i l i a l r . ek̄u" fl dā . i i l i a l r . ek̄u'

❖ fl dāh kj erÈj keóu'

❖ úyǝùug i ðdk̄i l r fl dā . fi auj̄kg heùu yd th úyǝùu m̄ȳK̄ql f̄ u'

❖ 1 wĒhr w; aWoō m; ǝ d fmdf; aP1/CS/H3 m̄BYs̄ kh l rkk'

nd, oË I ¼
Methods of Scouting

wNsu; d¾; - fuu i ei h wj i dkfh§ i yNd. j kkká''''''

- ❖ nd, oË j HdmdrfhaNdú; d l rk l ¼ y=kj hš
- ❖ <u¼ka nd, oË j Hdmdrhg wdl ¾Ykh j k wdl drhg nd, oË l ¼ Ndú; d l Ń ug fm<Uùug l ghq =l rhš

I ¼h - uKav, bËBm; al Ń ul a^i dudöl h¼ka4h&

Wml rK - OHP" *q snapdÜ" kš we÷i" mol d i

i ei skdhl Wmfoi a-

- ❖ i ei fha wNsu; d¾; j , ol j d we; s mBË fuys i |yka nd, oË l ¼ 8 nd, oË my¼Kq l ghq =j , § Wmfhda S l r . ; yel s úfYd l ¼udmdhl a nj wj OdrK fhka wj fndO l r fokk'
- ❖ uKav, fhai dudöl fhl =w; ka l i hi' nd, oË l ¼hl a mšn | j j eo . ; al reK l a bËBm; afkdl r u. yerefkd; aB, Ö l reK bËBm; al Ń ug fmr i ei skdhl tu wvj i i m¼K l rkk'
- ❖ uKav, fha t l a t l a i dudöl fhl g j r l g t l a nd, oË l ¼hl a mšn | j l reKq bËBm; al Ń ug wj i a d i , i ñka i ei fha wj i dkhg , xj 0 úg i ei skdhl úi ka i ei fh§ bËBm; aj 0 l reKqi udf, dpkh l rkk'

wkq ¾. ; h -

1. I ¼d

<fuda l ¼d m¼h l r; § i Eu j evi gykl gu WÑ; mBË l ¼d we; <; a l < hq h' fyd | yei Ń ul ka hq j l ¼d l Ń u; d ch. ¼Ykh t l u wNm¼h fkdúu; a mšn | Wmfoi aËh hq h' nd, oË l ¼d i r, úh hq =fuka <uhd Wofhd. u; al rk t j d úh hq h' l ¼d j , § kš s l ; si r < úh hq h' l ¼dj w; r; ¼ kj kš Ń ; swe; ¼ ; a fkd l , hq h' ch merýu mšn | úkšYph Èh hq h' ch. ¼yl h¼g m¼ xYd l r¼; a mrdch oßu; al Ń u; ai ýl < hq h'

2. . § yd f>dä d

fi j d nd, oCl j ev i gyka j , § . e, fmk whßka we; <; a l Ń fuka <u¼ka Wofhda u; a l < yel s w; r <u¼g m¼h ckl yd úfkðd; ul wj i a d o we; s l rhš <u¼f. al Efl da. ei Ń i reÑh l ¼j ; al Ń ug chf>dä d" f. !rj f>dä dj yd . § Wmfhda fõ' úúO Ndl d mšn | ±kqul a we; s l r . ekšug wj i a dj i e, fi á fuu. kahym; awdl , m we; s l rhš i ýi q. § yd f>dä d l symhl ay | kj dš my¼Kq l rkk'

3. ; r.

i Eu l Kavdhi / i úul šu oCl ; d i i nkD l rf. k wvqj Yfhka t l a ; r. hl a j ; amej e ; úu' mšhdck mí l d K , l Kq" meñKfi m% ; h" l d, š i gyka fmd ; a j , ; ; j h wdš fndfydal ghq ø ; r. f, i fhdod . ; yel h' fi j d l dKav fyda fl j , ; r. f, i l šhd ; ul l < yel h' Yš mšh oCl ; d mí l d Kfhš ; r. fhdod . ; yel h' ^ . eg ; r. &

4. mol d i

i 'mšúí ška nd, oĚ j Hdmdrhg y÷kj d ýka wouú ; h l šhl š mol d i okd . ekš mšn | j m% ; šš Š l šhdj , hl a nd, oCl hšg bĚBm ; a l r we ; ' fi j d Ěkd . ekšg nd, oCl hška Wkkaj l < hq h' mol d i mšn | pdŮ mš¼Ykh l rkk' i Eu mol d ul gu wod, j d h k¼fošhl a we ; s neúka fi j d Ěkd . ekš i eneúka wOHdmkfham% ; hl š m% ; smol d i u. škand, oCl fh l g b, l d . ; m% ; h l rd l šhdKq + j . uka l š ugo" mšk ; d mol d i u. ška i eŮj šq oCl ; d i y i yc oCl ; d Tmakxj d . ekšgo wj i a d i e, fi š wka i hš l ghq =mfi l , d mol d i mi qmi yUd hEug fhduqfkd l < hq h'

5. kš we÷u

fndfyda i xúOdk j , g ; u wkkH ; dj i | yd úfYd j l kš we÷i Ndú ; l rhš nd, oĚ j Hdmdrho nd, oCl l šh f, i wdl ¼l Kšj kš we÷u fhdodf. k we ; ' nd, oĚ hka yel s bl ukka ; u kš we÷u i i mšK l r . ; hq h' th kj erĚj yrenyšj wešh hq h' kj erĚ j ¼K j , ša i l i a l r . ; a l , š u" l ņi h" bk máh" l r f, ša j " l dKav wKavh" mol d i wdĚh khudl drj mš i š j wdrl d dl d j mj ; j df. k hñka nd, oĚ hdf. a fmšv ; j h ; j % l r . ; hq h' i xj rj yei š fuka ; udf. a a l Kavdhfi ; a nd, oĚ j Hdmdrfha a f. ! rj h wdrl d dfö'

6. l šhd l r l i

<uhd i ycfhka t <uyka Óú ; hg mš l rhš nd, oĚ j Hdmdrfha fndfyda l šhd l r l i t <uyka l šhd l r l i h' nd, oĚ j Hdmdrfhai úfYd Šj Ql dKav l šh u. škand, oĚ l šhd l r l i j vd ; ai š a. kkd whškal šhd ; ul l < yel h' <uhd ; < we ; s wNšhda ch . ekfi wdYdj j ¼Okh l š u g ; š i ckl l šhd l r l i " l dKav l šhd l r l i " mšrda dó l šhd l r l i " . fōl k l šhd l r l i " l ÷ ke. š " l | j r e . Kue, " md . ukš Tre meš u " kj ; dCl Kš l šhd l r l i " wdĚfha fhš u ufydml d l fō' l dšhl d u nd, oĚ kdhl hd WŇ ; l šhd l r l i ; <ka úmq mšhdck w ; m ; a l r . kš fuu l šhd l r l i j , g <uka fhoufi š Tj šf. a wdrl d dj . ek nd, oCl kdhl ±ä i e, l š a l škal ghq =l < hq h'

7. oCl ; d myKj

i r < mšhdckj ; a úúO oCl ; d myKj úug nd, oCl hšg wj i a d i e < i h hq h' nd, oCl hd m% ; hg . uka l rk úg ta ta oCl ; d o Wi i a uŮgul mj ; j d . ;

hɔ ɛ' m%udOdr" . eg" neñ" wdhØ Ndú; h" Wml rK Ndú; h yd kv; a ʒ " Wi
 ýr kSph l ʃu" i s hi yd ud, udj Ndú; h j eks fndfyda oCl ; dj hka
 mɔKqúug nd, oCl hkg myi ɔ i i e, i h hɔ ɛ' fuu oCl ; d t<±l úug
 nd, oCl hkg , efnk i udc wj i a d j , oS w; a úÇk i udc m<s ekú ki d
 nd, oCl hka; j ; j ; a nd, oE l ghq =j , g wdl ¼Ykh fõ' l Kvdhi / i úi
 j , S oCl ; d mɔKj g úúO fCl ; h kaysol d ; d <ukg yre mreý l rj k' fuys
 l Kvdhfukaneyer i i m; aOdí kf. ai yh \$ fi j h , nd . ekú i ýi ɛ'

8. wkHhkg Wml dr l ʃu yd i udc yrej

orej d i udcfhka , efnk m%xi dj g fuku ýi ʃf; ka neyerúfuka , efnk
 i udcfha we. hú nd, oCl j Hdmdrhg oerj d wdl ¼Ykh úug fyá =fõ' i udc
 yrej g mɔKqúu u. kampa , hd ýi î u" u; amekaî u" u; aøj H Ndú; h wdÉfhka
 i udchg i ýj k wys l r n, mEi . ek j gyd . ekúo ; uka bka je, l úgo
 fhdufõ' nd, oCl hkafuj eks l ghq =j , kr; l rúu nd, oCl j Hdmdrhg uyck
 m% doh yñ úug fyá =fõ'

ks we÷u y÷kj d šu Introducing the Scout Uniform

wNš; d%; - fuu i ei h wj i dkfhš i yNd. j kkká''''''

- ❖ nd, oĚ j Hdmdrfha i Eu i dudcd fhl e ^. sys i dudcd hka yer& mšs ; a ks we÷ul awe; snj "
- ❖ tu ks we÷u kj erĚj I %j ; j ye| me, Ćh hq =nj "
- ❖ tysf. !rj h wdrCl d j k mBĚ I %d I < hq =nj m%Ykh I rhš

I %h - foYk I %h" i dl ĚPd I %h" wdo%Yk u. ša

Wml rK - *a sma pdÜ" I Ć , E, š pdÜ i gykš mol á i" kj erĚ nd, oĚ ks we÷i kai eri Ć i Őù wdo%Yk"

wkš % . ; h -

- **I r f, kš j** - fuh ks we÷fi uš u wx. hl š mdi f, š wdh; kfha j%Kj , g . e, fmk fi a Ěi a % á fha wkš; hg hg; j " ; šI dKdl dr yevhg frĚj , šaui d . ; hq h'
- **fj d. , h** - ks we÷fi i udk; dj h / fl k mBĚ" I Kvdhfi i hĆu nd, oCl hka tl u wdl drfhafj d. , aNdú; d I š u j vd; ai yi h'
- **I Ěi h** - wĆ j %Kh ^GREY& " áhĆd a fl d<rh i ys w; a fl dg I Ěi hl a úh hq h' nd, oĚ hdf. a I Ěi h mhkai ys i dl á =fol I ša i ukú; h' fuh j vd; a meyeĚ, s I š u i |yd kj erĚ nd, oĚ I Ěi hl a fyda kj erĚ rEm i gyka Ndú; hg . kš'
- **I , š u** - ks aj %Kh ^NAVY BLUE&' wj rēy 15 g wvqnd, oĚ hka i |yd fl dg I , š ul š wj rēy 15g j eä nd, oĚ hka i |yd Ě. I , š ul š fi j dfhand, oĚ bk máh me<| . ekšug yel sj kfi aĚmá a^LOOPS& uei h hq h'
- **bk máh** - > , xl d nd, oĚ uš i a dkh kš ÷ a l rk > , xl d nd, oĚ , dxPKh i ys I Ć meye; snd, oĚ bk máh me<Ćh hq h'
- **i m; a =i y fi i a-** I Ć meye; sl D; u fyda i j NdúI yi i m; a =yd I Ć fi i a
- **mol á i** -
 - ; ukaúi šaĚkd . kšd , o mol á i muKl ai y wkš; mol á i muKl aks we÷fi me<Ćh hq =w; r" I d, j I j dkqbl uš Ql , mol á i bj ; al < hq h'
 - ks we÷fi mol á i me<Ěfi š tj d kš s; ek kj erĚj ui d me<Ćh hq h'
 - kdhl hdf. a ks we÷u i |yd kj erĚ wdo%Yk rEm i gyka u. ša meyeĚs I rkk'

nd, oË j Hdmdrfhakdhl hkai y Tj kf. al d¼h Ndrh
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wNsu; d¼; - fuu i ei h wj i dkfh§ i yNd. j k¼k¼'""

- ❖ nd, oË j Hdmdrfhakdhl hkafli dgi a; kl kai ukú; nj "
- ❖ Tj kf; fj k fj ku l d¼h Ndrhkamej í we; snj úi a r l rh§

I h - foðk l h" uKav, i dl ÉPd l h

Wml rK - *a mapdÜ" l , E, a " pdÜ i gyk¼

wk¼ . ; h - nd, oË kdhl hkafli dgi a; kl kai ukú; h

- ❖ i fõÉPd kdhl hka
- ❖ . syskdhl hka
- ❖ j D; a h kdhl hka

i fj ÉPd kdhl hkf. al d¼hNdrh ^k§ we÷i wck&

- i h l eue; f; ka fi j hg wem l em j l j . l l kai i h l d¼h Ndrhka bgq l rk k§ we÷i wck mBi l § fi wh t¼ l uÜgfuk¼ i uÜgfuk¼ Èi a § a yd cd; § uÜgfuka fi j fhys kr; fj ; § ta fj kfj ka Tj kf wël d¼ m; h l a § fi j d Ndr l § fi , mhl am§kefuk w; r" th j d¼ l j k¼l rKh úh hq h' ; u ; k; € wkj fudj ka fj ; úúO l d¼h Ndrhka mej í we; s w; r i § a kf. a uH mrud¼: h j kfka<ud yd ; reK mrmrg i Dcj u fi j h l § uh§ fudj ka w; Bka nd, oË hka yd i ómj u l ghq = l rk¼ka nd, oCl t¼ l kdhl hkh' Tj kf. al d¼h Ndrh yd j . l § j kfka

- ❖ l dKav l h Wmfhda Sl r . ek¼
- ❖ l dKav kdhl hkf. a myKj m§n|j j . l ±Íu yd l dKav i Ndj " l dKav kdhl i Ndj wLKavj mej e; úu" kl l dK h l § u yd tj dfh§ wj YH Wmfoi a , nd o¼'
- ❖ úúO mol l i Èkd . ek¼go nd, oË l ghq =j , g i yNd. Sùugo nd, oË hka Wkk¼ l § u'
- ❖ i dudl ; j hg we; ; a l r. ek¼i W; á j mej e; úu" mol l i m¼dkh yd ta i |yd wj YH Wmfoi awOdr , nd Su'
- ❖ nd, oË l |j re" md. uk¼ Èi a § d " yd cd; § uÜgf¼ nd, oË l hdl dri i " W; á j " / <syd l |j re j , g nd, oË hkai yNd. Sl r¼u'
- ❖ i uÜ nd, oË kdhl hd yd wk¼ ÷ a kdhl hka i u. l Ügq i i nkD; dj hl ka l ghq =l § u'
- ❖ Èi d nd, oË kdhl / i úi j , g i yNd. s¼u yd Èi d nd, oË u¼ i a dkh i u. l Ügq i i nkD; dj hl ka l ghq =l § u'
- ❖ i uÜ wdOdr l ñgj l hnd; al l § u'
- ❖ l Kavdhi' md, kh l h¼j ; j mj ; j df. k hdu'

• .yskdhl hkf. al d%h Ndrh ^kş we÷i fkdwçk&

❖ fuu mšbi nd, oË j Hdmdrh mšn|j ±ä we, ul a ±l j j o l d%h nyq ; dj h u; i Dcj u i i nkD ùug wmyi q fyhka wêl dÍ m; %fkD, nd nd, oCl j Hdmdrh fj kfj kayel si Eu úgu l d, h" Y%h" Okh" j eh l r; š fudj k ai uŷ" Èi a % d uÜgfukayd cd; š uÜgfukai dudŌl ; j h , nd úúO l d%h Ndrhka bgql r; š i i m; a odhl hka f, i fudj kf. a nd, oË j Hdmdrfha Wkk; šg uy. = l d%h Ndrhl abgql rj d . ; yel sfö'

• j D; a š nd, oË kdhl hkf. al d%h Ndrh

❖ nd, oË j Hdmdrfha ukd oekul a we; s Tj k a mŌK l d, šj fi j h l rkq , n; š j egma , nk kdhl hka j k fudj k a ; uka fj ; mej frk l d%h Ndrh bgql š ug neE i á; š

➤ Tj k a kdhl hkamykql š fi l ghq =j , kr; fŌ'

➤ Èi d yd cd; š nd, oCl uŌ i a dkh w; r i i nkæl rKh mj ; j df. k hš

➤ f, dā nd, oË i x. uh ; < fuj eks j D; a š nd, oCl kdhl hka mšbi l a we; ' ±kg Y%, xl dfŌ j D; a š nd, oË kdhl hka fkdue; '

wkHhkḡ Wml dr I ſu i y tai |yd yre I ſu

- wNſu; d¼; - fuu i ei ḡ wj i dkfhḡ i yNd. j kḡkḡ'""
- ❖ wkHhkḡ Wml dr I ſu nd, oĒ fhl =i ; =wkj d¼h . Kdx. hl anj "
 - ❖ ; u kj i kamgka f. k mdi , " nd, oĒ I Kavdhu" wi , j di kḡ i udch yd ; u rg f; I atu fi j dj úyḡ hkḡl anj "
 - ❖ fuu fi j dj ka wd; u úYj di fhka hq j j vd; a i d¼: I f, i I rkḡḡ ki ta mḡn |j mḡdkj ; a ±kḡl ayd ukd mḡyḡḡ I awj YH nj "
 - ❖ fuu ±kḡl yd mḡyḡḡ , nd ſu i |yd i Eu i ; m; d / i ſuul ſu úkdä 15 I fyda 20I I d, hl afj kal , hq =nj "
 - ❖ ta i |yd nd, oCl kdhl hkḡ wu; rj i i m; a odhl mḡpa , hka f, i úúO wxYhkḡys kmḡ; d we; s . ſej rekḡ. ḡ wdĒ nd, oCl hkḡ. a fyda yḡ j ; kḡ. a fi j h , nd . ; yel snj ; aj gyd f. k I ghq =l rhḡ

I ſh - ufkdäúu¾Yk I ſh úkdä 10" foḡYk I ſh I ſh úkdä 20"
 mḡfhda ḡ I ḡndl drl u úkdä 10" i ei ḡ wj i kal ſu úkdä 05

Wml rK - i ei s i gyfkys ol j d we; s I ḡndl drl i , ehi ḡ j yd wod, Wml rK yel s ; ri mḡ¾Ykh I r ; ſ u i ḡi ḡ' Wod- fl di ḡ " bo, " Woe, ḡ " f¼l ḡ h" w, j x. j " wvj " I ḡ; " khk" w; fl d'j " bi ḡ ſemmḡ khk" mḡyḡ" fmdrj " I e; ḡ " ; ḡa nḡei ḡ je, s I vodi ḡ úy, s nḡḡ. " fgi ḡrh" j h¾" *ḡḡ ḡ fyda w¾" *ḡ . ḡ ḡ mḡi S c, k, " c, I rdu" fj dl ¾" i mek¾ w~j " fmd; a nḡk bCl ḡḡ i m; ḡ =uyk bCl ḡḡ wdĒh i y ^, nd . ; yel ski & c, k, Wmdx. " úy, sj h¾ wdĒh ±I fj k fmdä ḡ¾ wdĒh'

wkḡ ¾. ; h -

1. i ei ḡḡ mḡi ſu ufkdäúu¾Yk I ſh u. ka

wkHhkḡ Wml dr I < yel s wj i a d i y I ſu i yNd. Sj kḡkka f. ka , nd . ekḡ i y 1wĒhr w; a Woō m; ḡ d fmdf; a P1/CS/H ol j d we; s I ḡndl drl i I ḡnhl a bĒḡm; a I rḡkath ; j ḡrg; ai i mḡK I rkḡ'

2. foḡYk I ſh

- nd, oCl fmdfrdkḡfō tk i Eu I , ḡu wkḡḡ Wml dr I ſ fi . Kdx. h i y wm wdo¾Y mdGh j k i ḡdkij i ḡkk hkḡ u; I a I r ḡ fydl mḡrj ei fhl =úu i |yd fta. ek i e, I ḡu; aúu w; Hdj YH nj fmkj d fokḡ'
- fl d; ri i ḡ Wml drhl aj j o th b; d j eo. ; anj meyeĒ, s I rkḡ'
- fuh mḡ ufhka ; u kj fi ka ; u uj g Woō I ſu ; <ka mgka . ekḡḡ Wmfoi a fokḡ' ^Wod - f. org c, h" úy, ḡ wrmḡuei fuka y+ḡj d ḡ udi ḡ c, " úy, s i , awvql r ḡug Woō ſu" ; u m; fmd; " mEkameká , aj eks foawrmḡuei fuka mdúĒĒ I ſu wdĒh&
- ; ud hk tk i Eu úḡl ſu ; ud <Ō I vd ma di ḡ¾ I en, s I ḡnhl ḡ i s s i s s nE. hl a fyda fol I ḡ wdḡ I ḡḡ I a fol I ḡ bCl ḡḡ I ḡ kḡ amḡl ḡ wdj rKḡ i yḡ meri ḡfuda a fm; s fol I aj eks yĒi swj i a dj I ḡ ; udg fyda l dg fyda mḡyḡ ḡh yel sḡj H wvx. =mel ḡḡḡ I a< . ; nd . ekḡi mḡfhdcḡkh fmkj d fokḡ'

- úfYá ±kqul ayd myyKj l a, ndÈh hq = wxY j k c, k, " úy, h" fi i kaj ev" j vq j ev" wdÈh i |yd i i m; a odhl hka f, i úúO wxYhkays kmK; d we; s . fej rekf. a " wdÈ nd, oCl hkf. a fyda ys j; kf. a fyda nd, oCl hkf. a mhj rekf. afydaj eäyá { d; kf. a fi j h , nd . ekfi yel hñj fmkj d fokk'
- fuu ±kqul yd myyKj , ndŠu i |yd i Eu i ; m; d / i ùul Šu úkdä 15l fyda 20 l l d, hl a fj ka l < hq = nj ; a tu l d, h mšudKj ; a fkdj k úg tai |yd fj ky Èkhl afj kal š fi fhda H; dj hl ameyeÈ, sl r fokk'
- fufi al š u ; <ka ´kEu fi j dj l awd; a úYj di fhkahq j l rkkg nd, oCl hdg yel hñj l a , efnk w; r i Eu / i ùul a mdi du w; ka hul a b. kšug , eī fi ; Dma ho we; j k nk fmkj d fokk'
- ; u orej d nd, oCl j Hdmdrh ki d j vd; a mšhdckj ; a whl = nj g m; j k nj ol k foudmšhdao Tyqtai |yd j v j vd; a ÈBu; al š u ki d nd, oCl l Kvdhug we; s wdl ¼Ykh j eäùu ; <ka ; j ; j ; a orej ka nd, oCl j Hdmdrhg we; < ; a ùfi mš k; dj h j eä j k nj meyeÈ, sl r fokk'
- wkHhkg Wml dr l š u i y tai |yd yre l š u we; a j Yfhka nd, oCl wrutKq i dl d d; al r . ekšug rel 7 l anj ; yj re l r fokk'

3. mšfhda š l š dl dr l u

- i hš wj YH Wml rK i š dki l r f. k c, l rduhl g fj dl rhl a i ú l š u fyda ±ù . h úy, s *hñ hl a . , j d i el i š fyda áka l grhl a Ndú; fhka áka tl l a l emš fyda tj ekkl a wdo¼Ykh l š u i y i yNd. S j kkkq; a tu w; ±l š , nd. ekšug wj i a dj i , i d fokk'

4. i ei h wj i kal š u

- wkKq Wml dr l š u i y tai |yd yre l š u nd, oCl hdg" nd, oCl j Hdmdrhg" yd i udchg fl ; ri ýrg mšhdckj ; h hkk i yNd. j kkkka fl df; l a ýrg wj fndO l rf. k we; ±hsmšl á ñkaTj kf. kamšK l š hñl awi d msš fe , nd . kkk'

I Kävdi / i äu 2
TROOP MEETING 2

wNsu; d%; - fuu i ei h wj i dkfhösi yNd. j kãkka

- I %j ; al Kävdi / i äul ai e, i q I r l %d; ul I rk wdl rh msn|j
- wLkavj bEB I Kävdi / i äu i e, i q I f u msn|j I reKqwkq ukh I rhö

I %h - I %d wdo%Ykh

Wml rK - fl däh" fl dä. i " fl dä , Kj " cd; f fl däh" meñKfi f, ðk" i dudöI up, a fmd; ð l egh" k, dj " I %dj , g wj YH Wml rK" . eg , Kql symhl ð

I d, h	I %dl drl u	fufyhj kkd	Wml rK	fj k; a
úkdä 15	<ul style="list-style-type: none"> • uqf I ghq = I Kävdu I e üu" wYj , dvug ; eí u" i fe udre üu" myi fj ka ; eí u" nd, oCl kdhl hdg j d% ; d I f u • I Kävdu i frefj ka; eí u • fl däh úyyüu • wdpdrh • cd; f . h • wd. u i syst f u • oj fi ai s é, q • m, uj k nd, oCl kš h meyeE, s I f u • I dKav kdu f, ðk , I Kql f u • I dKav i dudöI up, atl ; =I f u • I dKav míCl Kh I sym j rl amqKq fl dg míCl Kh mj ; j kãk' khfmd; =mBi s-l u míCl d I rkk' • kföok - fkdmeñKsw h . ek fi dh d n, kãk • I dKav wkj úi r hdu - I sym j rl a mgyKqfl dg úi r hj kãk' 	<p>fi j d I dKav kdhl</p> <p>nd, oE kdhl</p> <p>i yh nd, oE kdhl</p> <p>I dKav kdhl</p> <p>I dKav Wm kdhl</p>	<p>k, dj "</p> <p>fl däh"</p> <p>fl dä . i "</p> <p>fl dä , Kj w, j x. j</p>	
úkdä 10	<p>weO WKi q j k I %dj -</p> <ul style="list-style-type: none"> • i fyðorfnda I %dj wj i dkfha f>dd dj l a bEBm; al rkk' fyd hsfyd hsfndfydu fyd hs . š hl a- mBi l ai fyðor 	<p>i yh nd, oE kdhl</p>		
úkdä 05	<p>nd, oCl m% ; smol ð i oCl ; d mgyKq</p> <p>1.mBñ . egh</p> <ul style="list-style-type: none"> • . egh i i nkDj I dKav w; r ; rÖhl a • ÈKQl dKavhg f>dd dj l a 	<p>nd, oE kdhl</p> <p>i yh nd, oE</p>		

	Good Good Very Good	kdhl		
úkdä 5	<p>2 cd; đ fl däh m̄:n wj fndŌh , nd Ŝu -</p> <ul style="list-style-type: none"> • i j dNdúI i i m; a Wmfhda S I r . kñka I dKav uÜgñka cd; đ fl däh k̄udKh I ŝu' • ; r. hl i j rEmfhka ch. ŷys I dKavhg ch f>dđ dj I a wÉpd wÉpd fndfyd; awÉpd 	<p>nd, oĚ kdhl</p> <p>i yh nd, oĚ kdhl</p>		
úkdä 10	<p>wkHhkŷ Wml dr I ŝu Wod - fndđ , a uĚa weŝu" áka I emŝu wdŜ Wml rK Ndú; h m̄:n m̄yKj</p>	<p>i yh nd, oĚ kdhl</p> <p>nd, oĚ kdhl</p>		
úkdä 05	<p>kŷp, I ŷd BP</p>	<p>i yh nd, oĚ kdhl</p> <p>nd, oĚ kdhl</p>		
úkdä 05	<p>. Ŝ hl a-</p> <ul style="list-style-type: none"> • wfm wdÉŃ i ŝ I df, a 	<p>i yh nd, oĚ kdhl</p>		
úkdä 10	<p>wj i dk / <h -</p> <ul style="list-style-type: none"> • I , g fō, dj g j ev I ŝu m̄:n I ; dkørhl a • kfōok - B, Ō I Kavdhii / i ŝu m̄:n ±kj ; al ŝu • fl däh nEu • B, Ō fi j d I dKav kdhl g fl däh NdrŜu • úi r hdu ^ ol K̄g yeŝ wdpdr fl dg úi r hdu& 	<p>nd, oĚ kdhl</p> <p>fi j d I dKav kdhl</p> <p>B, Ō fi j d I dKav kdhl</p>	<p>k, dj</p>	

nd, oCl ol ä ; d

Scouting Skills

wNsu; d%; - fuu i ei h wj i dkfhS i yNd. j kkkä''''''

- ❖ tËfkod Ôú; hg mFhdckj ; a. eg msn|j oCl ; d m%Ykh I rhs
- ❖ yrenyál u ; j ýrg; aj %Okh fl frk yi a i x{ d úOdk I %h wkq ukh I rhs

I %h - fí i al %h

Wml rK - fí i awxl " . eg yd yi a i x{ d msn| rEm i gykã . eg , Kq I U" k, dj

wkã % . ; h -

- ❖ fí i a; kl my; i |yka. eg myKql < hq h' tai |yd úkdä 20 ne. kafhdod . kk'
- fí i a01 - rej , a. egh" , Kqw. fj , %
- fí i a02 - fl di amÜgd . egh" Ôú; wdrl d I . egh
- fí i a03 - j ghl ameg, j Új <'' fofl a. egh"z I U fl dg I f u

- ❖ yi a i x{ d - t<uykaNñhl I Kwdhugu fmdyfö myKj , nd Èh hq h'
- wYj , dvu
- ; ks fma%h
- fma% s
- úyË ; %ej
- wey%ei ; %ej
- I j h
- új D; fl dgj

- ❖ b; % úkdä 10 i yNd. S j kkkä / i fl dg fuu Y% mñ oCl ; d msn| i udf, dpkhl al rkk'

; k̄j k I K̄vdhī / i ūu - TROOP MEETING

wNsu; d̄%; - fuu i ei h̄ wj i dkfh̄s i yNd. j k̄k̄k̄d'""

- ❖ nd, oĒ fmdfrdk̄j g wk̄j wk̄Hhk̄g fi j h I ūu wrup̄k̄q fl dg. ; a m̄k̄d fi j dj I ai xúOdkh I rh̄s
- ❖ ; ud Ōj ; aj k wj g mBi rh m̄s̄n | wj fndOhl a , nd . ek̄fi j eo. ; ū u úoyd ol j h̄s

Wml rK - w, j x. = bo, ū Wo'' wd̄s f, i i xúOdkh I rk̄q , nk m̄k̄d fi j dj wk̄j wj YH Wml rK , nd . ; hq h' p̄l̄Ū" i ū i x. ŷhl g i ōdku

wk̄a ¾. ; h -

- fuh wj YHfhku ; k̄j k / i ūu úh hq = ke; ' j drhl g tI l j ; a i xúOdkh I ūu m̄k̄dKj ; h' fuj ek̄kl ai xúOdkh I ū fi s̄ b; d i q̄nBI ū dl d̄l úh hq h' fuj kaj Hdmd; s̄ka mdi , aN̄f̄hkandyrj i e<i ū I ū u uekú'
- fuȳs wj g mBi rh m̄s̄n | j wj fndOh we; sj k mBĒ j Hdmd; si xúOdkh I rk̄k'

i e<i ū I ū yd i xúOdkh -

- ❖ WŃ; j Hdmd; h̄l af; d̄rd . k̄k'
- ❖ wj YH wj i r , nd . ek̄s̄ wd̄h; k m̄Ōdk̄hd" úyy, m; s̄ Ēi d fl dui dBi a
- ❖ nd, oCl h̄kaTj k̄f. afouōmh̄kaok̄j ; al ūu'
- ❖ nd, oCl h̄k̄g wj YH Wmfoi aŷu'
- ❖ i i m; amq , h̄k̄f. ai yh , nd . ek̄ū'
- ❖ I d, h I <uKdl rK h b; d j eo. ; anj '

fufyhūu -

- ❖ I dK̄w I ūh wk̄q ukh I rk̄k'
- ❖ fi dh̄d. ; afN!; ū i i m; awj YH mBĒ I dK̄w w; r fnod fok̄k'
- ❖ I dK̄wj , g kh̄ñ; I d̄%h Ndrhl amj rk̄k'
- ❖ tu I d̄%hh w̄l ū Kh i | yd I ūhl afhdod . k̄k'
- ❖ kh̄ñ; I d, fh̄s mej rE I d̄%h Ndrh wj i kal ū ūg j . n, d . ek̄ū
- ❖ i ōdk̄i I < i x. ŷh m̄skeóu'
- ❖ j evh ku I < mi qi p̄Ō mú; %l ū ūg j . n, d . k̄k'

w. h̄ū -

ku I < I d̄%hh j d̄Ńl we. h̄ūl al rk̄k'

W!k; d j gyd . ek̄ū

mi qj evi gykaj , s̄ tu wvqmdvqu. yrj d . ek̄ūg j . n, d . ek̄ū'

I šdl dri i j , g WodyrK I ymhl a-

mdrj , š mšgkš m% dD i a dk wdÈh mšl š- I š u'

i Si Efi š" j , afk, fi š" me< i gšfi š" wi j ekk fk, fi š Woš uu'

wdfnda H Yd, dj kaysf, švkg Wošuu'

f. j , ai Ešug i yh uu" j y, j , afi ú, sl š u" i š fj kafyda; ka . Efi

I ghq =j , g i yh uu'

j rm% do fkd, ; afydawndè; hkafj kfj kal šdl dri i i xúOdkh I š u wdÈh'

i ei skdhl g Wmfoi a-

yeškuu i |yd úkdä 20l afj kal rkk' fi j d j Hdmd; š i |yd úkdä 45 l afj kal rkk'

b; š úkdä 20š i ei skdhl j Hdmd; š mšn| i udf, špkhl a l rkk' tyš l Kavdhí / i uuul

my; i |ykal šdj , š mšn| wj OdrKh'

3 j k l Kadhiri rei ùul wdl D; h

l d, h	l ðdl drl u	fufyhj kkd	Wml rK	fj k; a
úkdä 10	<ul style="list-style-type: none"> • uqf l ghq = • l Kadhul e ùu • fl däh úyyùu • cd; ð . h • wd. u i syst ðu • oj fi ai s é, a <ul style="list-style-type: none"> • l Kav kdu f, ðk , l Kql ðu • l dKav i dudöl up, atl ; =l ðu • l dKav mÍCl Kh • kföök - fi j d j Hdmd; fhafhðu • l dKav wkj úi r hdu 	<p>fi j d l dKav kdhl</p> <p>nd, oË kdhl</p> <p>i yh nd, oË kdhl</p> <p>l dKav kdhl l dKav Wm kdhl</p> <p>nd, oCl kdhl</p>	<p>k, dj "</p> <p>fl däh"</p> <p>fl däh . i "</p> <p>fl däh</p> <p>, Kj</p> <p>w, j x. j</p>	
úkdä 45	<p>mðd fi j d j Hdmd; fhafhðu</p> <ul style="list-style-type: none"> • wj i ka ùug úkdä 15l g l , ka oekj ðu' • khñ; fō, dj g wj i kal ðu 	<p>nd, oË kdhl</p>		
úkdä 10	<p>mði s- úu</p>	<p>nd, oË hka</p> <p>nd, oË kdhl</p>		
úkdä 5	<p>i x. yh</p>	<p>nd, oË kdhl</p>		
úkdä 10	<p>wj i dk / <h -</p> <ul style="list-style-type: none"> • we. hñ - l < l d%hh • fufkysl ðu • fl däh nEu • B<Ö fi j d l dKav kdhl hdg fl däh Ndrðu 	<p>nd, oË kdhl</p> <p>fi j d l dKav kdhl</p> <p>B, Ö fi j d l dKav kdhl</p>	<p>k, dj</p>	

I Kävdi md, kh

wNw; d%; - fuu i ei h wj i dkfh§ i yNd. j kkkä''''''

❖ i d%: I I Kävdhul a mj ; j df. k hdu i |yd j eo. ; j k fmd; a m; a mj ; j df. k hñ

I %h - foäyk I %h

Wml rK - P1/01fudähq h" wod, fmd; am; ä I a snapdÜ" I ع , E, a

wkä % . ; h -

➤ i d%: I I Kävdhul a mj ; j df. k hdu i |yd my; i |yka fmd; m; a wj YH nj j gyd fokk' i yNd. § kkkg fi i |yd fudähq hl a, efnk nj ; ä ta ms:n | B<Ö foäykh§ jeä úi a r oek. ; yel nj okj kk'

my; i |yka fmd; am; ms:n | j o oekij fokk'

- f, d. a fmd;
- we; = aüfi f, Lkh
- meñKfi fmd;
- i dudöl up, af, Lkh
- i ; m; d / i üi j evi gyka
- fmdy up, a fmd;
- nextl =up, a fmd;
- l ; kor fmd;
- l %d fmd;
- . § fmd;
- m% ; si gyka fmd;
- m% ; sm; % dj

➤ I dKav j Üfgdre fmd; ^bkfj ká%& i ufy wdOdr I ñgg j d%; d fmd; " m% ; s i gykä I dKav kdhl i Nd j d%; d fmd; wdEh i yNd. Sj kkkg yel s whßka i ðdkü I r . ek§ug Wmfoi a fokk' fi ms:n | j bEß myqKfö§ jeä úi a r oek. ; yel snj okj kk'

❖ fi yer my; i |yka wj YH; d i mrd . ek§u I Kävdfi i d%: I md, khlg w; Hj YH nj meyeE, sl rkk'

- oeküi mj rej
- i ufy wdOdr I ñggj
- nd, oE I áh fyda l nâ tl

fudähq y÷kj dšu

wNü; d%; - fuu i ei h wj i dkfhš i yNd. j kkkä''''''

- ❖ ýri a wOHdmk Wml rKhl a j k fudähq nd, oË kdhl hka i h myKfōš
M, odhšf, i mByrKh l rhš

I %h - foäYk I %h

Wml rK - P1/01fudähq h" P1/02fudähq h

wkq ¾. ; h -

- P1/01fudähq h ; ÷ ka l Kvdhi j evi gykl a i e, i i l š u mšn|j o"
P1/02fudähq h ; ÷ ka fmd; m; a yd , mšf. dkq mšn|j o i yNd. j kkkq
wj fndOhl a, efnk nj i ei skdhl j gyd Èh hq šš
- fuu fudähq h mBYš kh fl dg wod, mej reu š we; sWmfoi awkj yel smuK
i i m%Kl rf. k t l a Èk i i uka %Khg / f. k tu w; Hj YH nj wj OdrKh
l rkk'

bĒB myKj

wNū; d%; - fuu i ei h wj i dkfhš i yNd. j kkká''''''

- ❖ myKj , enŉ kdhl hđf. a bĒB myKj msn| wkq ukh l < hq = l šndud%.
- msn| l ghq =j , g wkq ; fj hš

I Źh - foārk l Źh

Wml rK - wod, pdŰ" OHP *a mapdŰ" nyqudOH

wka ¾. ; h -

- bĒBudi fol l ayd ; kl awe; ̄ ; š t l aĒk i i uka Khl g i yNd. S Źh hq = nj "
- i i uka Khg i yNd. s Źu wkj d%h nj
- tyš mej rei bĒBm; al <hq =nj
- ; u Ēi d i x. ufha / i Źi j , g i yNd. S Źu yd wod, kš Odí kai u. l ghq = l f u'
- fĒHI G kdhl hkaf. al Kawdhi / i Źi kál d Kfhkaw; del š , nd. ekš'
- wkawh i u. . egz i dl ĒPd l r Źi ÷i , nd . ekš'
- nd, oĒ hkg Ys mš myKj , ndšfi š Tn mšj i ŉdkul ka yd ukd myKj l kahq j bĒBm; al rkk'
- nd, oĒ j Hdmdrh msn|j fmd; m; amBYš kh l rkk'

- ❖ I wotr myKfj kami qII wotr myKj g hEug fmr ; u i uŹfhawj u j Yfhka; ud j i ku myKql < kj l hka12 fofkl aj ; ai dudcl ; j hg we; ̄ ; al r ; nš hq h'

wj i dk j kdvsmfyŉsi dudcl mol d fuswj YH; d 21 kusl rkk' tai |yd "nd, oĒ j ev i e, ei Ź" fmd; l awe; snj oekj k' i dudcl mol d u mškeuŹg fmr fusi hM wj YH; d i oumŹK l r tj d khus mros Tj kf. am% ; sm; š dfj si gykal r . ; hq =nj j gyd fokk'

mdGud, d wruKq- II

wNsu; d%; - fuu i ei h wj i dkfhš i yNd. j kkká''''''

❖ fuu mdGud, dfō wruKq1 hgf; a bĒBm; a l < wfmā d d i mrdf. k we; s uŪgu mō¼Ykh I rhs

I ŵh - foàYk I ŵh

Wml rK - *a mapdŪ" wruKq1 pdŪ i gyk

wka ¾. ; h -

➤ wruKq1 hgf; a oel j Ūwoyi a i ys pdŪ i gyk kej ; mō¼Ykh I rñka tu wruKq bgj fha oehs tl fkl f. k i yNd. j kkkā i u. i dl ÉPd I rhs Tj kf. am% pdr úui hš

i udmā foàYkh

mdGud, d kdhl úi kawdpd%h uKav, hg, i i m; ampa , hkg, wkq ŵyl hkg, i yN. j kkkā i a ÷ sl rhs bkmi qi yNd. j kkkawu; ñkaTn oekawĒhr 5 kdhl hkamwKq1 d i j ev ms-j , g wj ; %k ù we; ' tysfmg u Tn mhj r k. kq we; ehsuu ūYj di I rñ Tfi wd; k mōdkhd fuku fuys wdpd%h uKav<h o, Tfnka n, dfmdfrd; a = j kfkā ; j ; a orej ka mBi I g nd, oĒ j Hdmdrfha M, fk, d . ekŪg wj i a dj Wodl r Šuhs ta uy. = fi j h fj kfj ka uf. a A wdpdr uKav<fha a i Ū me; ‡ Tn fj ; mBkuñ' j eks woyi I am% dY I rhs

fl dāh nĒu yd úi r hdu

wj i dk foàYkfhkami qi yNd. j kkkā i y wdpd%h uKav<h fl dā . i bĒBfha / i ūug i , i d fi j d l dKav kdhl u. kaf l dāh my; fy, d " wmsfj uqtl uj l f. orefj da. Š h . dhkd l r" w; g w; Š i Ū me; Ūg i h, a kgu wj i a dj , nd Š wk; ‡ej úi r heuu i ŷl , hq =h.

1 wÈhr - y÷kj d\$fiñ fook myKqmdGud, dj

whÿi m; al e|ùfi , mh



.....

uy; uhdFK k's uy; ãhks

hym; a m'ij ei fhl = i yd ð fi W; ð l d%hng nd, oÈ l wfoö wkj orej ka myKq l rùfi j evmxfj f, a m<uq
mhj r f, i fuu nd, oCl kdhl hkamyKq l rùfi y÷kj d \$fi foÈK myKqmdGud, dj wm Èi dj u. kamej e; ùug
l ghq =fhdod we; snj i ; ákaokj uq Tn wd; kh \$ Tn fi m<n|j Wkkjùu . ek wfmai a ð h fuhkamßkuuq
fuu mdGud, d u. kamyKj , nkka; ud j i kamyKq l rùg n, dfmdfrd; a =j k tl awxYhl af; dard . ; hq ðs
mDdk wXy ; Kl s

- 1. fmda l nd, oCl / , - j hi wj q07-11
- 2. nd, oCl l Kvdhu - j hi wj q12-18
- 3. udkj l nd, oCl i udch - j hi wj q18-24

tl a mdGud, dj l a ye±Íug Tn \$ Tn wd; kfhka wfhl =tl Ö j kfkaki fi i u. wukd we; si yNd. j kka
i |yd b, á'i m; h yd fmdfrdkqm; h ki f, i m'ij d mdGud, dj weröug i ; s4l g fmr my; , mkhg fhduq rk
fukab, a uq

..... Èi d nd, oÈ i x. uh fufyhj k m<uqwohr y÷kj d\$fi fmda l nd, oCl /
nd, oCl / udkj l nd, oCl foÈK mdGud, dj i y hk Èkhkay\$ fm'j
..... i g ol j d\$ mej e; ùug
i e<i q' l r we; ' fuh fkj di \$ fkj di \$ fkj k mdGud, dj l s
mdGud, d . di a j re'| s

ms\$ ðe túh hq =, mkh

.....
.....
.....
.....
.....

fuhg"

nd, oÈ fi j fhkaneç"

.....
mdGud, d i xúOdhl \$ mdGud, d kdhl

.....
Èi d fl dui dBi a

Èkh -

1 wÈhr - y÷kj d \$fñ myKqmdGud, dj
i yNd. j kkkai |yd b, à'ï m; %

i ÿi q ÿ

1. **j hi** - mdGud, dj wdri N l rk Èkg j hi wj røy 18 g fkdwwqúh hq =h'
 2. **wOHdmkh** - ^w& ckdêm; smol ð u , enðnd, oCl hka\$ nd, oCl ð dj kaúu
fyda
^wd& w'fmd'i ^i d\$fm<& úNd. h fydaBg Wi i aúNd. hl ai u; aù i àu
 3. **k¼foà l íu** -
^w& my; i |yka { d; \$a fkdj k fofofkl f. ka , nd . ; a pß; i y; ð fol l a
bÈBm; a l < hq ð'
- úydrdêm; syñ kul ð m, a ðl fl dú, l fydaúq a ðñ foj i a dkhl mðdk mðl ; ful a
 - Y% , xl d nd, oCl i x. ufha l jka , fha i dudðl fhl a Èi d fl dui dBi a fyda uq i a dk
fl dui dBi j rfhf f. a ; ; f j hg fkdwwqn, m; % , dNSi dudðl fhl a
 - rcfha fydam<s ; afm!oa , ð wdh; khl n, h, ; aks Odrfhl a

fyda

^wd& oekg nd, oCl l ghq = l rk \$ nd, oCl l ghq = l \$d; ul l íug n, dfmdfrd; a = j k wdh; k
mðdkhdf. ak¼foà'h

^we& f j k; a Èi a % ð hl whyi l refj l =whyi l rk úg wod, Èi a % ð fha Èi d fl dui dBi ð i yl dr
Èi d fl dui dBi a ^myK& wkpe; ð , nd. ; hq =h'

b, à'ï m; %

b, à'ñ l rk wxYh		
fmda l nd, oCl	nd, oCl	Udkj l nd, oCl

^wkj YH j pk l md yBkk&'

- 01' ku :-uhd\$ ñh\$ fufkúh
- 02' fm!oa , ð , mkh:-
ÿrl : k wxl h :- cx. u ÿrl : k wxl h:-
- 03' WmkaÈkh :- j hi wj røy:-
- 04' wOHdmk i ÿi q ÿ :-
.....
- 05' j D; a ð i ÿi q ÿ :-
.....
- 06' / l ðdj :-

07' rdcl dī , smkh:-

yrī : k wxl h :-

08' mdi , awj ēfha\$ nd, oCl \$nd, oCl d d l ghq =l r ; fī kī tam&n| ūi a r :-

.....
.....
.....

09. Tn /<l g fyda l Kāvdhul g wkpoD ū fi j h l rkj d kī fyda fi j h l rŭg n, dfmdfrd; a =
j kj d kī fyda tys, smkh:-

.....

10' Tn wh; and, oCl Èi a % d h :-

11' fj k; af; dr; ãe:-

by; i |yka i ŷi q i i i m&K l r we; s uu fuu mdGud, dj g i yNd. S ūfuka mi q j eäyr myKj g
i ŷi q i , eī ug yel sj k mBÈ wj u j Yfhkayh udi hl l d, hl a; < i ; hl g wvqj Yfhka fomehl j ; a
fmda l nd, oCl /<l \$ nd, oCl l Kāvdhul \$ udkj l nd, oCl i udchl l ghq =l ūg fmdfrdkj fj ñ'

fī i u. { d; ka fkdj k fofofkl ã. ka , nd. ; a pB; i y; d fol l a wuKd we; ' (^wod, wdh; k
m&dkhd. a k&foYh we; kī fuh wj YH fkdfo)

.....
Èkh

.....
whyi l ref. aw; a k

k&foY l ū

by; i |ykawhyi l re oekg wm wdh; kfhand, oCl l ghq j , kr; fō \$ myKfj kami qwm
wdh; kfhand, oCl l ghq j , kr; ūug uf. a wkpe; h , ndf. k we; ' k&foY l r bÈBm; a
l rñ'

.....
Èkh

.....
wdh; k m&dkhd. aw; a k yd k& updj

fj k; aÈi a % d hl b, a'i l rej kai |yd muKs

k&foY l r bÈBm; a l ruq

.....
i yh Èi d fl dui dBi a^myK&
w; a k yd k& updj

.....
Èi d fl dui dBi a
w; a k yd k& updj

" I wÈhr myKj kkd f. afmdfrdkj "

.....úoHd, fh\$wdh; kfha
j k uu
 Èi dfõ Èk mej e; fj k
 I wÈhr myKj wj i ka l < mi qbÈB udi yhl l d, hl a; < \$ ud kdhl ; j h orK\$ i ydhl j k
 fmda l nd, oCl / <g\$nd, oCl l Kvdhug udf. a Ndr l dr; j fhka wj u j Yfhka fmda l
 nd, oCl hk\$nd, oCl hka25 fofkl j ; a noj d . ekúg; a ll wÈhr myKj g hEug fmr bka wj u
 j Yfhka12 fofkl j ; ai dudõl ; j hg we; ; al í ug uu fmdfrdkj fj ñ'

fuhg"
 nd, oCl fi j fhakhq ="

.....
 Èkh
 wfmc l \$ hdf. aw; á k

" fi yf\$W l gapYdhp; thfFWj p "

..... fy;Yhhpdl\$epWtdjjpd;
 Mfja ehd;
 kh t l j j j pd; j pfj pfsy;
 ei l ngWk; fi yf\$W l gapwpi a epi wTww gpd; vj p t UK; MW khjjj pDs; ehd; j i yi k
 tpfFk/cj tpahuhf gz pGhAk; FUi srrhuz H FOTpwF/rhuz H mz pfF vdJ nghWggpy; Fi wej
 gl rk; 25 Ngi u NrHj J f; nfhssTk; fi yf\$W ll gapwrfF NghFk; Kd; mj py; Fi wej gl rk; 12
 Ngi uahtJ mqfj J tj j pwF NrHj J fnfhs;tj wF ehd; thfFWj p ms pf pd Nwd;

, ggbfF>
 rhuz pa Nri tapy>

.....
 j pfj p
 t p z ggj huhpd; i fnahggk;

1 wEhr - y÷kj d\$fn fook myKqmdGud, dj
myKj g l e| ùfi , mh



.....

uy; uhdFKKs uy; ñhks

fuu mdGud, dj " i y " hk foÈkhkay\$ fm'j " i g
"ol j d "y\$ mej e; fõ' tu i a dkhg
, Òdùfi fl á u. fufi h'

.....
.....
.....

fuh fkj di \$ \$ fkj di \$ fkdj k mdGud, dj l a ká d fooku by; l d, h ; < mdGud, dfõ / £
i àu wkj d%h nj l reKdfj kai , l k'k'

/ f. k wdhq =foa-

- Èj d wdydrh
- i gyka; nd . ek\$ug fmd; m; ð mEKð meká , a
- rd; \$we÷i " we; ß, a l ð ; j dh" o; anrei j " i nkawdÈh ^fkj di \$ wh i |yd muK&

i e'hq - meñKfi fõ, dj yd mgùfi fõ, dj m<n | úfYð fhkai e, l s u; aj k'k'

fj k; aWmfoi ayd oekij \$i -

.....
.....
.....

úi a r úui ß i |yd , mkh yd ýrl : k wxl h-

.....
.....
.....

fuhg"

nd, oÈ fi j fhkaneç"

.....
mdGud, d i xúOdhl \$ mdGud, d kdhl
Èkh -

.....
Èi d fl dui dBi a

mdGud, dj wkq; l < wxl h :

b, ä'i l rk wxYh		
fmda l nd, oCl	nd, oCl	udkj l nd, oCl

1 wEhr y÷kj d\$fi myKqmdGud, d mej e; äu i |yd
b, ä'i m; %

^mdGud, dj mej e; äug i ; s4 l g fmr cd; d myKql d fi fl dui dBi afj ; bEßm; al < hq =h'&
^wkj YH j pk l md yBkk'&

- 01' Èi a % ä h:-
- 02' mdGud, dj mj ; j k Èkhka:.....
- 03' mdGud, dj mj ; j k i a dkh:-

- 04' i. mdGud, d kdhl f. aku :-..... uhd\$ñh\$fufkúh
- ii. i yi q i :- i yh myKql d fi kdhl \$ myKql d fi kdhl
- iii. wxYh :- fmda l nd, oCl \$ nd, oCl \$ udkj l nd, oCl
- iv. fi j d Ndr l d fi , ms wxl h :- kül rKh l < j ir :-
- v. wël dím; %wxl h :- kül rKh l < j ir :-
- vi. fm!oa , d , mkh:-
- vii. ýrl : k wxl h:- cx. u ýrl : k wxl h:-

- 05' i. kfhdH mdGud, d kdhl f. aku :-..... uhd\$ñh\$fufkúh
- ii. i yi q i :- i yh myKql d fi kdhl \$ myKql d fi kdhl
- iii. wxYh : fmda l nd, oCl \$nd, oCl \$udkj l nd, oCl
- iv. fi j d Ndr l d fi , ms wxl h :- kül rKh l < j ir :-
- v. wël dím; %wxl h :- kül rKh l < j ir :-
- vi. fm!oa , d , mkh:-
- vii. ýrl : k wxl h :-

06' wdpd%h uKw, h :-

ku	i yi q i LT/ALT	, Smol ä i wxYh	wël dím; % wxl h
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
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..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh
..... uhd\$ñh\$fufkúh

07' n, dfmdfrd; a =j k i yNd. j kkkf. ai xLHdj :-
 ^fmda l nd, oCl \$ nd, oCl \$ udkj l nd, oCl - tl awxYhl kawj u j Yfhka30 fofkl j ; ai sh hq =h'&
 01/2011/F - 02 fmdruh mrj d fuu b, ai m; hg wuKk'

08' o< wh wei a fi ka j :

- i. i yNd. j kkl f. kawh l f ug wfmCl s up, :- rex..... re
- ii. tl ai yNd. j kkl g Ei dfj kafhdoj k up, :- rex..... re
- iii. ndyr wdOdr ^uq Huh& re

uq o< wh tl ; j re =====

iv. ndyr wdOdr ^oj Huh& :

09' o< j eh wei a fi ka j

- i. wdydr re
- ii. , msøj H\$ Wml rK re
- iii. re
- iv. re
- v. re
- vi. re
- vii. re

uq o< j eh tl ; j re =====

..... i yh Ei d fl dui dBi a^myK& w; a k yd kx updj mdGud, d kdhl w; a k Ei d fl dui dBi a w; a k yd kx updj
ku :
Ekh :

by; mdGud, dj mej e; aug i yi qnj k3foY l rñ \$ fkd l rñ'
 k3foY fkd l rkfkaki Bg fya :-

.....

.....
 uq i a dk fl dui dBi a

Ekh :-

by; mdGud, dj wkq; l rñ\$ fkd l rñ'

.....
 cd; s myKql f fi fl dui dBi a

Ekh :-

I wEhr myKj kkkf. af; dr; re\$ fi yf\$W I gapYdlfspd; tpguk;

I d3/4'm% i 'oyd\$mY. cgNahfj j wF
 mdGud, d wxl h (-
 fwi fnewp , y. (-

Ei dj \$khtl j k; (-	úoHd, h\$ wdh; kh	c' yr' wxl h	kdhl o\$ i ydhl o
myKj kkkf. aku\$ gapYdhp; ngah	fy;Yhh\$epWtdk;	i fal ff njhi y. , y.	j i ytH\$cj tphsh
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

.....
 mdGud, d kdhl w; i k\$
 fwi fnewp j i ythp; i fnahggk;
 Èkh\$ j pfj p (-

.....
 i 'È'fl d' ^myKq w; i k
 cj tp kht. Mi z ahsh (gapwrp) i fnahggk;

.....
 Èi d fl dui dBi aw; i k
 khtl j Mi z ahshp; i fnahggk;

TDF\$P1\$05

Y%, xl d nd, oCl i x. uh - cd; § nd, oCl uQ i a dkh
65\$9" Y%; aN; a ñm, ñ ta. dāk¼ udj ; " fl d<U 02
n, m; %, mh\$wēl dī m; % i | yd b, a ñ m; %

I d%hd, h m%hdckh i | yd

Èi dj i dudōl wxl h :-

i u&yh :-Èkh :-

^w& fm!oa , § f; dr; ₣e

1' j di . u :-uhd\$ñh\$fukúh

❖ fj k; akñ :-

❖ uq l ₣e i u. ku - mēH :-

.....uhd\$ñh\$fukúh

2' cd; § ye=kñm; awxl h :-

3' , mkh :- fm!oa , § rdcl dr\$

❖ oql : k wxl h :-

❖ cx. u oql : k wxl h :-

4' Wmkaokh :- 5' j hi :-

6' / l h dj :- 7' wd. u :-

8' i oq q ñ :- ^i& nd, oCl \$nd, oCl § d :-

^ii& wOHdmk§ :-

^iii& j D; a h :-

^wd& 1' nd, oCl i u&yhaf; dr; ₣e ^n, m; %, mh\$wēl dī m; % wfmCl § i u&yhaf; dr; ₣e&

i i u&yfhaku :-

ii cd; § nd, oCl uQ i a dkfhai u&yh , hdmÈxÑ l < wxl h:-

iii i u&yfhaeog i ák i xLHdj -

iv i ydh kdhl i xLHdj -

fmda l nd, oCl hka :- i ydh fmda l kdhl :-

nd, oCl hka :- i ydh nd, oCl kdhl :-

udkj l nd, oCl hka :- i ydh udkj l kdhl :-

2' b, a ñ l rk ; k; ₣ :-

i e' hq i kdhl i §ud

fmda l \$nd, oCl i xLHdj

fmda nd' kd'\$nd' kd'

i 'fmd&kd'\$i 'nd'kd'

12 - 24

1

2

24- 36

1

3

➤ j eä j k i Eu oi fofkl ai | yd tl ai ydh kdhl hl \$kdhd dj l ne. kaj eäl r . ; yel h'

ii j hi ai §ud

i ydh fmda l kdhd d\$fmda l kdhd d\$ i ydh nd, oCl kdhl - j hi wj q 18 g j eä úh hq h

nd, oCl kdhl - j hi wj q 21 g j eä úh hq h

i ydh udkj l nd, oCl kdhl \$udkj l nd, oCl kdhl - j hi wj q 25 g j eä úh hq h

i u&y nd, oCl kdhl - j hi wj q 30 g j eä úh hq h

^we& myKj m&n | f; dr; re - fmda | nd, oCl \$nd, oCl \$udkj | nd, oCl

	Èkh	Èi dj	i y; j wxl h
I j k wÈhr	
II j k wÈhr
IV j k wÈhr

^we& m% \$ dj

nd, oCl j Hdmdrfhakdhl hl =f, i ud fj ; n, m; %, mh\$wél dÍ m; % mBkukq, nk wj i a dfú ud kej ; ; a nd, oCl fmdfrdkáj i ym; al rñkai Eu l , yu yel sWmBuhkau Bg wkq + j Ój ; aúug fmdfrdkáj fj ñ' fuu ; k; frkaud bj ; aj Új yd u fydaEi d fl dui dBi a fydamDdk fl dui dBi a úi kakej ; th Ndr Èh hq = nj oekj Új ydu fydan, m; %, mh\$wél dÍ m; % kej ; Ndr Èug tl . fj ñ'

tfi u my; i | ykal reKqwj fndOfhkahq j m&s kñ'

- 1' nd, oCl k\$ h yd fmdfrdkáj nd, oCl j Hdmdrfhaw; a j dr nj '
 - 2' t<uykal hndl drl ñ m&n | j úfYd wj OdKfhkahq j pB; h yd fi !LH m&n | myKq, nd foñka<uKahy; amj ei hkaúug nd, oCl j Hdmdrh Tj Kj i odkñ l rk nj '
 - 3' nd, oCl j Hdmdrfha wd. ñl m% m; a h l hnd; ul j kfhатыsm% m; a s" i xúOdkh yd k\$ sj , ú. % l r we; s wdl drhg nj '
 - 4' ud úi kandr . kq, nk myKq l BÍ l ghq =yd fj k; aj . l ñ bgql \$ ug ud i yi a l =úug i Eu W; a dyhl u . ek\$ug wél Gdkh l < hq =nj '
- Èi dj g fyda fj k; a Èi dj l g fyda cd; j nd, oCl uQ i a dkhg fyda udf. akñ; a; j ; an, m; % , mh\$wél dÍ m; % l a, nd f. k fkdue; snj g i y; j fj ñ'

by; i | ykal reKqi ; H yd kj erÈ nj i y; j l rñ'

.....	Èkh	b, a ñl ref. aw; a k
-------	-----	----------------------

^b& frl uodrej

m&Huhd\$ñh\$fukúh

1' by; ku i | ykab, a ñl re

i u&yfha f, i n, m; %, mh\$wél dÍ m; % l aoeúug i yi qnj
wmsi y; j l ruq ^; k; f&

.....
m&foa/h i 'E' fl d'\$	úyy, m; \$wdh; k m&Dks	i u&y nd, oCl kdhl
i 'os fl d'^m&Bmd, k& w; a k	w; a k k\$ updj	w; a k
Èkh	Èkh	Èkh

2' by; ku i | ykab, a ñl re fuysi | ykal r we; smyKqmdGud, d i d%: l j i ñm&K l r we; snj uu i y; j l rñ'

.....	Èkh	i ydh Èi d fl dui dBi a^myK& w; a k
3'	Èk mej ; sÈi d úOdhl l ñgq / i úfñ \$ wkq; j Únj i y; j l rñ'	
Èkh
		. re f, a ñ^Èi d i x. uh& w; a k

4' by; k&foa/h uu wkq; l rñ'

.....	Èkh
		Èi d fl dui dBi aw; a k yd k\$ updj

5' by; b, a ñ m; % wkq; l rñ'

.....	Èkh
		m&Dk fl dui dBi aw; a k

1 wÈhr - y÷kj d\$fn fook myKqmdGud, dj

wdo¾Y wh - j eh wdl D; h

mdGud, d wxl h

wxl	Èkh	ú i a r	wh		Jeh	
			re	Y;	re	Y;

by; f; dr; ðe kj erÈ nj g i y; d l rñ'

.....
mdGud, d kdhl w; à k

ku -

Èkh -

1 wEhr - y÷kj d\$fn fook myKqmdGud, dj

we. hš j d¼; dj

mdGud, d wxl h

wxl	i ei fhaku	i ei sfufyhj 0 kdhl hdf. aku

by; f; dr; ðe kj erE nj g i y; ð l rñ'

.....

mdGud, d kdhl w; ð k

ku -

Ëkh -

fmda I nd, oCl / <g\$ nd, oCl I Kwdhug we; 7 ; aüu i |yd b, ä'i m; ½

.....
.....
200.-...-....

ys j ; a foudmhk's

Tn orej df. aprs j %Okh' kdhl ; j h" yel hj kaj %Okh I f ug üyyf, a fmda I nd, oE / <g\$ nd, oCl I Kwdhug we; <; al f ug Tn I eu; ski my; fmda/uh m rj d wm fj ; , efnkkg i , i j kk' ; ÷ \$ fuhg"

..... fmda I nd, oE kdhl üyy, m; s

fmda I nd, oCl / <g\$ nd, oCl I Kwdhug we; 7 ; aüu i |yd b, ä'i m; ½

orej df. aku -

fYKh -

WmkaEkh -

mhd f. aku -

mhd f. a / I hdj -

mhd / I hdj I rk i a dkh\$, mkh -

uj f. aku -

uj f. a / I hdj -

uj / I hdj I rk i a dkh\$, mkh -

f. or , mkh -

yrI : k wxl h - cx. u yrI : k wxl h -

uf. a orej d úoHd, hñ\$ wdñ; kfha fmda I nd, oCl / <g\$ nd, oCl I Kwdhug we; <; a l r . kkd fuka I dreKd j b, a di ak w; r nd, oE I ghq = j , g uu yel smuK i yh fok nj g fmdfrdkj fj n'

Ekh.....

uj / mhd/ NdrI re w; i k

i e'hq- wkj YH j pk I md yBkk'